

HOWARD GARY PARKER, M.D.
Orthopaedic Surgeon – Independent Medical Examiner

**900 L’Ambiance Circle
Naples, FL 34108
36 Cortland Circle
Bangor, ME 04401
207 745 0108 mobile**

hgparkermd@gmail.com

CURRICULUM VITAE

EDUCATION

- Undergraduate:** University of Maine, Orono, Maine (1959-1960)
Dalhousie University, Halifax, Nova Scotia (1960-1962)
- Medical School:** Dalhousie University, Halifax, Nova Scotia
M.D. (1967)
- Internship:** Victoria General Hospital, Halifax, Nova Scotia
(1966-1967)
- Resident:** Mayo Clinic, Rochester, Minnesota (1967-1968)
Internal Medicine
- Military Service:** U.S. Army, Major
Medical Corps/Orthopaedic Surgery (1968-1970)
- Orthopaedic Research:** Harvard Medical School
Massachusetts Institute of Technology
Cambridge, Massachusetts (1970-1971)
- Orthopaedic Training:** Harvard Combined Program
Boston, Massachusetts (1971-1975)
- Chief Resident:** Peter Bent Brigham Hospital (Brigham and Women’s)
Boston, Massachusetts (1975)

CERTIFICATIONS

American Board of Orthopaedic Surgery (1975)
American Board of Independent Medical Examiners (2001)

PRACTICE

Lahey Clinic, Boston, Massachusetts (1975-1978)

Private Practice, Dover-Foxcroft, Maine (1978-1990)

Private Practice, Bangor, Maine (1990-2003)

Consultant, Cleveland Clinic/ Medical Surgical Specialists, Naples, Florida (2006-2007)

MEMBERSHIPS/ORGANIZATIONS/AWARDS

Board Certified by the American Board of Orthopaedic Surgery (September 1975)

Board Certified by the American Board of Independent Medical Examiners (November 2001) Certificate #01-00480

Fellow, American Academy of Orthopaedic Surgery (1978 – present)

American Orthopaedic Society for Sports Medicine (1979 – present) - Liaison from Maine (1988)

American Medical Association

American College of Sports Medicine (1994 – present)

American Running & Fitness Association

Maine Academy of Orthopaedic Surgeons

Maine Medical Association (former member, Executive Committee)

Founding Member: Maine Center for Coaching Excellence, University of Maine (1994 - present)

Charter Member: Maine Sports Medicine Advisory Council (1980 – present)

Sports Medicine Man of the Year 2002, Maine Center for Coaching Excellence, University of Maine, Orono, Maine

Penobscot County Medical Association

Advisor to Maine Principal's Association (regarding student athlete sports physicals)
1998 – 1999

Board of Directors & Endowment Committee, Bangor Symphony Orchestra

Board of Directors & Endowment Committee, John Bapst Memorial High School,
Bangor, Maine

Strategic Planning Committee, St. Joseph Hospital, Bangor, Maine

HOSPITAL/CLINICAL AFFILIATIONS

St. Joseph Hospital, Bangor, Maine (1990 – 2003)

Eastern Maine Medical Center, Bangor, Maine (1991 – 2003)

Ross Manor, Bangor, Maine (1994 – 2003)

Courtesy/Consulting Staff, Houlton Regional Hospital, Houlton, Maine (1998 – 2003)

Former mentor, University of Maine, pre-med students

Former teacher, Eastern Maine Medical Center Family Practice, residency students

Medical Surgical Specialists (formerly Cleveland Clinic Naples Florida), Orthopaedic
Consultant (2006 - 2007)

Medical-Legal Issues Consultation/Opinions, Maine & Florida (2002 - present)

BIBLIOGRAPHY

Pattern of Degenerative Arthritis Preferential Involvement of Distal Finger-joints, The Lancet, February 20, 1971, pp. 377-379.

Effects of Proteolytic Enzymes on Structural and Mechanical Properties of Cartilage, Arthritis and Rheumatism, Vol. 15, No. 5, September-October 1972, pp. 479-503.

Response of Joints to Impact Loading – III, Journal of Biomechanics, Vol. 6, 1973, pp. 51-57.

The Effect of Different Decompressive Surgical Procedures on Cartilage Healing, Arthritis and Rheumatism, September-October 1974 (Abstract).

Changing Patterns of Fracture Management, Emphasizing Early Motion and Function, Surgical Clinics of North America, Vol. 57, No. 3, June 1976, pp. 667-672.

Comparison of Preoperative, Intraoperative, and Early Postoperative Total Hip Replacements with and without Trochanteric Osteotomy, Clinical Orthopaedics and Related Research, No. 121, November-December 1976, pp.44-49.

Dupuytren's Contracture as a Cause of Stenosing Tenosynovitis, The Journal of the Maine Medical Association, Vol. 70, No. 4, April 1978, pp. 147-148.

Chronic Anteromedial Instability of the Knee, Clinical Orthopaedics and Related Research, No. 142, July-August 1979, pp. 123-131.

VIDEO

The Female Athlete: Reducing and Preventing Women's Sports Injuries, produced by the Maine Center for Coaching Education, 1997. Finalist: American Medical Association 1997 International Health and Medical Film Competition (the "Freddy" Award).

OTHER PUBLICATIONS

Author of numerous articles appearing in Sports Medicine Primer, published weekly in the *Bangor (Maine) Daily News* from 1997-2002, providing sports and fitness related information for athletes, coaches and the general public.