

# **CURRICULUM VITAE**

**Philip J. Blount, MD**

**Assistant Professor  
Department of Orthopedic Surgery & Rehabilitation  
University of Mississippi Medical Center  
Jackson, Mississippi**

# CURRICULUM VITAE

**Name:** Philip J. Blount, MD      Date of Appointment to UMC Faculty: July 1, 2004

**Title:** Assistant Professor

**Date and Place of Birth:** December 21, 1969  
Jackson, MS

**Language Proficiency:** English

**Educational Background**

**College:** Baylor University  
Waco, Tx  
**BA Degree 1992**

**Professional School:** University of Mississippi School of Medicine  
Jackson, MS  
**MD Degree 1999**

**Postgraduate Training:** Department of Surgery  
Wake Forest University Baptist Medical Center  
Winston-Salem, NC  
July 1999 – June 2000

Department of Physical Medicine & Rehabilitation  
Charlotte Institute of Rehabilitation  
Charlotte, NC  
July 2000 – June 2003

Fellowship Training      Musculoskeletal Medicine  
Department of Physical Medicine & Rehabilitation  
Mayo Clinic  
Rochester, MN  
June 2003 – June 2004

**Military Service:** None

**Honors and Awards:**

Exchange Student, Charing Cross/Westminster Medical School, London, England, 1996  
Carl G. Evers, MD Honor Society, Treasurer/Executive Council Member, University of MS School of Medicine, 1998  
Neurosurgery Merit Award, Outstanding Medical Student Participation on Neurosurgery Rotation, University of MS School of Medicine, 1999  
American Medical Association – Physician’s Recognition Award, 2002  
Charlotte Institute of Rehabilitation – Resident Achievement Award, 2003

**Specialty Certification:**

American Board of Physical Medicine & Rehabilitation – May 2004  
American Board of Independent Medical Examiners – October 2005  
American Board of Electrodiagnostic Medicine – May 2006

**Licensure:** Mississippi State Medical Board – April 2004

**Academic Appointments:**

Assistant Professor  
Department of Orthopaedic Surgery & Rehabilitation  
University of Mississippi Medical Center  
Jackson, MS  
July 1, 2004-present

**Professional Memberships:**

American Academy of Physical Medicine and Rehabilitation  
American Association of Neuromuscular & Electrodiagnostic Medicine  
American Medical Association  
Association of Academic Physiatrists  
Central Medical Society  
Mississippi State Medical Association  
Southern Society of Physical Medicine & Rehabilitation

**Publications:**

1. Blount, PJ, Nguyen, CD, McDeavitt, JT. Clinical Use of Cholinomimetic Agents: A Review. J Head Trauma Rehabil. 2002; 17: 314-321
2. Blount, P.J., Bockenek, W.L. Heterotopic Ossification. Essentials of PM&R Study Guide, 2002
3. Blount, PJ, Bockenek, WL. Heterotopic Ossification. In Frontera WR, Silver JK, eds. Essentials of Physical Medicine and Rehabilitation: review and self-assessment. Philadelphia, PA; Hanley & Belfus; 2003: 569-574.
4. Blount, PJ. Mayo Clinic Graduate School of Medicine Department of Physical Medicine & Rehabilitation Educational Curriculum. The Rehabilitation of the Lower Extremity Amputee. 2004.

### **Other Activities and Appointments:**

Primary Organizer: Crestdale Middle School Pre-participation Physical Examination, 2000  
Primary Organizer: Gross Anatomy Lecture / Cadaver Dissection, CIR. 2001-2003  
Assistant Team Physician: West Charlotte High School Football, 2001  
Pharmacy & Therapeutics Committee, CIR, 2002  
Quality & Assurance Committee, CIR, 2002-2003  
Low Velocity Resistance Training, Its Role in Exercise Prescription, 2002  
Charlotte-Mecklenburg Health Services Foundation Grant, 2002 - \$10,890  
Life Fitness Academy / Michael L. Pollock Memorial Grant, 2002 – Finalist  
Open-Label Extension of Double-Blind, Placebo-Controlled Parallel Group Study to Evaluate Safety, Tolerability and Activity of Oral Fampridine-SR in Subjects with Chronic, Incomplete Spinal Cord Injury, 2002-2003  
Musculoskeletal Physical Exam Instructor, Mayo Clinic Graduate School of Medicine, 2003-2004  
Med-City Marathon Medical Coverage, Rochester, MN, 2004

### **Presentations:**

Charlotte Institute of Rehabilitation Thursday Conference, 2000-2003:  
*Retroperitoneal Bleed, An Adverse Reaction to Lovenox - Case Study & Anatomic Review*  
*Carpal Tunnel Syndrome – NCS/EMG Case Study & Anatomic Review*  
*Scapular Winging - NCS/EMG Case Study & Anatomic Review*  
*Martin Gruber Anastomosis – NCS/EMG Case Study & Anatomic Review*  
*Thoracic Outlet Syndrome - NCS/EMG Case Study & Anatomic Review*  
*Ulnar Neuropathy at the Elbow - NCS/EMG Case Study & Anatomic Review*  
*Morbidity & Mortality Case Reports, 2002-2003*  
*Vocational Rehabilitation – CIR Supportive Services Review*  
*Blood Glucose Management in SCI – Case Presentation & Review*  
*Delirium / Mental Status Changes in the Elderly - Case Presentation & Review*  
*Lateral Medullary Syndrome - Case Presentation & Anatomic Review*

Charlotte Institute of Rehabilitation In-Service Presentations, 2000-2003:

*Depression in SCI*  
*Clinical Shoulder Anatomy*  
*Pathophysiology of TBI*  
*Seizure Prophylaxis in TBI*  
*Neurogenic Bowel & Bladder*  
*Biomechanics of Normal Gait*  
*Biomechanics of the Spine*  
*Clinical Anatomy of the Back*  
*Clinical Anatomy of the Upper Limb*

## **Presentations, Cont'd**

*Rehabilitation Options of Industrial Low Back Injury.* Grand Rounds Presentation, Carolinas Medical Center, 2001

Invited Guest Lecturer: Allied Health / SuperSlow™ National Convention, College Station, TX, 2001

*Heparin Induced Thrombocytopenia.* AAP National Meeting, Las Vegas, 2002

*Therapeutic Exercise.* Grand Rounds Presentation, Carolinas Medical Center, 2002

Resident Research Update. Charlotte/Mecklenburg Health Foundation, 2003

*The Effect of SuperSlow™ Training in College Aged Males.* AAP National Meeting, Ft. Lauderdale, 2003

ACSM National Meeting, San Francisco, 2003:

Primary Author: *The Effect of SuperSlow™ Training on Fitness Parameters*

Co-Author: *The Effect of SuperSlow™ Training on Blood Pressure Parameters*

Co-Author: *The Effect of SuperSlow™ Training on VO2Max and Anaerobic Threshold*

Co-Author: *The Effect of SuperSlow™ Training on Grip Strength & Vertical Jump*

*Low Velocity Resistance Training, Its Role in Exercise Prescription.* CIR Research Presentation, 2003

*The Effect of SuperSlow Training on Resting Heart Rate.* ACSM Southeast Regional Meeting, Atlanta, 2003

Invited Presenter: SuperSlow Roundtable™ Online Discussion, 2003

Invited Presenter: SuperSlow Medical Symposium - Oakland, CA, 2003

*Lower Extremity Amputee Medicine.* Mayo Clinic Department of Physical Medicine & Rehabilitation, 2004

*Therapeutic Exercise Review.* Mayo Clinic Sports Medicine Department, 2004

*Rehabilitation in Traumatic Brain Injury & Stroke.* Mayo Clinic Graduate School of Medicine, 2003/2004

Blount PJ, Grogg BE. *Viscerosomatic Pain Referral.* Paper presented at Association of Academic Physiatrists Annual Meeting; Feb. 2004; Albuquerque, NM