

DR. BRAD POPPIE, DPT, CBIS, CLCP, CFCE, CSCS

1499 Blake St, #9C Denver, CO 80202

Management of diverse pathological caseload ranging from pediatric to adult populations.

Evaluated and treated primarily orthopedic spinal pathology utilizing extensive manual

Director of Physical Therapy with supervision of three exercise physiologists.

Provide PRN work in manual therapy-based outpatient orthopedic clinic.

PEAK REHABILITATION of DENVER, LLC, Denver, CO

ALPHA PHYSICAL THERAPY, Broomfield, CO

techniques and MedX spinal specific testing/strengthening.

Direct: 720-982-2000

E-mail: brad@injuryreportingconsultants.com

EDUCATION

UNIVERSITY OF COLORADO DENVER, Aurora, CO May 2011 • Doctor of Physical Therapy GANNON UNIVERSITY, Erie, PA December 2000 • Master of Physical Therapy Colorado license number: 7428 COLORADO STATE UNIVERSITY, Ft. Collins, CO December 1997 Bachelor of Science; Exercise and Sport Science with a concentration in Sports Medicine Minor: Anatomy and Neurobiology **WORK EXPERIENCE** INJURY REPORTING CONSULTANTS, LLC April 2019 - Present Providing educational services through Life Care Planning, Medical Cost Projection, Functional Capacity Evaluation reports and trial testimony services for those that have been injured both catastrophically and non-catastrophically. PHYSICAL REHABILITATION SPECIALISTS, P.C. March 2003-Present Business owner and clinical director of multiple outpatient orthopedic physical therapy clinics specializing in the evaluation and treatment of impairments arising from personal injuries. Specializing in orthopedic and traumatic brain injury impairments, and staff mentorship PREMIER CARE PHYSICAL THERAPY, LLC November 2008- December 2009 Business partner and director of rehabilitation services for five large outpatient orthopaedic offices specializing in auto injuries, post-surgical and general orthopaedic pathology. **SPINE ONE** October 2007- November 2008 Co-director of rehabilitation and business development of multidisciplinary outpatient orthopedic medical office. PHYSICARE, P.C., Denver, CO August 2002- March 2005 Business owner and clinical director of four private practice outpatient orthopedic physical therapy clinics. Supervision of PT, PTA, CMT employees PROFESSIONAL PEDIATRIC HOME CARE, Greenwood Village, CO May 2004-September 2005 Staff home health care pediatric physical therapist. ORTHOSPORT NETWORK July 2002- January 2003 Rehabilitation director of fast paced outpatient orthopedic office. Integrated therapy concepts and treatment regimens with MD, DC, PT disciplines. Use of extensive manual therapy and exercise techniques for treatment of spinal pathology. PHYSICAL THERAPY PLUS, P.C., Lakewood, CO November 2001-July 2002 Facility director of large, multidisciplinary private practice outpatient orthopedic clinic. Specialize in personal injury claims management of motor vehicle accident-related spinal dysfunction. ALLIANCE OF THERAPY SPECIALISTS, INC, Denver, CO November 2001-October 2005 Staff home health care physical therapist.

April 2001-August 2001

February 2001-April 2001

MATRIX REHABILITATION, Denver, CO

• Float PT for large outpatient orthopedic corporation servicing multiple facilities.

CLINICAL EXPERIENCE

REHABILITATION TODAY, Olean, NY

Fall 2000

- Managed busy patient caseload for eight weeks, including general outpatient orthopedic dysfunction and sports injuries ranging from pediatric to geriatric populations.
- Training in a plethora of spinal mobilizations, manual therapy techniques, BTE, and TURBO computerized documentation.
- One-week aquatics experience including protocols for multi-system disorders.

HILLSIDE REHABILITAITON HOSPITAL, Warren, OH

Summer 2000

• Five-week experience in rehabilitation setting evaluating and treating individuals with total joint arthroplasties, TBI, CVA, SCI, amputations, general de-conditioning, and various cardiopulmonary conditions.

TRUMBULL MEMORIAL HOSPITAL, Warren, OH

Summer 2000

Worked five weeks in a 500-bed acute-care setting gaining experience treating ICU, CCU, and TCU patients.

KEYSTONE REHABILITATION SYSTEMS, Baden, PA

Summer 1999

• Evaluated and treated large caseload of various musculoskeletal, cardiopulmonary, and neurological pathologies in an outpatient setting. Also, co-treated home health patients with clinical instructor.

SEMINARS

•	Latest Surgical and Treatment Techniques for the Knee & Shoulder, Seven Fields, PA.	Summer 1999
•	MF1 – Myofascial Manipulation through University of St. Augustine	July 15, 2001
•	Denver Fitness Conference	Spring, 2002
•	Designing Practical Programs: Exercise & The Shoulder	February 16, 2002
•	Designing Practical Programs: Exercise & The Knee	February 16, 2002
•	Implementing Practical Programs: Advanced Swiss Ball Workout	February 16, 2002
•	Nutrition for Special Populations: Insulin, Protein & Fat	February 16, 2002
•	Making Fitness a Career: Advanced Strength Training	February 17, 2002
•	Making Fitness a Career: Introduction to PNF	February 17, 2002
•	Making Fitness a Career: Body Building Science	February 17, 2002
•	Nutrition for Special Populations: Exercise & Hormonal Response	February 17, 2002
•	S1 – Introduction to Spinal Evaluation and Manipulation through University of St. Augustine	April 24, 2002
•	Pathophysiology and Mechanics of the Shoulder	June 8. 2002
•	Before the Core: Posture and Motor Learning	August 24, 2002
•	Spasticityadvances in treatment: Children's Hospital	October 24, 2002
•	Recommendations for the Avoidance of delayed-Onset Muscle Soreness: <i>National Strength and Conditioning Association</i> .	October 28, 2002
•	Avoiding Shoulder Injury From Resistance Training: National Strength and Conditioning Association.	October 29, 2002
•	The Physiological Aspects of Neuromuscular Fatigue: <i>National Strength and Conditioning Association</i> .	November 2, 2002
•	Spinal Instability- Whole Spine Stabilization by Stanley V. Paris.	November 21, 2002
•	Radiology for the Clinician	July 30, 2005
•	Differential Diagnosis: Assessment and Treatment of Compression Neuropathies of the U.E.	August 4, 2005
•	Neuromuscular Adaptations to Resistance Training, NSC	October 8, 2005
•	The Physiological Aspects of Neuromuscular Fatigue, NSCA	October 9, 2005
•	The Use of Plyometric Exercise During the Rehabilitation Process, NSCA	October 20, 2005
•	Concurrent Training – Part I, NSCA	October 30, 2005
•	Concurrent Training - Part II, NSCA	October 31, 2005

NeuroMedicine Conference: Treating Neurological Disorders in a Primary Cure Center Anatomical Review of the Foot and Ankle Pathomechanics of the Foot and Ankle New Trentiers in Othopaedic Toot and Ankle Reconstruction New Trentiers in Othopaedic Toot and Ankle Reconstruction New Trentiers in Othopaedic Toot and Ankle Reconstruction Cucher 9, 2008 Anatomical Review of the Knee Joint October 9, 2008 Anatomical Review of the Knee Joint October 9, 2008 Anatomical Review of the Knee Joint October 9, 2008 Comprehensive Analysis of Patellofemoral Joint October 9, 2008 Comprehensive Analysis of Patellofemoral Pain Syndrome Control Py 2008 McComprehensive Comprehensive Anatomical Review of the Injudice Treatment Considerations of the Professional Athlete Cocober 9, 2008 Anatomical Review of the Injudice Comprehensive Hip Complex Evaluation Cocober 10, 2008 Comprehensive Hip Complex Evaluation Cocober 10, 2008 Comprehensive Hip Complex Evaluation Cocober 10, 2008 Anatomical Review of the Lumbar Spine Cocober 10, 2008 Anatomical Review of the Lumbar Spine Cocober 10, 2008 Anatomical Review of the Lumbar Spine Cocober 10, 2008 Anatomical Review of the Shoulder Complex Comprehensive Hip Complex Evaluation Cocober 10, 2008 Anatomical Review of the Shoulder Complex Comprehensive Hip Cocopies for Das Pathology Cocober 10, 2008 Cocopies Spin Anatomical Review of the Shoulder Complex Cocopies Spin Anatomical Review of the Shoulder Comp	•	An integrated Approach to Core Stability NSCA	February 1, 2007
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•	Youth Baseball Pitching: A brief Review Applied Histology: University of Colorado Denver	November 26, 2008
•	Motor Control/Motor Learning: University of Colorado Denver	Spring 2009 Spring 2009
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•	Professional Development: University of Colorado Denver	Summer 2009
•	Health Promotion: University of Colorado Denver	Summer 2009
•	Radiology: University of Colorado Denver	Fall 2009
•	Evidence Based Practice: University of Colorado Denver Patient Care Seminar I: University of Colorado Denver	Spring 2010
•	Suboxone and opiate use in pain management and rehab: Charles Park, MD	Spring 2010 June 17, 2010
•	Performance model in pain management: John Downes, DC	June 17, 2010
•	Evidence-based Interventions for Lumbar, Thoracic, and Cervical Spine	August 6-7, 2010
•	Manipulation and Exercise. Dr. Bob Boyles, PT. University of Colorado Denver	August 2010 August 2010
•	Patient Care Seminar II: University of Colorado Denver	Fall 2010
•	Pharmacology: University of Colorado Denver	Spring 2011
•	Differential Diagnosis In Practice: University of Colorado Denver	Spring 2011
•	What You Should Know About Three Fascinating Sports Nutrition Puzzles	November 10, 2014
•	Real World Recovery Techniques	November 13, 2014
•	Bending the Aging Curve: A Periodized Approach to Targeted Exercise Prescription for Older Persons	November 13, 2014
•	Applied Injury Prevention Techniques for Females	November 13, 2014
•	Exercise Interventions: NSCA	November 18, 2014
•	Implement Training for Concentric Muscle Actions: NSCA	November 18, 2014
•	Training Principles for Power: NSCA	December 8, 2014
•	Enhancing Jump Performance: NSCA	December 8, 2014
•	Orthopaedic Update Course Lumbar/Hip: University of Colorado	June 13, 2015
•	Mechanical Properties of Musculoskeletal Tissues – Implications for Intervnetion. Part 1	April 15, 2016
•	Mechanical Properties of Musculoskeletal Tissues – Implications for Intervnetion. Part 2	April 15, 2016
•	Mechanical Properties of Musculoskeletal Tissues – Implications for Intervnetion. Part 3	April 16, 2016
•	Mechanical Properties of Musculoskeletal Tissues – Implications for Intervnetion. Part 4	April 16, 2016
•	Neurologic Gait Rehabilitation - Principles, Problem Solving, and Practical Interventions	April 16, 2016
•	Brain Fitness - Evolving Roles for Physical Therapists	April 17, 2016
•	Current and Popular Concepts in the Evaluation and Non-operative Treatment of the Lumbar Spine	August 10, 2016
•	Personal Injury Summit: Medical Management of Personal Injury: Dr. Lee Moorer MD	June 9, 2017
•	Personal Injury Summit: Diagnostic Test Interpretation in Personal Injury: Dr. Joseph Ugorji, MD	June 9, 2017
•	Personal Injury Summit: Legal Issues and Client Representation in Personal Injury: Jerry Sloat, JD	June 10, 2017
•	Personal Injury Summit: What Every Patient Needs To Know About a Personal Injury Case: Jerry Sloat, JD	June 10, 2017
•	Personal Injury Summit: Alternatives to Diversified Adjusting: Trent Artichoker, DC	June 10, 2017
•	Personal Injury Summit: Interventional Pain and Medical Specialists in Personal Injury: Ken Allan, MD	June 10, 2017
•	OCCUPRO: Functional Capacity Evaluation Training	October 31, 2017
•	Institute of Rehabilitation Education and Training: Professional Orientation to Life Care Planning (LCP)	October 14, 2018
•	Institute of Rehabilitation Education and Training: Medical and Psychosocial Aspects of LCP for SCI	December 5, 2018
•	Institute of Rehabilitation Education and Training: Medical and Psychosocial Aspects of LCP for TBI	December 27, 2018
•	Institute of Rehabilitation Education and Training: Medical and Psychosocial Aspects of LCP for Amputations	February 7, 2019
•	Institute of Rehabilitation Education and Training: Medical and Psychosocial Aspects of LCP for Multiple Disa	
•	Institute of Rehabilitation Education and Training: Forensic Aspects of Life Care Planning Range of Motion Requirements Assessment Procedures for Weightlifting Movements: NSCA	June 22-23, 2019 October 25, 2020
•	Inducing Post-activation Potentiation With Different Modes of Exercise: NSCA	October 25, 2020
•	Hamstring Strain Injuries: NSCA	October 25, 2020 October 25, 2020
•	2021 Annual AANLCP Conference: AANLCP	May 20-23, 2021
•	Expert Witness Training: How to be an effective expert witness: SEAK	June 2-4, 2021
•	How to Start, Build, and Run a Successful Expert Witness Practice: SEAK	December 20-23, 2021
•	ODG by MCG Overview: International Association of Rehabilitation Professionals	October 4, 2022
•	Medical Screening and Differential Diagnosis: Summit Professional Education	October 13, 2022
•	Shoulder Anatomy and Biomechanics: At Home Seminars	October 24,2022
		5 212 21 2 1,2022

•	Current and Popular Concepts in the Evaluation and Non-Operative Treatment Of the Lumbar Spine: Part 1: Anatomy & Biomechanics of the Lumbar Spine: At Home Seminars	October 26, 2022
•	Knee Anatomy and Biomechanics: At Home Seminars	October 26, 2022
•	Hip Anatomy and Biomechanics: At Home Seminars	October 26, 2022
•	Ankle Anatomy and Biomechanics: At Home Seminars	October 26, 2022
•	Diet, Exercise and Fitness, 8th Edition: At Home Seminars	October 27, 2022
•	Back Off: Strong Backs from Rehabilitation to Performance: NSCA	October 27, 2022
•	Shoulder Injuries Among Weight-Training Participants: NSCA	October 27, 2022
•	Velocity-Based Training: From Theory to Application: NSCA	October 27, 2022
•	Matheson: Cognitive Functional Capacity Evaluation Program	December 27, 2022
•	Clinical Practice Guidelines for Diagnosis and Treatment of Low Back Pain: AAACEU	March 22, 2024
•	Back Pain and Opioid Abuse: Managing a Slippery Slope: AAACEU	March 22, 2024
•	Back Pain Fundamentals: AAACEU	March, 22, 2024
•	Advanced Functional Capacity Evaluation Course: OCCUPRO	September 12, 2024
•	The Essential Brain Injury Guide Exam Preparation – American Brain Injury Association of America	March 2024 – December 2024

AFFILIATIONS

•	American Physical Therapy Association	Fall 1998-present
•	National Strength and Conditioning Association	Fall 1997-present
•	IARP: International Association of Rehabilitation Professionals	Spring 2019-present

CERTIFICATION

•	Certified Strength and Conditioning Specialist	August 2000
•	Cardiopulmonary Resuscitation/First Aid – American Red Cross	May 2016
•	Credentialed Clinical Instructor – American Physical Therapy Association	October 2009
•	OCCUPRO: Functional Capacity Evaluation Certified	October 2017
•	International Commission on Health Care Certification: Life Care Planner Certified	July 2019
•	Matheson: Cognitive Functional Capacity Evaluation Certified	December 2022
•	Brain Injury Association of America: Certified Brain Injury Specialist	December 2024

RESEARCH

• The Effects of Performing a Valsalva Maneuver Versus a Breathing Technique With Lower Extremity Manual Muscle Testing and its Effects on Blood Pressure and Heart Rate in Healthy Adults D.M. Fuller, T.M. Haibach, B.A. Poppie, T.D. Stensby. Spring 2000.

PUBLICATIONS

- Poppie, Brad. The Poppie Factor: Essential Elements For Business Success. Langston Press, 2016. Print.
- Poppie, Brad. Creating and Sustaining Unstoppable Business Momentum. Langston Press, 2017. Print.
- Poppie, Brad . The New Intrapreneur. Langston Press, 2019. Print.

LITERATURE

• Performance Enhancing Substances In Athletes♥ Copyright 2000

TRIAL/DEPOSITION EXPERIENCE

- Lidia Herrera v. Patricia Mounsey; (deposition and trial testimony) Adams County District Court.; CV 1029. April 27, 2009.
- Sarah Richards v. Alan Schultz: (deposition) District of Scotts Bluff County, Nebraska; CN. Ci 07-696. October 30, 2009.
- Colorado Health Partners, LLC v. SpineONE, Inc. (deposition) Douglas County District Court.; CN: 08CV2707. November 3, 2009.

- Catherine Vigil v. Juanita West and Global Access, LLC; (deposition) Denver County District Court; CN: 09CV9330. June 28, 2010.
- Ramona Vigil v. Juanita West and Global Access, LLC; (deposition) Denver County District Court; CN: 09CV9330. June 28, 2010.
- Henrietta Vigil v. Juanita West and Global Access, LLC (deposition) Denver County District Court; CN: 09CV9330. June 28, 2010.
- Rocky Mountain Management v. Columbia Insurance (deposition) Taney County District Court; CN: 12302163. November 25, 2013.
- Elizabeth Ramirez v. Lindsey Manville and Proctor & Gamble Distributing, LLC; (deposition) Denver County District Court; CN:2013CV34811. April 30, 2014.
- Dominick Manzanares v. Joshua Patrick (trial testimony) Denver County District Court; CN:13CV33482. July 14, 2014.
- Aldo Mendoza v. Sonny Thacker; (deposition) District Court, Jefferson County, Colorado: CN:14CV31179. March 17, 2015.
- Inn 2, LLC v. Rocky Mountain Management, LLC; (deposition) Circuit Court of Taney County, Missouri: CN: 12AF-CC01073. June 16, 2015.
- Helen Vogt v. Shi II Louisville Brc, LLC; (deposition) District Court of Boulder County, Colorado: CN: 2014CV30692. August 20, 2015.
- INN-2; et al v. Rocky Mountain Management, LLC et al. (trial testimony) Circuit Court of Taney County, Missouri: CN: 12AF-CC01073. November 29, 2015.
- Sharon Wanczyk v. Robert Smith; (trial testimony) District Court, Jefferson County, Colorado: CN: 2014CV031265. January 15, 2016.
- Patrick Roses v. Laura Trujillo; (trial testimony) District Court, County of Denver, Colorado: CN: 2014CV034763. February 17, 2016.
- Teo Montoya v. Dennis Sitter; (trial testimony) District Court, Adams County, Colorado: CN: 15CV31299. September 19, 2016.
- Caitlin Roth v. Miranda May and Madeline Hamling, (trial testimony) District Court, Denver County, Colorado: CN: 2016CV31280.
 April 4, 2017.
- Sefija Djukic and Drasko Djukic v. Patrick Murphy, (trial testimony) District Court, Jefferson County, Colorado: CN: 18CV30204.
 January 24, 2019.
- Regina McPhillips v. Carrie Phillips, (trial testimony) District Court, Denver County, Colorado: CN: 2018CV31251. May 17, 2019.
- Deborah Clarke and Lisa Goodman v. Brecon Antrillo, (deposition) District Court, Denver County, Colorado: CN: 2019CV33296.
 February 1, 2021.
- Wuaquin Brooks v. Brian Webb, Minuteman Pizza, Ldt, (deposition) District Court, Laramie County, Wyoming: CN: 192-934. March 11, 2021.
- Steven Petersen v. Juan Santiesteban and A&R Delivery, LLC (deposition) District Court, Weld County, Colorado: CN: 2019CV3075.
 April 7, 2021.
- Steven Petersen v. Juan Santiesteban and A&R Delivery, LLC (trial testimony) District Court, Weld County, Colorado: CN:19CV30751. June 15, 2021.
- Stephanie Winiecki v. Lily Thomas (trial testimony) District Court, Boulder County, Colorado: CN: 2020CV030341. October 19, 2021.
- Bobby Click v. Vicente Baca-Gonzalez and Sustainable Landscapes Colorado, LLC (trial testimony) District Court, City and County of Denver, Colorado: CN: 2021CV030436. November 17th, 2021.
- Emanuel Caro and Maribel Guerrero v. Earl Richard Mick, Jr. and Swift Transportation Co. of Arizona, LLC (deposition) District Court, Denver County, Colorado: CN: 2020CV32171. January 27, 2022.
- Gregory Sowin v. Menard, Inc (deposition) District Court of Wyoming, Cheyenne, Wyoming: CN: 21-CV-131. February 2, 2022.
- Lauren Pyle v. Hiram Nelson (trial testimony) District Court, Boulder County, Colorado: CN: 2021CV30097. May 19, 2022.
- Jackie Lyn Sanchez v. Brett J. Moritz and Direct TV, LLC (deposition) District Court, Larimer County, Colorado: CN: 2020CV30799. September 13, 2022.
- Susan Bischoff v. Whole Foods Market Rocky Mountain / Southwest, L.P. d/b/a Whole Foods Market #10556 (deposition) District Court of the 17th Judicial District County of Adams, State of Colorado: CN: 2021 CV30407. September 15, 2022.
- Dawn Schafer v. Luis Carlos Palacios and Palacios Trucking, LLC (trial testimony) District Court, Weld County, Colorado. CN: 20CV30300. September 21, 2022.

- Cliff Bibeau v. Raeon Loving, Charleene Gibson and DoorDash (deposition) Arapahoe County District Court. CN: 2020CV030094.
 October 21, 2022.
- Emanuel Caro and Maribel Guerrero v. Earl Richard Mick Jr. and Swift Transportation Co. of Arizona, LLC (trial testimony) District Court, Denver County, Denver, Colorado. CN: 2020CV32171. January 26, 2023.
- Ruben Fuentes-Venuti v. Spencer Thomas Sadlo, Marty Sadlo, Raul Cuevas, Hector Ibarra, Mario Florez (trial testimony) District Court, Weld County, Colorado. CN: 2020CV030374. February 8, 2023.
- Jackie Lyn Sanchez v. Brett Moritz, DirectTV, LLC (trial testimony) District Court, Larimer County, Colorado. CN 2020CV30799.
 March 9, 2023.
- Ariel Monroy v. The Estate of Marinus Richard Christensen (trial testimony) District Court, City and County of Denver, Colorado. CN 22CV28. March 29, 2023.
- David Negusse v. Youhannis Tewolde et al (testimony hearing) Arapahoe County Court, Centennial, Colorado. CN 21CV030388.
 April 11, 2023.
- Virginia Brannon v. Larry Hudson, Jr (trial testimony) District Court, City and County of Denver, CO. CN 22CV31420. May 23, 2023
- Virginia Hainline v. Cynthia Brownell (deposition) District Court, City and County of Laramie, WY. CN 2022CV200891. September 12, 2023.
- Kent Hyde v. Tommy Troxel (deposition) District Court, City of Goshen, WY. CN CV-2022-128-DC. November 17, 2023.
- Daniel Hardy v. Mary King and Cottonwood Creek Residential, LLC (deposition) District Court, Denver County, CO. CN 2023CV030239. November 29, 2023.
- Tyler Preitauer v. American Family Mutual Insurance Company, S.I. (trial testimony) United States District Court, Colorado. CN 20-CV-845. March 5, 2024.
- The People of the State of Colorado v. Jon Michael Beber (trial testimony) Boulder County Court, Colorado. CN: 2022CR001073. April 15, 2024.
- Lenny Baca v. Shan Hager (trial testimony) District Court, County of Boulder, Colorado. CN: 2022CV30513. November 6, 2024.
- Steven Holloway v. Walmart, Inc. (deposition) District Court, Larimer County, Colorado. CN: 2024CV030041. January 16, 2025.