

March 2011

Jeffrey Alan Sugar, MD

CURRICULUM VITAE

A. PERSONAL INFORMATION

312 E. Sycamore Ave.
El Segundo, CA 90245-2432
Phone: (310) 291-0886
Fax: (310) 322-2100
jeffsugar@ucla.edu
E-Mail Address jsugar@usc.edu

B. EDUCATION

| | |
|----------------|---|
| High School | Firestone High School, Akron, Ohio, 1971 |
| College | New College. Sarasota, Florida, B.A., 1976 |
| Post-Graduate | Masters' Program in Fine Arts, Interdisciplinary Arts, San Francisco State University, Sept. 1982- July 1983 |
| Medical School | University of California, San Francisco, M.D., 1984 |
| Internship | Harbor-UCLA Medical Center; Torrance, California, July 1984-June 1985, Psychiatry and Rotating Internship |
| Residency | Harbor-UCLA, Medical Center, July 1985-June 1987, Psychiatry |
| Fellowship | UCLA Neuropsychiatric Institute, Los Angeles, California, 1987-1989, Child Psychiatry |
| Honors | Chief Fellow in Child Psychiatry: UCLA 1988-1989 Faculty of the Year: USC, Child and Adolescent Psychiatry Program, 2007 American Academy of Child and Adolescent Psychiatry Outstanding Mentor Award, 2010 |
| Licensure | California, 1985 (Certificate G-53752) |

| | |
|----------------------|---|
| Board Certifications | American Board of Psychiatry and Neurology, (Psychiatry), 1991 |
| | American Board of Psychiatry and Neurology, (Child and Adolescent Psychiatry), 1991 |

C. PROFESSIONAL BACKGROUND

ACADEMIC APPOINTMENTS

Assistant Clinical Professor, UCLA Department of Psychiatry, 1990-Current

Assistant Professor of Clinical Psychiatry, Keck School of Medicine, Department of Psychiatry, University of Southern California, Los Angeles, California, 2005-Current

FORENSIC WORK

Expert Witness, Los Angeles, CA, Part-time Practice of Forensic General and Child and Adolescent Psychiatry.

Solo practice, cases span the range of general and child psychiatry, cases span range from severe mental disturbance to personality disorders, personal injury to mitigating factors in criminal cases. Approximately equal defense and plaintiff, both civil and criminal, qualified expert in Superior Court.

Reports and/or testimony have had an impact in cases (both child and adult) involving:

- Trauma: Including Sexual and Physical Abuse (with or without PTSD)
- Personal Injury and wrongful death
- Psychiatric Medication Issues
- Diagnosis and Appropriate Treatment
- Ethical issues and Stress in Legal Practice
- Battered Woman's Syndrome/ Complex Trauma/ Complex PTSD
- Child Custody

1990 - Current

Workers Compensation Psychiatric Evaluations, Los Angeles, CA, Part-time:

Evaluated about 200 psychiatrically injured workers, developed an instrument for gathering information systematically, and "grandfathered" as QME, 1989-2001

TEACHING ACTIVITIES

1992: developed a training program at Hathaway Children's Village for fellows in child psychiatry at Cedars-Sinai Hospital, a UCLA affiliate. This training program grew under my leadership and persists to this day.

I have supervised graduate students in psychology, and provided regular continuing education to the therapists and staff throughout my tenure at Hathaway.

Current teaching at USC focuses on clinical assessment and treatment on the Child and Adolescent Crisis, Emergency and Consultation Service where I supervise trainees at all levels. With a grant from SAMSHA, we have developed the Child and Adolescent Psychiatry Trauma Program to teach our trainees how to work with traumatized youth and their families. In addition I teach a didactic course in psychotherapy, child residents' monthly Journal Club, and present a monthly clinical case conference jointly to pediatric and child psychiatry trainees.

EMPLOYMENT

Chief, Child and Adolescent Crisis, Emergency and Consultation Service, University of Southern California, Los Angeles. California, 2006 - Current

Director, Child and Adolescent Psychiatry Trauma Program, University of Southern California, Los Angeles. California, 2006 – Current

Faculty Member, General Psychiatry Emergency Services, University of Southern California, Los Angeles. California, 2011 - Current

Ward Chief, Adolescent Inpatient Unit, University of Southern California, Los Angeles. California, 2005-2006

Psychiatric Relief Work, (volunteer), International Medical Corps, Banda Aceh, Indonesia, April-May 2005

Chief of Child Inpatient Unit, Kedren Hospital and Community Treatment Center, Los Angeles, California Sept. 2004- Feb. 2005

Director of Research, Hathaway Children's Clinical Research Institute, Sylmar, California 1999-2004

Chief of Psychiatry, Hathaway Children and Family Services, Sylmar, California, 1991-1989

Clinical Child Psychiatrist, Hathaway Children's Village, Sylmar, California, 1988-1991

Consultant, Child Psychiatry Program Development, Hollygrove Children's Center, Hollywood, California, 1997

Private Practice in Child and Adolescent Psychiatry Manhattan Beach, California, 1989-1995

Qualified Medical Examiner, evaluation and treatment of psychiatrically injured workers, 1988-1992

Counselor/ Team Leader, St. George Homes, Jungian residential treatment for schizophrenic and autistic adolescents, Berkeley CA., 1977-78

D. Committee Membership

National Child Traumatic Stress Network, Substance Abuse Committee, 2006 – Current

National Child Traumatic Stress Network, Complex Trauma Committee, 2010 – Current

American Academy of Child and Adolescent Psychiatry, (AACAP), Disaster and Trauma Committee, 2004-2009

AACAP, Psychotherapy Committee, 1992-2001

AACAP, Outcomes Research Taskforce , 1995-1999

AACAP, Residential Treatment Committee, 1994-1999

AACAP, Assembly of Regional Councils Delegate (AACAP) 1997-98

National Child Traumatic Stress Network, Founding Chairperson, Residential Treatment Committee, 2004

E. Society Membership

Local

Southern California Society of Child and Adolescent Psychiatry
Executive Committee, 1994-2000; President 1999

Southern California Psychiatric Society, 1985-current
Executive Council; Regional Representative, 1995-1999

National

American Psychiatric Association, 1985-current
American Academy of Child and Adolescent Psychiatry, 1989- current
International Society of Traumatic Stress Studies, 2001-current
American Society of Clinical Hypnosis, 1995-1998

F. Consultantships

National Center for Child Traumatic Stress, UCLA (part of NCTSN), 2004-2005

G. RESEARCH ACTIVITIES

Founding Director, Hathaway Children's Clinical Research Institute, 1999-2004

H. RESEARCH PROJECTS

Current:

National Child Traumatic Stress Network: Data collection via USC Child Trauma Clinic, collaborating with Children's Institute, Inc, in data collection, project development and data analysis related to ethnicity and trauma exposure/use of services

Rapid Assessment of Pediatric Psychological Trauma: pilot project submitted for funding for an emergency room study of this instrument, developed with Julian Ford, PhD, that will provide a rapid screening of all forms of child psychological trauma including bullying.

Justina: A Virtual Adolescent Trauma Patient: Continuing to develop this tool for training mental health students and professionals about PTSD

Past

Developed a comprehensive database documenting trauma histories, symptoms, and functioning in multiple domains for a longitudinal outcomes project focusing on consequences of severe interpersonal trauma in a population of ethnically diverse youth in residential treatment.

Examined Best Practices across the spectrum of services provided by Hathaway's major sites including two community-based outpatient clinics, all residential, foster care, family preservation and substance abuse services (total agency budget: \$18 Million).

Initiated Collaborative projects to explore improved treatment models for chronically traumatized children in residential treatment as well as examining alternatives to residential treatment.

I. GRANTS

The BC McCabe Foundation. \$750,000, 2001-2004.

This grant funded the Hathaway Children's Clinical Research Institute. It paid for the development of Institute infrastructure and the first three years of data collection.

Renewal of the BC McCabe Foundation Grant. \$ 650,000, 2004

This renewal grant focused on Best Practice evaluation across the agency. This led to a plan for Continuous Quality Improvement. These grants resulted in the development of a comprehensive database on over 100 traumatized youth.

J. PUBLICATIONS

Sugar, J, and Ford, J, (2011) "Peritraumatic Dissociation and Posttraumatic Stress Disorder in Psychiatrically Impaired Youth," Accepted with Revision, *Journal of Traumatic Stress*

Caroly Pataki, M.D., Michele Pato, M.D., Jeffrey Sugar, M.D., Albert Skip Rizzo, Ph.D., Cheryl St. George, R.N., Patrick Kenny, Thomas Parsons, Ph.D, (2011) "Virtual patients as a novel teaching tool in psychiatry," In press, *Academic Psychiatry*

Kenny, P., Parsons, T.D., Pataki, C.S., Pato, M., St-George, C., Sugar, J., & Rizzo, A.A. (2008). Virtual Justina: A PTSD Virtual Patient for Clinical Classroom Training. *Annual Review of CyberTherapy and Telemedicine*, 6, 113-118.

Parsons, T.D., Kenny, P., Ntuen, C., Pataki, C.S., Pato, M., Rizzo, A.A., St-George, C., & Sugar, J. (2008). Objective Structured Clinical Interview Training using a Virtual Human Patient. *Studies in Health Technology and Informatics*, 132, 357-362.

BOOK REVIEW

Sugar, J, *Preventing Antisocial Behavior: Interventions from Birth through Adolescence*. *Journal of the American Academy of Child and Adolescent Psychiatry*, 33:4, 598-600, 1994,

K. PRESENTATIONS

Sugar, J, "Meet me in the Space of Illusion, Using Winnicott's Notion of Transitional Phenomena to Understand Traumatic Dissociation in Children" invited presentation to child division of Department of Psychiatry, Harbor-UCLA Medical Center, Los Angeles, Dec, 2010

Sugar, J, Lesca, M, Enrile K, "Using Winnicott's Notion of Transitional Phenomena to Understand a case of Traumatic Dissociation," Grand Rounds presentation, USC Department of Psychiatry, 2010

Bangbose, S, Sugar, J, "Residential Schools for Foster Youth: A Promising Intervention", presented at annual meeting of the AACAP, New York, October, 2010

Sugar, J, Pataki, C, Ford, J, "The Rapid Assessment of Pediatric Psychological Trauma" presented at the annual meeting of the National Child Traumatic Stress Network, New Orleans, Feb, 2010

Macbeth, L, Sugar, J, Pataki, C, "Teaching TF-CBT to Child Psychiatry Trainees," presented at the Association of Behavioral Therapists annual meeting, San Francisco, September, 2010

Sugar, J, Pataki, C, St. George, C, Pato, M, Kenny, P, Parsons, T, Rizzo, A, "Factors Affecting Trainees' Interactions with Justina, a Virtual Trauma Patient" presented at the National Institute for the Prevention of Interpersonal Violence, Dallas, 2010

Macbeth, L, Sugar, J, Pataki C, "Using a Structured Instrument to Increase Ascertainment of Child Trauma," presented at the American Psychological Association meeting, San Diego, 2010

Pataki, C, Sugar, J, et al, "Justina, a Virtual Trauma Patient for Teaching Clinicians about PTSD", presented at annual meeting of AACAP, Chicago, Oct. 2008

Sugar, J, "PTSD, Evolutionary Theory and Neuroscience," USC Psychiatry Grand Rounds, May 2006

Sugar, J, "PTSD following the Indonesian Tsunami," SCPS dinner meeting, February 2006

Rodriguez, N, Sugar, J, "Validation of the Youth PTSD Scale in Adolescents," presented at the annual meeting of ISTSS, New Orleans, November, 2005

Sugar, J., Rodriguez, N., "Peritraumatic Dissociation, Current Dissociation and Posttraumatic Stress Disorder in Traumatized Youth," presented at the annual meeting of the International Society of Traumatic Stress Studies, (ISTSS), Chicago, Illinois, November, 2003

Sugar, J, Lajonchere, C, Hunt, A, Rodriguez, N, "Peritraumatic Dissociation and Posttraumatic Stress Disorder in Traumatized Youth in Residential Treatment," Presented at the annual meeting of ISTSS, Baltimore, Maryland, November, 2002

Lajonchere, C, Sugar, J, Hunt, A, Rodriguez, N, "Complex Posttraumatic Stress Disorder in Multiply Traumatized Youth," Presented at the annual meeting of ISTSS, Baltimore, Maryland, November, 2002

Sugar, J, "Institute on Time in Child Psychotherapy." Chairman, annual meeting, American Academy of Child and Adolescent Psychiatry, (AACAP), Anaheim, California, October, 1998

Sugar, J, Time Machines, Magnetic Fingers, and Magic Carpets: The Subjectivity of Space and Time in Child Hypnosis, annual meeting, AACAP, Anaheim, California, October, 1998

Sugar, J, "Time for the Soul: Wisdom in Your Day planner." Presented at AACAP annual meeting, Anaheim, October 1998. Repeated at AACAP annual meeting, Chicago, October, 1999, at AACAP annual meeting, New York, October, 2000, at AACAP annual meeting, Honolulu, Hawaii October, 2001, and AACAP annual meeting, Miami, October, 2003

Sugar, J, "Winnicott's Notion of Transitional Phenomena May Explain Why Both Hypnosis and Play Can Successfully Treat Dissociative Children," International Society of Clinical and Experimental Hypnosis biennial meeting, San Diego, CA, May, 1997.

Sugar, J, "The Hypnotic Induction Profile for Children," International Society of Clinical and Experimental Hypnosis biennial meeting, San Diego, CA, May, 1997

Sugar, J, "Institute on Brief Psychotherapy for Children and Adolescents," Co-Chair, AACAP annual meeting, New York, October, 1994,

Sugar, J, "Hypnosis and Hypnotherapy in the Brief Psychotherapy of Children and Adolescents," AACAP annual meeting, New York, October 1994.

Sugar, J, "Roles, Boundaries, Authorization, and Projective Identification in a Large Residential Treatment Center," 11th Scientific Meeting of the A.K. Rice Institute, Los Angeles, California, May 8, 1993.