

Curriculum Vitae

Judith A. Schaad, PT, DPT, FACCWS, CLT-LANA

Contact Information:

8120 Edwood Rd.

Pittsburgh, PA, 15237

Phone:412-364-6625

Cell: 412-996-9673

Email: foot.pt@verizon.net; jschaad@wpahs.org

Professional Objective:

To utilize my specialist skills, knowledge, and experience to advance the practice of wound care and lymphedema management:

1. to provide direct care to patients with these chronic conditions and to ensure current standards of care are provided through evidence-based procedures and protocols in my practice setting.
2. to assist and/or to consult with health care providers in developing programs to improve management of these specialty areas of care
3. to present evidence-based education in these subject areas for health care providers
4. to provide expert witness consulting and apply current standards of care in wound care and lymphedema litigation

Employment Record:

July 2003 – Present: Allegheny General Hospital Advanced Wound Healing and Lymphedema Center, Pittsburgh, PA. Clinical Director

Experience: Developing wound and lymphedema out-patient treatment center with orthopaedic surgeon, vascular surgeon, and vascular medicine specialist who serve as medical directors; treating patients with chronic wounds including diabetic, venous, ischemic, pressure, and post-surgical wounds; management of patients with lymphedema of upper extremity, lower extremity and trunk, and managing all aspects of clinical operations. Development of in-patient wound care program in our acute care quaternary medical center began Jan 2013. Developed in-patient pressure ulcers treatment guidelines.

My manager responsibilities include: supervising staff (hiring, orientation, training, competency assessment, ongoing performance management and annual reviews), ensuring compliance with billing/coding and documentation requirements, scheduling (staff and clinic), purchasing of clinical equipment/supplies, evaluating and facilitating new equipment and supplies for patient care, marketing, monitoring budget expenses/revenues, chairing committees for Wound Center Administration, and for clinical development in the center, addressing patient and staff concerns and problem-solving daily operational issues, developing clinical protocols, outcomes measures, patient education materials and evaluation forms. Planning and implementing transition to wound care-specific EMR system.

I have also supervised physical therapy students on specialty clinical rotation from Duquesne, University of Pittsburgh, and Slippery Rock University DPT programs. Served on planning committee and as Course Co-Director for regional Annual Wound Seminar presented @ AGH each Fall from 2003-present.

March 1998 – July 2003: Centers for Rehab. Services/formerly CORE Network (affiliated with UPMC), McKeesport, PA Program Director Wound Management and Foot Care

Experience: Providing preventative diabetic foot care and wound care; managing lymphedema, chronic post-op edema and venous insufficiency; developing wound management policy and procedure manual; participating in wound rounds and wound program development at CRS facilities; participating in pressure ulcer prevalence study and wheelchair seating study, including evaluation and adjustments for custom wheelchair seating, support surface selection, risk assessments, and skin inspections; developing preventative diabetic foot care program (including UPMC standards for diabetic foot care and community foot screenings) with orthopaedic foot/ ankle surgeon, supervising PT student in wound care affiliation, adjunct faculty at the University of Pittsburgh.

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Employment Record:

May 1995 – Mar. 1998: Novacare – St. John Specialty Care Center, Mars, PA. Part-Time Staff P.T.
Experience: Treating geriatric long term nursing and Alzheimer's residents and sub-acute patients, caregivers education, participated in developing Rehabilitation Dept. wound care program and in wound rounds. Moderated wound care video series, presented wound care in-services to nurse practitioners at St. John and Passavant Retirement Centers and to regional rehab staff.

Apr. 1994 - Apr. 1995: Suburban General Hospital, Pittsburgh, PA. Part-Time Staff P.T.
Experience: Treating geriatric patients in acute care setting with skilled nursing and rehabilitation units. Diagnoses include neurologic, orthopaedic, cardio-pulmonary, amputations, wounds and de-conditioning secondary to illness or surgery.

Oct. 1988 - Feb. 1994: Family Home Health Services, White Oak, PA., Part-Time Contract P. T.
Experience: Treating patients in home and PCH settings with orthopaedic, neurologic, arthritic, amputation, and oncologic diagnoses. Included education of patients, caregivers, and restorative nurses.

Aug. 1987 - Sept. 1988: Jefferson Hospital, Pittsburgh, PA. Part-Time Staff P. T.
Experience: Treatment of a variety of in-patients and out-patients in acute care setting.

Aug. 1984 - June 1987: North Penn Therapeutics, Erie, PA. Cert. Rehab Agency. Dir. of SNF P.T Depts.
Experience: Treatment of a variety of skilled nursing geriatric patients, peer review of documentation.

July 1982 - June 1984: West Penn Hospital, Pittsburgh, PA. Full-Time Staff P. T.
Experience: Treatment of in-patients and outpatients, acute care, burn unit, pulmonary rehab program. Supervised P.T. students.

Sept 1980 - July 1982: Washington Hospital, Washington, PA. Full-Time Staff P. T.
Experience: Treatment of in-pts, acute-care setting, out-pts, and supervisory rotations in E.C.F. Supervised P. T. students.

May 1979 - July 1980: Presbyterian-University Hospital, Pittsburgh, PA. Full-Time Staff P. T.
Experience: Treatment of a wide variety of patients in acute care teaching hospital.

Education and Honors:

Doctorate of Physical Therapy (DPT) earned from Chatham University: July 2012.

B.S. Physical Therapy, **Summa Cum Laude**, University of Pittsburgh, 1979. Clinical Education: South Side Hospital; Human Energy Lab - University of Pittsburgh; Presbyterian-University Hospital; V. A. Hospital.

Continuing Education

9/92 "Clinical Geriatric Orthopaedics" by Carole B. Lewis, PT, Ph.D.

10/94 "Advances in the Rehabilitation Management of Stroke" by Cleveland Clinic Foundation & Staff.

3/96 "Current Concepts in Wound Healing" by Jeffrey Feedar, PT

9/97 "Clinical Perspectives in Wound Healing" by Luther Kloth, MS, PT & Joe McCulloch, Ph.D, PT

4/18-22/98 "Symposium on Advanced Wound Care/ Medical Research Forum on Wound Repair"
Preconference session: "Lower Extremity Ulcers", Post-conference session: "Off-loading Techniques for the Diabetic Foot". Presented by the Association for the Advancement of Wound Care.

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Continuing Education

5/3/98 "The Diabetic Foot: A Comprehensive Approach to Prevention and Management"

Presented by the Diabetic Foot Clinic at Penn State University, Dr. J. Ulbrecht and Dr. Peter Cavanaugh.

6/30/98 "Centers for Wound Healing Excellence: Improving Outcomes with New Technologies"

Presented by David Steed, MD.

8/28-30/98 "Therapeutic Management of Lymphedema" Presented by Megan Pillion, PT and Susan George MS, PT.

11/12/98 "Surface Seating/ Positioning Equipment for Wound Management" Presented by Laurie Rapp, PT and Span America.

4/24-27/99 "Symposium on Advanced Wound Care/ Medical Research Forum on Wound Repair
Preconference session: "Out-patient Wound Clinics", Post-conference session: "Reimbursement and Coding". Presented by the Association for the Advancement of Wound Care.

9/18-19/99 "Challenge of the Diabetic Foot" Presented by the American Orthopaedic Foot and Ankle Society.

10/15-16/99 "A Comprehensive Approach for the Prevention of Diabetic Lower Extremity Amputation"
Presented by the Louisiana State University Diabetes Foot Program.

10/18-22/99 "LEAP Level II Clinical Training and Competency in Preventative Diabetic Foot and Nail Care" Presented by the Louisiana State University Diabetes Foot Program.

7/1-12/1/00 "Contemporary Concepts on the Foot and Ankle" Home Study Sponsored by the APTA

9/20-22/00 "The Carville Approach to Management of Neuropathic Foot Problems and Casting Lab"
Presented by the National Hansen's Disease Programs and the Louisiana State University Diabetes Foot Program.

9/23-24/00 "Foot and Ankle Regional Review Course" Presented by Orthopaedic Foot & Ankle Society.

2-3/01 "Musculoskeletal Physical Therapy II" (Audited portions of course devoted to Foot and Ankle)
Presented by Faculty of the University of Pittsburgh School of Health and Rehabilitation Sciences.

1/12-25/02 "Manual Lymphatic Drainage and Complete Decongestive Physiotherapy" (Certification Course)
Presented by the Academy of Lymphatic Studies.

4/27/03 – 5/1/03 "Symposium on Advanced Wound Care/ Medical Research Forum on Wound Repair",
presented by the Association for the Advancement of Wound Care.

8/21-22/04 "F-Scan Education Seminar and Workshop". Presented by Tekscan.

10/28/04 "AGH Advanced Wound Healing and Lymphedema Seminar 2004". Presented by the AGH
Advanced Wound Healing and Lymphedema Center.

6/20-24/05 "CDT: Lymphedema Advanced and Review Course". Presented by the Foeldi Klinik,
Hinterzarten, Germany.

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Continuing Education:

10/27/05 “AGH Advanced Wound Healing and Lymphedema Seminar 2005”. Presented by the AGH Advanced Wound Healing and Lymphedema Center.

4/27/06 “Basic and Advanced Training Seminar on the Wound VAC”. Presented by KCI Training.

4/29-5/3/06” Symposium on Advanced Wound Care/Medical Research Forum on Wound Repair”. Presented by the Association for the Advancement of Wound Care.

10/3-4 /06 “Apligraf Clinical Experience Program for Wound Care”. Presented by Organogenesis, Inc.

10/26/06 “AGH Advanced Wound Healing and Lymphedema Seminar 2006”. Presented by the AGH Advanced Wound Healing and Lymphedema Center.

11/1-5/06 “Lymphedema: The Search for Truth, National Lymphedema Network Bi-annual Conference”. Presented by the National Lymphedema Network.

4/28-5/1/07 ”Symposium on Advanced Wound Care and Wound Healing Society Meeting”. Presented by the Association for the Advancement of Wound Care and the Wound Healing Society.

10/20-21/07 “Head and Neck Lymphedema Course” and “Kinesiotaping for Lymphedema Course”. Presented by Klose Training and Consulting.

10/26/07 “AGH Advanced Wound Healing and Lymphedema Seminar 2007”. Presented by the AGH Advanced Wound Healing and Lymphedema Center.

1/17-18/08 “Coding, Reimbursement, and Practice Applications for Out-Patient Rehabilitation Services”. Presented by the American Physical Therapy Association.

4/24-27/08 ”Symposium on Advanced Wound Care and Wound Healing Society Meeting”. Presented by the Association for the Advancement of Wound Care and the Wound Healing Society.

8/27-31/08 “ Lymphedema: Riding the Wave of Discovery, National Lymphedema Network 8th International Conference”. Presented by the National Lymphedema Network.

10/30/08 “AGH Advanced Wound Healing and Lymphedema Seminar 2008”. Presented by the AGH Advanced Wound Healing and Lymphedema Center.

4/26-29/09 ”Symposium on Advanced Wound Care and Wound Healing Society Meeting”. Presented by the Association for the Advancement of Wound Care and the Wound Healing Society.

9/12-13/09 “Breast Cancer Rehabilitation Course” Presented by Klose Training and Consulting.

10/29/09 “AGH Advanced Wound Healing and Lymphedema Seminar 2009”. Presented by the AGH Advanced Wound Healing and Lymphedema Center.

2/25/10 “ Avoidable vs Unavoidable Pressure Ulcer Consensus Conference”. Presented by the National Pressure Ulcer Advisory Panel.

4/10/10 “ Manual Edema Mobilization: Edema Reduction for the Lower Limb”. Presented by the University of Pittsburgh.

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Continuing Education:

4/17-20/10 "Symposium on Advanced Wound Care and Wound Healing Society Meeting". Presented by the Association for the Advancement of Wound Care and the Wound Healing Society.

11/4/10 "AGH Advanced Wound Healing and Lymphedema Seminar 2010". Presented by the AGH Advanced Wound Healing and Lymphedema Center. Conference Co-Director.

4/14-17/11 "Symposium on Advanced Wound Care and Wound Healing Society Meeting". Presented by the Association for the Advancement of Wound Care and the Wound Healing Society.

5/17/11 "Home Health Care: Advancing Your Skill Set". Presented by Summit Professional Education.

11/10/11 "AGH Advanced Wound Healing and Lymphedema Seminar 2011". Presented by the AGH Advanced Wound Healing and Lymphedema Center. Conference Co-Director.

4/19-21/12 "Symposium on Advanced Wound Care and Wound Healing Society Meeting". Presented by the Association for the Advancement of Wound Care and the Wound Healing Society.

5/17/12 "Medicare Billing/Coding Update". Presented by CMS.

6/1/12 "Lymphedema and Physical Therapy in Breast Cancer Survivorship Symposia" Series of lectures presented by Komen Pittsburgh.

7/6/12 "Prospective Surveillance for Breast Cancer Rehabilitation: PT Intervention from Diagnosis through Treatment" Presented by Nicole L Stout, MPT, CLT-LANA at Chatham DPT Grand Rounds.

9/5-9/9/12 "10th National Lymphedema Network International Conference; Research Roundup". Presented by the National Lymphedema Network.

9/20-9/21/12 "Turning Point Women's Healthcare" Clinic visit in Atlanta GA. Observation and investigation of model for provision of specialized rehabilitation services to breast cancer survivors.

11/8/12 "AGH Advanced Wound Healing and Lymphedema Seminar 2012". Presented by the AGH Advanced Wound Healing and Lymphedema Center. Conference Co-Director.

1/15/13 "Rotator Cuff Disorders" Course presented by Summit Professional Education.

4/24/13 "PPTA Spring Reimbursement and Regulation Update". Presented by the PPTA.

Professional Qualifications:

PA Physical Therapy Licensure since 6/79

Wound Specialist Certification by the American Academy of Wound Management. 1999. Re-certified 2009

Certification by the Lower Extremity Amputation Prevention Program (LEAPP): Level I (diabetic foot screening/education), Level II (foot care), 10/99.

Certification in Manual Lymphatic Drainage and Complete Decongestive Physiotherapy by the Academy of Lymphatic Studies, 1/02

Board Certified Lymphedema Therapist by the Lymphology Association of North America (LANA). 5/04, re-certified 2010.

Fellow of the American College of Certified Wound Specialists, since 6/08.

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PROFESSIONAL ACTIVITIES/PRESENTATIONS:

Presented in-services on: Comprehensive wound management, Advances in Stroke Treatment, Parkinson's Disease, Head Trauma, Modalities, Guillian-Barre Syndrome, Body Mechanics & Transfers, and Rehab Nursing. Assisted in defining audit criteria for Parkinson's Disease, TKA, MS, and RND.

Presented lecture on Advances in Wound Treatment Modalities to the Southwest (SW) District PPTA in May '99.

Presented lecture to Internal Med. Residents "Diabetic Foot Care & Prevention of Complications" June '01

Presented and co-organized seminar sponsored by (SW) District PPTA "Management of the Diabetic Patient" May '01

Presented course (16 hours) to CRS Physical Therapists "Physical Therapy Management of the Foot and Ankle" Oct '01

Presented lectures and labs in wound management to physical therapy students in the University of Pittsburgh Dept of Health and Rehab Sciences, Fall '99, '00, '01

Presented lecture on "Lymphedema Management of the Orthopaedic Patient" to Orthopaedic Surgeons and Residents at the University of Pittsburgh Dept. of Orthopaedic Surgery March '02.

Co-Presented seminar lectures and lab practicum: "Basic Lymphedema Treatment Course" to CRS physical therapists on Nov 8-10, 2002 and Jan 17-19 2003.

Presented lecture to introduce the AGH Dept of Surgery to The AGH Advanced Wound Healing and Lymphedema Center, 9/16/03.

Presented lecture: "Overview of Lymphedema Management" to home health nurses with Albert Gallatin Agency, 9/14/04.

Presented lecture to AGH in-patient Rehab Dept. to introduce the AGH Advanced Wound Healing and Lymphedema Center 9/28/04.

Presented lecture: "Lymphedema Management of the Patient with Breast Cancer" at Multi-disciplinary Breast Care Conference, 10/12/04.

Presented lecture: "Multi-Modality Lymphedema Therapy" at AGH Advanced Wound Healing and Lymphedema Seminar, 10/28/04.

Presented Lecture/Demonstration: "Application of the Total Contact Cast" at the AGH Advanced Wound Healing and Lymphedema Seminar, 10/27/05.

Presented Lecture: "Lymphedema Update- Considerations for the Breast Cancer Patient" at the Multi-Disciplinary Breast Care Conference, 12/6/05.

Presented lecture " Wound Center Overview" to AGH Internal Medicine Residents, 3/1/06.

Presented lecture: "Advanced Wound Care Treatment Overview" to Allegheny General Hospital- Suburban Campus Medical Staff, 5/23/06.

Presented lecture: "Advanced Wound Care and Lymphedema Treatment" to AGH Surg Residents, 6/6/06.

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PROFESSIONAL ACTIVITIES/PRESENTATIONS:

Presented lecture: “Power Tools for Wound Healing” at the AGH Advanced Wound Healing and Lymphedema Seminar, 10/26/06.

Presented lecture: “Advanced Wound Care” to AGH surgeons at Orthopaedic Grand Rounds, 11/7/06.

Presented lecture: “Wound Center Overview and Advanced Wound Care” to Northside Christian Health Center clinical staff., 2/7/07.

Presented Lecture: ”Beyond Saline Dressings: Current Concepts in Wound Management” to Allegheny General Hospital surgeons at Surgical Grand Rounds, 2/27/07.

Presented Lecture: “Wound Care and Lymphedema management for the Cancer Population” to Cancer Committee including AGH Cancer Center physicians and staff, 8/16/07.

Presented Lecture: “Basic Wound Management” to PT Dept at Suburban General Hospital, 3/11/08.

Presented Lectures: “Advanced Wound Care 2008” and “The World of Wounds” to Clinical Sales Staff of Integra Life Sciences, 3/14/08.

Presented Lecture: “Lymphedema Overview and Treatment Options 2008” to Allegheny Home Care Physical Therapists, 9/22/08.

Presented Lecture: Diabetic foot Ulcers: Non- Surgical Care and Off-Loading” to AGH Vascular Surgery Residents, 10/27/08.

Conducted Initial Site Visit for new Wound and Lymphedema Program, St Jude Hospital, St Lucia, West Indies. Sponsored by AAWC/Health Volunteers Overseas. Nov 1-8, 2008. Program Director St Lucia Site.

Presented course: “Lymphedema Therapy: Orthopaedic and Post-surgical Applications” to Vita Care physicians and physiotherapists in Sao Paulo, Brazil. Jan 22-24, 2009.

Presented Lecture: “Breast Cancer Rehabilitation: An Overview” to Medical and Surgical Oncologists, Residents, and nurses at Multidisciplinary Breast Cancer Conference, 10/27/09.

Presented Lecture: “Breast Cancer Rehabilitation: An Overview” to AGH Out-Patient PT Staff 12/8/09.

Presented Lecture: “Breast Cancer and Lymphedema Update” to Medical and Surgical Oncologists, Residents, and nurses at Multidisciplinary Breast Cancer Conference, 9/27/11.

Presented Lecture “Wound Care Trends and Techniques” to AGH Out-Patient OT Staff. 1/10/12.

Presented Course: “The Diabetic Foot: Impact on Physical Therapy Practice” at Annual South-West District PA PT Association (PPTA) Mini-Combined Sections Meeting. 3/24/12.

Presented Lecture “Lymphedema and Rehabilitation in Breast Cancer Survivorship” at Multidisciplinary Breast Conference, Allegheny General Hospital Cancer Center. 7/31/12.

Presented Lecture: “Lymphedema Risk Reduction and Treatment Options” at Hair Peace Breast Cancer Survivors Support Group, Ingomar, PA. 4/17/13

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PROFESSIONAL ACTIVITIES/PRESENTATIONS:

Presented lecture “ Pearls from the NLN 2012 International Conference” at the Western PA Lymphedema Therapist Networking Group meeting on 5/11/13.

Presented Lecture: ‘Billing and Coding for Lymphedema Services” at Medi Lymphedema Seminar at the Hampton in Pittsburgh on 5/15/ 13

Professional Affiliations:

Member of the American Physical Therapy Assoc., Clinical Electrophysiology Section/Wound Special Interest Group and Oncology Section.

Member of the Association for the Advancement of Wound Care

Member of the National Lymphedema Network

Past Co-coordinator of the SW District PPTA Wound Study Group

Founding Member and co-organizer of the WPA Lymphedema Therapist Networking Group

Past member of ADA (WPA Chapter) Committee for the Diabetes Expo 2001, Chair: Screening Subcommittee

Member Health Volunteers Overseas, Past Coordinator for Wound and Lymphedema program at St Jude Hospital in St. Lucia.

Member Toastmasters International, Beacon Toastmasters of Pittsburgh, Vice President Education 2010-2011

References:

References available upon request.

Updated 6/22/13