

Camilo Ruiz DO PA – Sleep and Internal Medicine Specialists
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Dr. Camilo A. Ruiz

Education

Medical Residency

Larkin Community Hospital-in affiliation with Nova Southeastern University

July 2012-June 2013 Miami, Florida

Sleep Medicine Fellowship

Palmetto General Hospital-in affiliation with Nova Southeastern University

July 2008-January 2011 Miami, Florida

Chief Internal Medicine Resident July 2009-January 2011

Lankenau Hospital-in affiliation with Thomas Jefferson University

June 2007-July 2008 Philadelphia, Pennsylvania

Obstetrics and Gynecological Surgery Internship

Medical School

Nova Southeastern University College of Osteopathic Medicine

August 2003-May 2007 Fort Lauderdale, Florida

Doctor of Osteopathic Medicine, D.O. degree

Undergraduate

Florida International University

August 1998-May 2002 Miami, Florida

B.Sc. Biological Sciences with Honors, *cum laude*

Honors Thesis: *Selenium Distribution in the Human Retina*

Minor: Sociology/Anthropology

Professional Certifications & Licensure

Board Certified, Diplomate of the American Osteopathic Board of Internal

Medicine September 2011 Certificate # 4261, Recertified until 12/31/2031

Board Certified, Sleep Medicine, CAQ, Recertified until 12/31/2033

Florida License OS 10517 October 2008

DEA Registered October 2008

Basic Life Support Provider (BLS)

Advanced Cardiac Life Support Provider (ACLS)

Pediatric Advanced Life Support Provider (PALS)

Advanced Trauma and Life Support Provider (ATLS)

Hospital Affiliations and Privileges

Broward Health Medical Center, Chair Department of Medicine, 2024-Present

Broward Health Medical Center, Vice-Chair of Medicine, 2022-2024

Broward Health Medical Center, Certificate and Qualifications Committee

Member 2022-Present

Broward Health Medical Center, Peer Review Committee Member 2020-

Present

Broward Health Medical Center, Internal Medicine Residency Faculty,

Teaching Service Attending, March 2019-Present

Clinical Assistant Professor, Nova Southeastern University COM

Aventura Hospital and Medical Center

Voluntary Clinical Faculty, Florida International University Wertheim School of
 Medicine

Clinical Affiliate Assistant Professor, Florida Atlantic University Charles E.
 Schmidt College of Medicine

Honors and Awards

Congressional Hispanic Caucus Institute Scholarship Award, July 2006.

Nominated Rookie Teacher of the Year, Howard A. Doolin Middle School,
 Miami, FL., 2002-2003.

Department of Biological Sciences Outstanding Service Award, April 2002.
Dean's List, Fall 1998, Fall 1999 through Spring 2001, Fall 2001, Spring 2002.
USAA All-American Scholar, April 2001.
AMSA Outstanding Service Award, April 2001.
Minority Biomedical Research Support Scholar, 2000-2002.
Florida Bright Futures Academic Scholarship F.I.U. 1998-2002.

**Professional/Academic
Affiliations**

American Osteopathic Association (AOA) Member
American College of Osteopathic Internists (ACOI) Fellow
Florida Osteopathic Medical Association (FOMA) Member
American Academy of Sleep Medicine (AASM) Fellow
AASM Coding and Compliance Committee Member, June 2015-June 2018
AASM Educational Products Development Subcommittee Member
AASM Official Spokesperson
Inspire Apnea Therapy Consultant
Eisai Speakers Bureau and Consultant for Dayvigo
FOMA, Student Chapter Secretary August 2004-August 2005.
Burns Academical Society, Resident Advisor
Alpha Epsilon Delta Honor Society Inductee, April 2001.
Golden Key International Honor Society Inductee, November 2000.

Work Experience

Camilo Ruiz DO PA (Private practice) D/B/A Sleep & Internal Medicine Specialists. Medical Director, Responsible for the operational efficiency of a combined concierge internal medicine and sleep disorders practice. ACHC accredited sleep lab and responsible for processes that help improve healthcare safety, encourage superior health outcomes and enhance the value of sleep healthcare. July 2013 till present.

Inpatient Consultants, IPC, Miami, FL.
Hospitalist physician. Provided and coordinated inpatient medicine care including admissions and discharges. August 2013 till October 2014. Medical Director: Dr. J. Sanchez

HCA/Florida IPS Medical Services Hospitalist Group, Aventura, FL.
Hospitalist physician. Provided and coordinated inpatient medicine care including admissions and discharges. December 2011 till August 2013. Medical Director: Dr. A. Soto

Concentra Urgent Care Centers, Miami, FL.
Urgent Care and Occupational medicine staff physician. Provided and coordinated medical care for patients. Procedures ranged from beginning IV fluids, laceration repairs, interpreting x-rays, EKGs, PFTs, joint aspirations, trigger point injections to patient stabilization and EMS transfers. November 2009 till November 2011. Center Medical Director: Dr. A. Gonzalez

General Science Teacher, Howard A. Doolin Middle School, Miami-Dade County Public Schools, Miami, FL.
Bilingual science instruction of limited English proficiency students, grades 6th, 7th, and 8th, August 2002-June 2003. Supervisor: M. Gilson.

Research Assistant, Department of Chemistry and Physics, Florida International University, Miami, FL.
Supervised human subject training of psychophysical techniques, serum carotenoid extraction and separation using High Performance Liquid Chromatography (HPLC), human eye dissection, statistical analysis, and abstract

writing, August 2000-July 2002. Principal Investigators: Drs. R.A. Bone and J.T. Landrum.

**Research Trials,
Publications,
Book Chapters, and
Abstracts**

Cardiac Tamponade as the Initial Presentation of Primary Mediastinal Large B-Cell Lymphoma: A Rare Clinical Entity. **Consortium for Excellence in Medical Education Resident Research, Nova Southeastern University, Fort Lauderdale, FL.,** October 2010.

Obstetrics and Gynecology: A Competency-Based Companion. Barry Mann MD, Micheal Belden MD. Chapter 33 Contraception contributing author. Saunders Elsevier, 2010.

Bone, R.A., Landrum, J.T., Guerra, L.H., and **Ruiz, C.A. (2003)**. Lutein and Zeaxanthin Dietary Supplements Raise Macular Pigment Density and Serum Concentrations of these Carotenoids in Humans. *The Journal of Nutrition*, 133:992-998.

Selenium Distribution in the Human Retina, **Association for Research in Vision and Ophthalmology (ARVO), Fort Lauderdale, FL.,** October 2002.

Association between Macular Pigment in the Peripheral Retina and AMD, **Annual Biomedical Research Conference for Minority Students (ABRCMS), Orlando, FL.,** November 2001.

Lutein and Zeaxanthin Supplements and their Influence on Macular Pigment Density, **Conference on Aging Retina and Early Degeneration, Boston, MA., Harvard University,** October 2001.

Dependence of Macular Pigment Density Increases on Elevated Serum Levels of Lutein and Zeaxanthin Resulting from Supplementation, **ARVO, Fort Lauderdale, FL.,** October 2001.

Distribution of a Minor Carotenoid Component in the Human Retina, **ARVO, Fort Lauderdale, FL.,** October 2001.

Xanthophyll Carotenoids and the Macular Pigment, **European Association for Vision and Eye Research (EVER), Alicante, Spain,** October 2001.

The Influence of Lutein Supplementation on Macular Pigment, **EVER, Alicante, Spain,** October 2001.

Association between Macular Pigment Carotenoids in the Human Retina and AMD, **National Minority Research Symposium, Washington, D.C.,** November 2000.

**Corporate Affiliations
And Speaking
Engagements**

Inspire medical / hypoglossal nerve stimulation speaker and provider 2015-2021
Remede system and central sleep apnea therapy 2021
Dayvigo (Lemborexant) therapy speaker 2021
Quviviq (Daridorexant) therapy speaker 2022-23

**Expert Witness, Trials
and Deposition
Experience**

Provided medical reviews, affidavits, expert testimony and depositions since 2018. Case references available upon request.

Languages

Fluent in English and Spanish