### Claire M. Young BSN, RN, PHN, CEN

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#### **Education:**

Diploma in Vocational Nursing, 1998

Mt. San Jacinto College, San Jacinto, California

Associates of Science in Nursing, 2000

Mt. San Jacinto College, San Jacinto, California

Bachelor of Science in Nursing, 2012

Western Governors University, Salt Lake City, Utah

#### **License, Certificates, and Credentials:**

Registered Nurse, active license #577337, California
Certified Emergency Nurse (CEN), current
Public Health Nurse (PHN), current
Advanced Cardiac Life Support (ACLS), current
Pediatric Advanced Life Support (PALS), current
Basic Cardiac Life Support (BCLS), current
Advanced Trauma Care for Nurses (ATCN), current
American Heart Association National Stroke Certification, current

#### **Professional Memberships:**

American Nurses Association (ANA)
Emergency Nurses Association (ENA)
American Association of Legal Nurse Consultants (AALNC)
Bay Area Chapter of Northern California, Legal Nurse Consultants (BACNC/LNC)
Society of Trauma Nurses (STN)

#### **Summary of Qualifications:**

- Over 26 years of Professional Nursing Experience.
   Over 23 years in Emergency Nursing and Critical Care, currently active in
  - Over 23 years in Emergency Nursing and Critical Care, currently active in the Emergency Department setting.
- Over 10 years of Critical Care Transport, CCT RN, providing interfacility transport of critical and high-risk patients.
- Over 10 years experience as a Trauma team member at a Level II Trauma Center.
- Over 14 years of experience as a Mobile Intensive Care Nurse, MICN RN, in a large Community Hospital, Level II Trauma Center.
- Expertise in Adult and Pediatric Emergency Nursing, caring for a wide variety of illnesses in large community hospitals and a level II trauma center.
- Strong analytical skills related to healthcare facts and issues.
- Able to communicate and interpret complex issues effectively.
- Thorough knowledge of Emergency Nursing standards of care.
- Detail-oriented, trustworthy, and strong clinical judgment.

#### **Key Knowledge Areas:**

- Specialization in Emergency Nursing for Adults and Pediatrics.
- Specialization in Critical Care and Trauma in the Emergency Department.
- Specialization in Critical Care Transport (CCT), Emergent interfacility transportation.
- Specialization in Advanced Cardiac Care and management of ST-Elevated Myocardial Infarction (STEMI).
- Specialization in Strokes, Cerebral Vascular Accidents (CVA), and Intracranial Hemorrhages (ICH).

#### **Professional Experience:**

#### LEGAL NURSE CONSULTANT, YLNC Young Legal Nurse Consultant, LLC

Hemet, CA. December 2022 to present.

 Nurse Consultant for the Emergency Department and advocate for Nursing Standards of Care for adult and pediatric patients.  Review, interpret, and analyze medical records to assist attorneys in identifying compliance with Nursing Standards of Care.

### REGISTERED NURSE, Staff RN, Emergency Department, Kaiser Permanente Riverside Medical Center, and Kaiser Permanente Moreno Valley Medical Center

Riverside, CA, 11/2003-1/2005

Moreno Valley, CA, 6/2016- to present.

217-bed acute care hospital, Riverside, and 101-bed acute care hospital, Moreno Valley.

- Stroke receiving center.
- Assigned to the Emergency Department, providing direct specialized comprehensive care to patients of all ages with any life-threatening emergencies, medical, surgical, cardiac, neurological, and sub-specialty needs.
- Assess patient needs, identify problems, implement and evaluate appropriate nursing interventions, document all procedures, review, assess, carry out physician orders, and exercise sound nursing judgment.

## REGISTERED NURSE, Critical Care Transport (CCT), American Medical Response (AMR) Riverside, CA, 6/2006 to 1/2012, 8/2012 to 2/2017

- Utilize strong assessment skills, standing protocols, and interfacility guidelines necessary for patient care.
- Transport patients to and from designated facilities with life-threatening or critical conditions to receiving hospitals.
- Utilized mechanical ventilation and other advanced cardiac life support protocols.
- Advanced clinical training in mechanical ventilation, bilevel positive airway pressure (BiPAP), continuous positive airway pressure (CPAP), intubation, trauma, and intraosseous (IO) insertion.
- Initiated and monitored critical care intravenous (IV) drips and blood products during transportation.

# **REGISTERED NURSE, Staff RN, Emergency Department, Riverside Community Hospital** Riverside, CA, 12/2004 to 7/2015

- 478-bed acute care hospital with the region's largest Emergency Department, Level II Trauma, and Stroke Center.
- Level II Trauma facility that treats over 3,000 trauma patients annually.

- Designated Trauma Nurse, managed the majority of trauma cases that involved motor vehicle accidents (MVA), falls, assaults, gunshot wounds (GSW), stab wounds (SW), and industrial mishaps.
- STEMI center RN, responsible for initial management of care for patients experiencing ST-elevated myocardial injury, emergent interventions, and triage care for patients awaiting cardiac catheterization lab instructions.
- MICN (Mobile Intensive Care Nurse), a liaison between physicians and EMS (Emergency Medical Services) paramedics and fire department personnel, receiving radio calls to anticipate and manage care or divert to the closest, most appropriate facilities.
   Assigned to the Emergency Department, providing direct, specialized, comprehensive care to patients of all ages with any medical, surgical, cardiac, neurological, and subspecialty needs.
- Assess patient needs, identify problems, implement and evaluate appropriate nursing interventions, document all procedures, review, assess, carry out physician orders, and exercise sound nursing judgment.

REGISTERED NURSE, Staff RN, Emergency Department, Telemetry, Direct Observation Unit (DOU), LICENSED VOCATIONAL NURSE, Staff LVN, Telemetry, Hemet Valley Medical Center, now Hemet Global Medical Center Hemet, CA, 9/1999 to 4/2006

- 327-bed acute and sub-acute care hospital offering vascular services with a Cardiac Catheterization laboratory.
- Assigned to the Telemetry and Direct Observation Unit (DOU), Managed care of patients
  post-cardiac catheterization, pacemaker insertions, and electrocardiography services for
  two years, first as an LVN and then as an RN, before transitioning to the Emergency
  Department.
- Assigned to the Emergency Department as an RN, providing direct, specialized, and comprehensive care to patients of all ages with a range of medical, surgical, cardiac, neurological, and subspecialty needs.
- Managed populations with a high volume of drug overdose and critically ill geriatrics.
- Assess patient needs, identify problems, implement and evaluate appropriate nursing interventions, document all procedures, review, assess, carry out physician orders, and exercise sound nursing judgment.

LICENSED VOCATIONAL NURSE, Staff LVN, Devonshire Care Center Hemet, CA, 10/1998- 9/1999

- 99-bed Skilled Nursing Facility (SNF) and Rehabilitation Center.
- Managed wound care, including decubitus ulcers, and ensured effective time management and medication administration.
- Assess patient needs, identify problems, implement and evaluate appropriate nursing interventions, document all procedures, review, assess, carry out physician orders, and exercise sound nursing judgment.