

ASHLEY D. CARDWELL MSN, FNP-BC

Mobile: 480-444-6076 • ACardwellLNC@gmail.com , ashcardwell78@gmail.com

Objective

A certified Nurse Practitioner (NP) who possesses an interest for healthcare law, acute care environments, and emergency medicine. Possesses a strong foundation and knowledge in screening medical records for merit, creating timelines and medical chronology, expert understanding of the electronic medical record, therapeutic intervention, medication administration, prescribing, suturing, excision biopsy, and wound care. A dedicated and experienced Registered Nurse (RN) with 23-years nursing experience in acute care and emergency medicine, including nine years as a high-performing clinical manager in an emergency hospital department. Strong clinical skills enhanced by evidence-based guidelines, personal observation, intuition, and a natural ability to build rapport with patients and families. Ensure open lines of communication and quality of care between all members of the health-care team. Practicing as a Nurse Practitioner since November 2017.

Skills

- Strong clinical judgment
- Neurology awareness
- Acute care expertise
- Preceptor
- High level of autonomy
- Patient/family focused
- Patient evaluation/intervention
- Problem resolution capability
- Chest pain management expert
- Professional bedside manner
- Adept at prioritizing/managing deadlines
- Thorough physical assessments
- Foley catheter insertion/removal familiarity
- Laceration repair aptitude
- Patient and family advocacy
- Venipuncture/blood draw expert
- Wound drainage
- **Advanced Skills:** endotracheal intubation, lumbar puncture, and central line insertion.

Certifications and Licensure

- Registered Nurse in Arizona, License number RN118411, expires 4/1/2026
- NPI 1972018067
- Current American Nurses Credentialing Center (ANCC) Certification (AP10833), expires 04/01/2026

- Certificate to prescribe in Arizona with current DEA license from 2017, renewal 06/2026
- ANA Certified in Family NP
- BLS- Basic Life Support Certification, expires 08/31/2025
- ACLS - Advanced Cardiac Life Support Certification, expires 09/05/2025
- PALS- Pediatric Advanced Life Support Certification, expires January 2026

Accomplishments

- Ensured charting accuracy through precise documentation and assisted in implementation of new tracking system that resulted in improved patient care and throughput.
- Public relations representative appearing in numerous live media segments and contributed to various health-related news articles.
- Construction and design team member for new Emergency Department
- Staff meeting facilitator
- Labor Relations Committee representative for Banner Baywood Medical Center

Affiliations

Member of AANP- American Association of Nurse Practitioners

Member of AALNC - American Academy of Legal Nurse Consulting

Member of ANA- American Nurses Association

Member of AAENP- American Academy of Emergency Nurse Practitioners

Work History

Nurse Practitioner/Legal Nurse Consultant (LNC), 05/2024 to present Cardwell Legal Nurse Consulting, LLC - Serve nationwide

- With over two decades of experience in emergency nursing, my journey has evolved from bedside care to legal nurse consulting, where I leverage my clinical expertise to analyze healthcare-related legal cases. At Cardwell Legal Nurse Consulting, my role intersects medicine and law, providing critical insights that drive legal strategies and contribute to improving healthcare systems.
- Specializing in medical malpractice and negligence, I partner with attorneys to dissect complex clinical scenarios, ensuring accurate interpretation and compliance. My skill set, honed in emergency department settings, now serves a broader purpose—facilitating justice and advocating for systemic change in healthcare practices. The Emergency Department has been my clinical home, where I've developed the acumen that now supports my consulting proficiency.

Nurse Practitioner, 12/2021 to present. TEC (The Emergency Center) Physician group – Arizona

Dignity Health Emergency Department

- Provide full comprehensive medical care and exams in an emergency department setting including assessment, medication management and administration, lab and radiology interpretation and follow up care to patients across the lifespan. Skills include bedside suturing, digital blocks, pressure point injections, wound irrigation/drainage and packing, toenail removal, and IV insertions/removals. Advanced skills include endotracheal intubation, lumbar puncture, and central line insertion.

Nurse Practitioner, 10/2020 to 07/2022

BUCS (Banner Urgent Care Services) – Arizona

- Provide full comprehensive medical care and exams in an urgent care setting including assessment, medication management and administration, lab and radiology interpretation and follow up care to patients across the lifespan. Skills include bedside suturing, digital blocks, pressure point injections, wound irrigation/drainage and packing, toenail removal, and IV insertions/removals.

Nurse Practitioner, 03/2020 to 01/2021

Member of Envision Physicians Services

Yuma Regional Medical Center – Yuma, AZ

- Assisted in opening the RDU (Rapid Decision Unit). Provide full comprehensive medical and screening exams to observation patients including assessment, lab and radiology order and interpretation, medication management and physician/specialists consult, disposition decisions regarding discharge or admit status.
- Provide full comprehensive medical care and exams in an Emergency Department including assessment, medication management and administration, lab and radiology interpretation and follow up care to patients across the lifespan. Clinical decisions are made rapidly with complex and acutely ill patients.
- Skills include bedside suturing, digital blocks, pressure point injections, wound irrigation/drainage and packing, toenail removal, and IV insertions/removals, physician/specialists consult, disposition decisions regarding discharge or admit status of patients.

Nurse Practitioner, 03/2018 to 01/10/2022

Health First Urgent Care and Family Medicine – Gilbert, AZ

- Provide full comprehensive medical care and exams in an urgent care and family medicine environment including assessment, medication management and administration, lab and radiology interpretation and follow up care to patients across the lifespan. Skills include bedside suturing, digital blocks, pressure point injections, wound irrigation/drainage and packing, toenail removal, and IV insertions/removals.

Nurse Practitioner, 12/2017 to 05/2018

MD Home Care, LLC – House call provider, East Valley

- Provide full comprehensive medical care and exams independently during mobile house service including assessment, medication management and administration, lab and radiology interpretation and follow up care to patients in Assisted Living Homes, Group Home's and Private Residence.

Registered Nurse Clinical Manager, 08/2007 to 08/2016

Banner Baywood Medical Center – Emergency Department

- Worked as a clinical manager for the past nine years in the Emergency Department and five years prior to that as a staff nurse in the same ER
- Possess leadership and management skills beneficial for mentoring and educating Emergency Department staff to ensure future success
- Use evidence based decision-making skills along with best practice to make immediate, advanced emergent decisions
- Managed a 79-bed Emergency Department
- Responsible for 25-30 direct reports, time cards, evaluations and discipline

Registered Nurse, 01/2002 to 08/2007

Banner Baywood Medical Center – Emergency Department

- Relief charge/supervisor of 40+ staff per shift
- Participated in a group that led Emergency Department redesign to improve throughput
- Demonstrate organizational and leadership abilities.
- Med teams training coordinator for Emergency Department staff
- Preceptor to many new and experienced RN staff
- Member of the Six Sigma data collecting process for CT Scans
- Assist with education of staff including annual skills lab
- Contributed substantially to successful department JCAHO accreditation

Registered Nurse Forensic Nurse Examiner, 05/2004 to 10/2004

Scottsdale Healthcare – Scottsdale, AZ

- Specially trained to provide comprehensive care to trauma patients, conduct a medical forensic exam, and has the ability to be an expert witness

New graduate RN, 05/2002 to 01/2003

Desert Samaritan Medical Center – Mesa, AZ

- Staff RN Medical/Surgical Unit
- Provided care to the post-operative patients

Education

Master of Science: Nursing (Family Nurse Practitioner), 2017
Walden University - Minneapolis, MN

Bachelor of Science: Nursing, 2011
Arizona State University - Tempe, AZ

Associate of Science: Registered Nurse, December 2001

Mesa Community College - Mesa, AZ

High School Scholastic Diploma: 1997
Mountain View High School - Mesa, AZ