

Chuck J. Rylant, Psy.D.

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SUMMARY OF EXPERTISE

Federal and State Court qualified expert witness in use-of-force, de-escalation, civilian self-defense, police tactics and training, strangulation, memory, fight or flight, decision making, and other human performance factors.

Doctor of Psychology dissertation: *Decisions Under Pressure: Psychological and Physiological Aspects of Police Use of Force*. Retired police officer/detective, S.W.A.T. member, and P.O.S.T. certified department firearms, baton, chemical agents, and arrest and control (ARCON) trainer. Former police academy ARCON and use-of-force instructor. Certified Force Science Analyst and Advanced Force Science Specialist. Brazilian Jiu-Jitsu black belt instructor for law enforcement and civilians. Author of *Shots Fired: The Psychology Behind Officer Involved Shootings*.

EDUCATION

Psy.D. Doctor of Psychology – California Southern University; Dissertation – *Decisions Under Pressure: Psychological and Physiological Aspects of Police Use of Force* (2020)

MBA Master of Business Administration – California Polytechnic State University (2007)

BS Bachelor of Science – Organizational Management, University of La Verne (2004)

CERT P.O.S.T. Basic Police Academy – Allan Hancock College (1998)

AA Associate of Arts – Liberal Arts, Allan Hancock College (1995)

TEACHING EXPERIENCE

2020 – present Paso Robles Police Department: design and teach ARCON program

2016 – present Paragon Martial Arts: Brazilian Jiu-Jitsu black belt civilian and law enforcement instructor

2008 – 2023 Allan Hancock College: police academy ARCON, train-the trainer ARCON, and use-of-force instructor

2002 – 2012 Santa Maria Police Department: ARCON instructor and field training officer (FTO)

1998 – 2002 Lompoc Police Department: ARCON and firearms instructor and field training officer

2001 – 2005 Front Sight Firearms Training Institute: firearms instructor

- 2001 – 2004 Tactical Concepts: curriculum design, and ARCON and firearms instructor
- 2000 – 2001 Allan Hancock College: police academy firearms and ARCON instructor, and recruit training officer
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EMPLOYMENT

- 2012 – Present North County Criminal Defense Team
Expert Witness, Consultant, and Criminal Defense Investigator
- Use-of-force expert witness testimony
 - Consultant in use-of-force and homicide cases
 - Private investigation in criminal cases
- 2007 – 2023 Allan Hancock College
Law Enforcement Academy Instructor
- Lead police academy ARCON instructor – train all police recruits in self-defense tactics, de-escalation, and use of force
 - Lead perishable skills ARCON instructor – provide update training to police in defensive tactics, use of force, and human performance factors
 - Master ARCON instructor – train and certify new police ARCON instructors
 - Instruct all police recruits in interviewing and report writing
- 2002 – 2012 Santa Maria Police Department
Retired Detective/Arrest and Control (ARCON) Instructor
- Investigated crimes ranging from domestic violence to murder
 - Trained entire department in ARCON
 - Appointed to SWAT team
 - Worked as a field training officer
- 2001 – 2005 Front Sight Firearms Training Institute
Firearms Instructor
- Taught handgun and submachine gun
 - Instructed groups of law enforcement, military, and civilians
- 2001 – 2004 Tactical Concepts
Owner/Instructor
- Designed course curriculum
 - Taught police and military tactical training
 - Managed business and marketing
- 2000 – 2001 Allan Hancock College Police Academy at Lompoc Police Department
Academy Training Officer
- Trained police recruits in firearms and ARCON
 - Served as a recruit training officer (RTO)

- 1998 – 2002 Lompoc Police Department
Field Training Officer/Arrest and Control Instructor
- Trained entire department in ARCON
 - Created firearm training curriculum and program
 - Provided quarterly firearm instruction and qualification
 - Field training officer (FTO)
 - Uniformed patrol
 - Appointed to S.W.A.T. team
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RELEVANT TRAINING ATTENDED

- 2023 Axon – Taser Instructor (16 hours)
- 2023 Daigle Law Group – Law Enforcement Active De-Escalation Strategies (8 hours)
- 2023 Police 1 – Criminal and Non-Criminal Baricade Response (2 hours)
- 2023 Association of Force Investigators – Developing Skills for Force Investigators (2 hours)
- 2023 Lexipol – Contempt of Cop: Ethical Decision Making Beyond the Grey Area (1.5 hours)
- 2023 Association of Force Investigators – Biomechanics from Video Evidence (2 hours)
- 2023 Police 1 / VirTra – Using Human Performance Science to Inform Police Training and Improve Officer Decision Making (1.5 hours)
- 2023 Police Officer's Association of Los Angeles County – Use of Force Update Seminar (8 hours)
- 2023 Association of Force Investigators – Analysis of Human Performance Through the Digital Lens (2-month seminar)
- 2023 Spartan Tactical Solutions – Defensive Handgun (8 hours)
- 2023 Critical Incident Review – Critical Incident Report Writing and Statements (4 hours)
- 2022 Association of Force Investigators – Memory and Critical Incidents (2-month seminar)
- 2022 Lexipol – Officer Decision Making: Why Qualified Immunity Isn't a Good Guide (1.5 hours)
- 2022 Association of Force Investigators – IPAMM: Methodology for Force Analysis (2-month seminar)
- 2022 California Force Instructors Association – Limiting Police Liability (2 hours)
- 2022 Association of Force Investigators – Investigating Duty to Intervene (2-month seminar)
- 2022 Force Science – Methods of Instruction: Training Practical Policing Skills (40 hours)
- 2022 Force Science – Annual Conference (24 hours)
- 2022 Americans for Effective Law Enforcement – Use of Force Seminar (20 hours)
- 2022 Association of Force Investigators – The Importance of Skill Transfer in Law Enforcement (2-month seminar)
- 2022 Calibre Press – The Science of Human Performance During Stress Events (6 hours)

2022 Police One – Improving Police Decision-Making Under Stress: Insights from Neuroscience and Psychology (1 hour)

2022 Association of Force Investigators – Investigation of Critical Incidents (2-month seminar)

2022 The Law of Self Defense – Instructor Course (10 hours)

2022 iINPUT-ACE – Video Examination for Police Investigators (8 hours)

2022 Association of Force Investigators – Theory of Defendant Created Jeopardy (2-month seminar)

2022 The Law of Self Defense – Florida Course (2 hours)

2022 Savage Training Group – AB 392 & Public Duty Doctrine (1.5 hours)

2021 The Law of Self Defense – California Course (2 hours)

2021 Association of Force Investigators – Perception-Response Times of OIS Investigations (2 hours)

2021 The Law of Self Defense – Level 1 Advance Course (10 hours)

2021 California Force Instructor Association – Tony Blauer, Fear Psychology (1.5 hours)

2021 Front Sight Firearms Institute – Handgun Skill Builder (16 hours)

2021 Association of Force Investigators – Legal Considerations in Force Investigations (4 hours)

2021 Savage Training Group – New California Use of Force Laws (2 hours)

2021 Line Driven Strategies – Use of Force PC 835 legal update (5 hours)

2021 California District Attorneys Association – OIS Statutory Guidelines & Investigations (3 hours)

2021 Front Sight Firearms Institute – Defensive Handgun (16 hours)

2021 Daigle Law Group – Use of Force Summit (24 hours)

2021 California P.O.S.T. – Force Options Use of Force/De-Escalation Train the Trainer (24 hours)

2021 Calibre Press – Constitutional Use of Force (6 hours)

2021 Daigle Law Group – Use of Force Continuum (1 hour)

2021 Calibre Press – Street Survival (6 hours)

2021 California P.O.S.T. – Use of Force: Totality of the Circumstances (2 hours)

2021 Force Science – Realistic De-Escalation Instructor (16 hours)

2021 California P.O.S.T. – De-Escalation: Enhancing Strategies for Encounters (2 hours)

2020 Calibre Press – De-escalation, Intervention & Force Mitigation (3 hours)

2020 Blauer Training Systems – Know Fear (2 hours)

2020 Calibre Press – Spotting Pre-Assault Indicators (2 hours)

2020 Advanced Force Science Specialist (300 hours)

2020 Calibre Press – Legally Justified; But Was It Avoidable? (6 hours)

2020 Force Science Analyst Certification (40 hours)

2020 Henry Aikins Costa Rica Hidden Jiu-Jitsu seminar (24 hours)

2019 Third Degree – Officer-Involved Shooting Investigation (8 hours)

2019 P.O.S.T. – New Use of Force Standards (1 hour)

2019 Mighty Oaks Warrior Foundation – First Responder Wellness program (40 hours)

2019 P.O.R.A.C. – Wellness Programs for Law Enforcement (8 hours)

2016 Force Encounters Analysis: Understanding Human Performance (24 hours)

2011 Academy Instructor Certification course (AICC) (40 hours)

2010 P.O.S.T. – Train the Trainer – report writing (20 hours)

2008 Field Training Officer (FTO) update (24 hours)

2008 Defensive Tactics update (10 hours)

2008 Tactical Response training (10 hours)

2006 Interview and Advance Forensic Investigation (24 hours)

2006 Terrorism and Islamic Fundamentalist Training (8 hours)

2004 Racial Profiling (5 hours)

2004 Behavioral Analysis Training Institute – International Interview & Interrogation (40 hours)

2004 S&K Use of Force (8 hours)

2004 Computer Crime Investigations (40 hours)

2004 S&K Street Investigations (4 hours)

2003 HSS International – SWAT Team Combatives (8 hours)

2002 Arrest and Control (ARCON) Instructor (80 hours)

2002 California Narcotics Officer Association (CNOA) conference (22 hours)

2002 S&K Weapons Tactics (8 hours)

2002 Tactical Rifle and Firearms instructor (40 hours)

2002 ASP Expandable Baton instructor (16 hours)

2001 Front Sight Firearms Institute – Firearms Instructor Development (60 hours)

2001 Firearms Instructor (40 hours)

2001 Field Training Officer (FTO) (40 hours)

2001 Informant Development (32 hours)
2001 Front Sight Firearms Institute – Handgun Skill-Builder (20 hours)
2001 Hershel Davis – H.A.L.O. Group – Tactical Pistol II (16 hours)
2000 Calibre Press Street Survival Seminar (24 hours)
2000 California Narcotic Officer Association (CNOA) – Search Warrant Techniques (8 hours)
2000 Chemical Agents instructor (40 hours)
2000 California Narcotic Officer Association (CNOA) – Street Development (8 hours)
1999 California Narcotic Officer Association (CNOA) – Street Development (8 hours)
1999 ARCON (40 hours)
1999 Under the Influence – 11550 H&S (24 hours)
1999 Front Sight Firearms Institute – Defensive Handgun (20 hours)
1998 P.O.S.T. Basic Police Academy (740 hours)

RELEVANT CLASSES TAUGHT

2023 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 125
2023 Report Writing (48 hours) – Allan Hancock College Police Academy class 125
2022 ARCON and De-escalation update for UCSB PD & Grover PD (4 hours) – Allan Hancock College
2022 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 124
2022 Report Writing (48 hours) – Allan Hancock College Police Academy class 124
2022 ARCON update for University of California Santa Barbara PD (4 hours) – Allan Hancock College
2022 De-escalation: The Influence of Human Factors During Conflict (1 hour) – California Force Instructors Association
2022 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College
2022 ARCON update for San Luis Obispo County District Attorney (4 hours) – Allan Hancock College
2022 Psychology of Use of Force Decisions (1 hour) – Force Science Annual Conference
2022 Law Enforcement ARCON Instructor Training (2 hours) – Paragon Brazilian Jiu-Jitsu
2021 Report Writing (48 hours) – Allan Hancock College Police Academy class 123
2022 ARCON update for Pismo Beach PD (4 hours) – Allan Hancock College
2022 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 123
2021 Psychology of Use of Force Decisions (4 hours) – California Use of Force Association

2021 Fire Fighter Self-Defense Instructor (16 hours) – Santa Barbara County Fire Department

2021 ARCON Instructor train-the-trainer (80 hours) – College of the Redwoods Police Academy

2021 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 122

2021 Report Writing (48 hours) – Allan Hancock College Police Academy class 122

2021 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 121

2021 Report Writing (48 hours) – Allan Hancock College Police Academy class 121

2020 Use of Force (7 hours) – Allan Hancock College Police Academy class 119

2020 Strategy (2 hours) guest lecture – Cal Poly San Luis Obispo

2020 Criminal Law and Procedure (2 hours) use-of-force guest lecture – Allan Hancock College

2020 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2020 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 119

2020 ARCON update for Grover Beach PD (4 hours) – Allan Hancock College

2020 Report Writing (48 hours) – Allan Hancock College Police Academy class 119

2020 ARCON update for Pismo Beach PD (4 hours) – Allan Hancock College

2020 ARCON update for Grover Beach PD (4 hours) – Allan Hancock College

2019 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2020 ARCON update for Pismo Beach PD (4 hours) – Allan Hancock College

2019 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College

2019 Custody Report Writing (6 hours) – Allan Hancock College Corrections Academy

2019 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 118

2019 Report Writing (48 hours) – Allan Hancock College Police Academy class 118

2019 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 117

2019 Report Writing (48 hours) – Allan Hancock College Police Academy class 117

2019 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2018 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College

2018 ARCON Update (4 hours) – Allan Hancock College

2018 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 116

2018 Report Writing (48 hours) – Allan Hancock College Police Academy class 116

2018 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2018 Use of Force (15 hours) – Allan Hancock College Police Academy class 115

2018 ARCON Update for Paso Robles PD (4 hours) – Allan Hancock College

2018 ARCON Update (4 hours) – Allan Hancock College

2018 Investigation and Report Writing Update for SB County Public Defender's office (4 hours)

2018 ARCON Update for Paso Robles PD (4 hours) – Allan Hancock College

2018 ARCON Update for UCSB PD (4 hours) – Allan Hancock College

2018 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 115

2018 Report Writing (48 hours) – Allan Hancock College Police Academy class 115

2018 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 114

2018 ARCON Update for UCSB PD (4 hours) – Allan Hancock College

2018 Report Writing (48 hours) – Allan Hancock College Police Academy class 114

2018 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2017 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College

2017 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 113

2017 Report Writing (48 hours) – Allan Hancock College Police Academy class 113

2017 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2017 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 112

2017 Report Writing (48 hours) – Allan Hancock College Police Academy class 112

2017 Criminal Law and Procedure (2 hours) guest lecture – Allan Hancock College

2016 ARCON Update (4 hours) – Allan Hancock College

2016 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College

2016 ARCON Update (4 hours) – Allan Hancock College

2016 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 111

2016 ARCON Update (4 hours) – Allan Hancock College

2016 Report Writing (48 hours) – Allan Hancock College Police Academy class 111

2016 ARCON Update (4 hours) – Allan Hancock College

2016 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 110

2016 ARCON Update (4 hours) – Allan Hancock College

2016 Report Writing (48 hours) – Allan Hancock College Police Academy class 110

2016 ARCON Update (4 hours) – Allan Hancock College

2016 ARCON Update (4 hours) – Allan Hancock College

2016 ARCON Update (4 hours) – Allan Hancock College
2016 ARCON Update (4 hours) – Allan Hancock College
2016 ARCON Update (4 hours) – Allan Hancock College
2015 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College
2015 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 109
2015 Report Writing (48 hours) – Allan Hancock College Police Academy class 109
2015 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 108
2015 Report Writing (48 hours) – Allan Hancock College Police Academy class 108
2014 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College
2014 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 107
2014 Report Writing (48 hours) – Allan Hancock College Police Academy class 107
2014 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 106
2014 Report Writing (48 hours) – Allan Hancock College Police Academy class 106
2013 Domestic Violence (12 hours) – Allan Hancock College Police Academy class 105
2013 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College
2013 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 105
2013 Report Writing (48 hours) – Allan Hancock College Police Academy class 105
2013 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 104
2013 Report Writing (48 hours) – Allan Hancock College Police Academy class 104
2012 ARCON Instructor train-the-trainer (80 hours) – Allan Hancock College
2012 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 103
2012 Report Writing (48 hours) – Allan Hancock College Police Academy class 103
2012 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 102
2012 Report Writing (48 hours) – Allan Hancock College Police Academy class 102
2011 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 101
2011 Report Writing (48 hours) – Allan Hancock College Police Academy class 101
2011 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 100
2011 Report Writing (48 hours) – Allan Hancock College Police Academy class 100
2010 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 99
2010 Report Writing (48 hours) – Allan Hancock College Police Academy class 99

2010 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 98
2010 Report Writing (48 hours) – Allan Hancock College Police Academy class 98
2009 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 97
2009 Report Writing (48 hours) – Allan Hancock College Police Academy class 97
2009 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 96
2009 Report Writing (48 hours) – Allan Hancock College Police Academy class 96
2008 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 95
2008 Report Writing (48 hours) – Allan Hancock College Police Academy class 95
2008 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 94
2008 Report Writing (48 hours) – Allan Hancock College Police Academy class 94
2007 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 93
2007 Report Writing (48 hours) – Allan Hancock College Police Academy class 93
2007 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 92
2007 Report Writing (48 hours) – Allan Hancock College Police Academy class 92
2002 Firearms Training (24 hours) – Lompoc Police Department
2001 Firearms Training (24 hours) – Lompoc Police Department
2000 ARCON Basic (64 hours) – Allan Hancock College Police Academy class 76
2000 Firearms Training (24 hours) – Lompoc Police Department
1999 Firearms Training (24 hours) – Lompoc Police Department

MEDIA AND INTERVIEWS

2023 “Deadly SFPD Shooting Was Third Time Officer Opened Fire” – The San Francisco Standard
2023 “Pro Boxer Says He was Attacked First in Miami Beach Brawl” – Law 360
2023 “Aggressive Policing in Memphis Goes Far Beyond the Scorpion Unit” – The Marshall Project
2022 “Episode 46” – Transition Drill Podcast
2021 “Behind the Blue Wall” – USA Today
2019 “Jiu-Jitsu and Police Fight Training” – interviewed by BJJ Brick
2019 “Paso Robles Police Chief Receives Black Belt” – Paso Robles Daily News
2019 “Life’s Black Belts – Chuck Rylant” – interviewed by Eric Alders
2019 “High-performance Coach Chuck Rylant” – interviewed by BJJ Mental Coach

2018	"Chuck Rylant, teacher, high-performance coach and author of multiple best-selling books" – interviewed by Mighty Oaks Warrior Foundation
2018	"Helping others reach their goals – interview with Chuck J. Rylant" – interviewed by Jiu-Jitsu Legacy
2018	"Episode 35 – Chuck Rylant" – interviewed by the Jiu-Jitsu Brotherhood
2018	"Law enforcement and community relationships" – interviewed by Sick Call podcast
2017	"Shots Fired: Chuck Rylant" – interviewed by Charlie Hoehn
2016	"Forced to act: In the face of danger, police must make split-second decisions about whether to use force" – Santa Maria Sun
2016	"Closing arguments begin in domestic violence trial involving officer" – Santa Maria Times
2016	"Author Chuck J. Rylant finds 'Motivation' in Jiu-Jitsu" – Santa Maria Sun
2015	"Career changing and starting a business" – interviewed by Dr. Cathy Goodwin
2013	"Rise to the Top" – interviewed by David Garland
2008	"Starting a business after a law enforcement career" – interviewed by John Marx from Cops Alive
2001	"Suspect expressed disappointment with failed murder attempt on ex-girlfriend" – Lompoc Record

RELEVANT PUBLICATIONS

- Decisions Under Pressure: Psychological and Physiological Aspects of Police Use of Force
- Shots Fired: The Psychology Behind Officer Involved Shootings

HONORS AND SPECIAL AWARDS

- Multiple-time best-selling author
- Advanced Force Science Specialist
- Certified Force Science Analyst
- Brazilian Jiu-Jitsu black belt
- Tae kwon do black belt
- Former S.W.A.T. member
- Master A.R.C.O.N. Instructor
- California P.O.S.T. advanced certificate
- California P.O.S.T. intermediate certificate
- California P.O.S.T. basic certificate
- International Footprint Association award
- Allan Hancock College Police Academy valedictorian
- Allan Hancock College Police Academy report writing award

PROFESSIONAL ASSOCIATIONS

- Association of Force Investigators
- California Force Instructors' Association
- National Tactical Officer's Association
- Naturalistic Decision Making Association

NOT RETAINED