

JOSEPH S ESHERICK, M.D., FAAFP, FHM

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Professional Summary

- Director of Medicine at the Ventura County Medical Center and has successfully led the inpatient medical services at this hospital since 2004. Previously was the Director of Critical Care Services at the Ventura County Medical Center from 2004 to 2013. Responsibilities include hospitalist group staffing, development and management, coordinator of medical policies and clinical practice guidelines, administrative liaison, performance improvement, and work as a senior hospitalist and intensivist.
- Medicolegal expert in hospital medicine and procedural medicine
- Co-President and Lead Instructor of Hospital Procedures Consultants since 2011. Responsibilities include all aspects of company management, partner development, vendor relationships, marketing, course development, and instruction.

Licenses

Drug Enforcement Administration license BE4772580

The Medical Board of California Physician and Surgeon license A55216

Board certified, American Board of Family Medicine, 24 years

Skill Highlights

- Hospitalist
- ICU physician
- High-risk obstetrics
- Procedural expert
- Medical educator
- Administrative skills
- Author of numerous medical books and articles
- Expert peer reviewer
- Book editor
- Family practice professional
- High ethical standards
- Collaborative
- Teaching Award for Excellence in Mentoring Resident Physicians (2000, 2006, 2008, and 2009)

Professional Experience

Director of Medicine

June 2013 to Current

Ventura County Medical Center – Ventura, CA

Expertly managed all inpatient medical services, including planning, scheduling, staff development, performance improvement, peer review, and continuing medical education. Active hospitalist coordinating all aspects of direct patient care and resident and medical student education for a medicine team.

Co-President

May 2011 to Current

Hospital Procedures Consultants - Ventura, CA

Lead Instructor, Hospitalist and Emergency Procedures CME Course.

Responsible for all aspects of company management, partner development and nurturing, vendor relationships, marketing, and course development.

- Course instructor 6 times per year throughout the United States.
- Author of numerous HPC Medical Procedure Reference cards.
- Creator of numerous HPC Medical Procedure Videos.
- Creator of Hospitalist and Emergency Procedures Online CME Course.

Hospitalist and Emergency Procedures CME courses

Topics: informed consent, procedural sedation, lumbar puncture, paracentesis, thoracentesis, tube thoracostomy, needle decompression, mechanical ventilation, arterial line placement, central venous catheter insertion, venous cutdowns, intraosseous line placement, endotracheal intubation, diagnostic ultrasound, and insertion of intermediate airways.

April 2024
Cody, Wyoming

March 2024
San Diego, CA

February 2024
Fremont, NE

December 2023
Las Vegas, NV

October 2023
New Orleans, LA

October 2023
Denver, CO

September 2023
Seattle, WA

August 2023
Ventura, CA

June 2023
Mission Viejo, CA

June 2023
Washington D.C.

March 2023
Coronado, CA

December 2022
Las Vegas, NV

October 2022
Yonkers, New York

June 2022
Washington D.C.

March 2022
San Diego, CA

December 2021
San Antonio, TX

November 2021
Las Vegas, NV

August, 2021
Ventura, CA

April, 2021
Chicago, IL

November, 2020
San Antonio, TX

October, 2020
Detroit, MI

October, 2020
New Orleans, LA

September, 2020
Ventura, CA

March 2020
San Diego, CA

February 2020
Rancho Mirage, CA

January 2020
Ventura, CA

October 2019
New Orleans, LA

September 2019
Seattle, WA

August 2019
Ventura, CA

June 2019
Washington D.C.

December 2018
Las Vegas, NV

September 2018
Hanover, MD

August 2018
Long Beach, CA

June 2018
Washington D.C.

June 2018
Las Vegas, NV

March 2018
Rancho Mirage, CA

December 2017
Las Vegas, NV

October 2017
Hanover, MD

August 2017

Las Vegas, NV

January 2017
Las Vegas, NV

December 2016
Las Vegas, NV

September 2016
Hanover, MD

August 2016
Duarte, CA

July 2016
Las Vegas, NV

June 2016
Las Vegas, NV

April 2016
Chicago, IL

January 2016
Las Vegas, NV

November 2015
Las Vegas, NV

September 2015
Washington D.C.

July 2015
Vancouver, B.C.

May 2015
Baltimore, MD

February 2015
Las Vegas, NV

November 2014
Orlando, FL

October 2014
Boston, MA

July 2014
Chicago, IL

May 2014
Denver, CO

April 2014
San Francisco, CA

March 2014
Las Vegas, NV

January 2014
San Antonio, TX

November 2013
Washington D.C.

September 2013
Seattle, WA

July 2013
Chicago, IL

June 2013
San Diego, CA

April 2013
Boston, MA

February 2013
New Orleans, LA

December 2012
Anaheim, CA

September 2012
San Antonio, TX

July 2012
Chicago, IL

May 2012
Las Vegas, NV

March 2012
Long Beach, CA

February 2012
Orlando, FL

Lead Instructor of Hospitalist Procedures CME Course

January 2005 to January 2011

National Procedures Institute - Midland, MI

Creator and Lead Instructor for a Two-Day Hospitalist Procedures CME Course.

Course instructor 4-5 times per year throughout the United States.

Hospitalist Procedures CME Courses:

Topics: informed consent, procedural sedation, lumbar puncture, paracentesis, thoracentesis, tube thoracostomy, needle decompression, mechanical ventilation, arterial line placement, central venous catheter insertion, venous cutdowns, intraosseous line placement, endotracheal intubation, diagnostic ultrasound, and insertion of intermediate airways.

October 2011
Las Vegas, NV

September 2011
Orlando, FL

April 2011
Charleston, SC

March 2011
Park City, UT

September 2010
Las Vegas, NV

May 2010
Las Vegas, NV

April 2010

Charleston, SC

January 2010

Orlando, FL

November 2009

New Orleans, LA

May 2009

Las Vegas, NV

February 2009

Long Beach, CA

November 2008

Charlotte, NC

September 2008

Chicago, IL

August 2008

Denver, CO

June 2008

Las Vegas, NV

April 2008

Myrtle Beach, SC

December 2007

Scottsdale, AZ

September 2007

Chicago, IL

July 2007

Orlando, FL

February 2007

Ventura, CA

October 2006

Midland, MI

September 2006

Myrtle Beach, SC

April 2006

Westlake, CA

February 2006

Santa Fe, NM

November 2005

Tempe, AZ

March 2005

Orlando, FL

Associate Clinical Professor of Family Medicine

June 2005 to June 2022

David Geffen School of Medicine at UCLA - Los Angeles, CA

Supervise family practice residents and direct patient care on internal medicine wards, emergency room, and the ICU; Perform weekly lectures to the medical staff on numerous topics.

Medical ICU Director

October 2004 to July 2013

Ventura County Medical Center - Ventura, CA

Director of critical care services including planning, scheduling and coordination of staff, updating policies and procedures related to the ICU, liaison to nursing staff and respiratory therapy departments. Also, worked as a senior ICU physician managing all aspects of direct patient care in a 9 bed mixed ICU with high acuity patients.

Associate Director of Medicine

February 2004 to July 2013

Ventura County Medical Center - Ventura, CA

Expertly managed all inpatient medical services, including planning, scheduling and coordination of staff, updating policies and procedures referable to inpatient medicine. Hospitalist physician responsible for all aspects of resident education and medical student education of their medicine rotations and for direct patient care.

Family Physician

July 1998 to January 2003

Ventura County Medical Center - Ventura, CA

Hospitalist responsible for resident and medical student education on the medicine service and for direct patient care for patients assigned to me, including admission to the hospital and discharge from the hospital. Responsibilities included night and weekend medicine call.

Attending for the Department of Obstetrics and Gynecology responsible for taking night and weekend call for all obstetrical problems. Skills include management of high-risk obstetrical patients, cesarean sections, tubal ligations, and dilatation and curettage.

Ambulatory care family physician seeing up to 12 patients per half day in a family practice clinic

Emergency Physician

January 2011 to Present

Modoc Emergency Physicians – Alturas, CA

Coverage of emergency room at a critical access hospital, Modoc Medical Center. Responsibilities include 24/7 coverage of the emergency department and cross coverage of hospital inpatients at night

Family Physician

January 2003 to February 2004

Mendocino Medical Group - Ukiah, CA

Full-spectrum family practice in a private practice clinic. Responsibilities included ambulatory care family practice clinic, medicine call, and complete obstetrical care of all pregnant patients assigned to my care.

Author and Editorial Board Member

January 2002 to Current

Jones and Bartlett Publishing – Burlington, MA

Author of numerous books for Tarascon Publishing including:

Tarascon Primary Care Pocketbook Editions one, two, three, and four

Tarascon Medical Procedures Pocketbook

Tarascon Hospital Medicine Pocketbook

Tarascon Clinical Review Series: Internal Medicine

Author of numerous Tarascon medical reference cards

Editorial Board Member of the Tarascon Pocket Pharmacopoeia 2004-2015. Responsibilities include the review and editing of book content for this medication prescribing compendium.

Editorial Board Member

October 2005 to January 2013

First Consult - Philadelphia, PA

Editorial board member of the procedures section of First Consult which is a comprehensive online medical database for clinicians. Responsible for the development and review of content within the procedures section of this database.

Editorial Board Member

January 2007 to January 2011

American Academy of Family Practice FP Essentials - Kansas City, MO

Editorial Board Member of a manuscript series responsible for the development and review of high-quality monographs covering all aspects of family medicine. These monographs were accredited as enduring material for CME credit.

Author

January 2011 to 2020

McGraw-Hill Publishing - Philadelphia, PA

Author of Current Practice Guidelines in Primary Care with Daniel Clark, MD and Evan Slater, MD [Years 2012, 2013, 2014, 2015, 2016, 2017, 2018 and 2019]

Author

January 2009 to December 2010

MeisterMed – San Jose, CA

Author of Procedures: Lumbar Puncture iPhone App

Author of Procedures: Subclavian Line iPhone App

Author of Procedures: Hospital Collection iPhone App

Expert Reviewer

January 2006 to Current

Medical Board of California – Sacramento, CA

Expert Peer Reviewer for the Medical Board of California. Responsibilities include thorough case reviews to assess whether there were any deviations from the standard of care by physicians examined in these cases.

Fundamentals of Critical Care Support (FCCS) Instructor

November 2019 – Present

Instructor for 1-2 FCCS courses per year. Responsibilities include lecturing on Oxygen and Acid-Base Balance including a discussion about shock management, methods to augment oxygen delivery, assessing fluid responsiveness and lecturing about life-threatening electrolyte and metabolic disturbances including the management of sodium and potassium disorders and diabetic emergencies. Finally, I have given lectures about mechanical ventilation and have led procedural skills labs in central venous catheter placement and airway management.

Education and Training

FHM: Hospital Medicine, 2015

Society of Hospital Medicine – Philadelphia, PA

Became a Fellow of Hospital Medicine

FAAFP: Family Medicine, 2005

American Academy of Family Practice - Kansas City, MO

Became a Fellow of the American Academy of Family Practice

Board Certified in Family Medicine: Family Medicine

American Board of Family Medicine - Kansas City, MO

Board certified initially in 1997 and recertified in 2004, 2011 and 2021.

Fellowship in Obstetrics and Gynecology: Obstetrics Fellowship, 1998

Ventura Family Medicine Residency - Ventura, CA

Completed a fellowship in Obstetrics and Gynecology through the Ventura Family Medicine Residency program. Skills obtained include management of high-risk obstetrical patients, cesarean sections, postpartum tubal ligations, dilatation and curettage of the uterus, colposcopy, LEEP procedures, and competence with obstetrical ultrasound.

Family Medicine Residency: Family Medicine, 1997

Ventura Family Medicine Residency - Ventura, CA

Completed my residency in family medicine at the Ventura Family Medicine Residency Program.

M.D.: Medicine, 1994

Yale University School of Medicine - New Haven, CT, USA

Medicine, May, 1994

Yale University School of Medicine - New Haven, CT, USA

GPA: Post Sophomore Surgical Pathology Fellowship, Dept. of Pathology

Post Sophomore Surgical Pathology Fellowship, Dept. of Pathology. Responsibilities include assisting attending pathologists at the Yale University School of Medicine with the pathologic review of specimens received. Fellowship also required an independent research project which was completed and resulted in a publication.

B.A. Degree: Chemistry, June 1988

Williams College - Williamstown, MA

Graduated with Highest Honors in Chemistry

Accomplishments

Honors and Awards Award for Excellence in Teaching

Attending Physician of the Year at Ventura County Medical Center (2009)

Attending Physician of the Year at Ventura County Medical Center (2008)

Attending Physician of the Year at Ventura County Medical Center (2006)

Attending Physician of the Year at Ventura County Medical Center (2000)

American Academy of Family Physicians Award for leadership in family practice (1991)

Williams College Horace C. Clark Fellowship for Graduate Research (1988)

Williams College Leverett Mears Prize in Chemistry (1988)

American Chemical Society Undergraduate Award in Analytical Chemistry (1987)

American Heart Association Summer Science Research Fellowship (1987)

Williams College CRC Award - Outstanding Freshman Chemistry Honors Student (1985)

Publications

Author, Tarascon Primary Care Pocketbook, Jones and Bartlett Publishing, copyright 2004, 2006, 2009, 2015

Author, Tarascon Hospital Medicine Pocketbook, Jones and Bartlett Publishing, copyright 2010

Author, Tarascon Medical Procedures Pocketbook, Jones and Bartlett Publishing, copyright 2011

Author, Current Practice Guidelines in Primary Care 2012 (with Daniel S. Clark, M.D. and Evan D. Slater, M.D.), McGraw-Hill, copyright 2012

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Author, Current Practice Guidelines in Primary Care 2018 (with Jacob David, M.D. and Evan D. Slater, M.D.), McGraw-Hill, copyright 2018

Author, Current Practice Guidelines in Primary Care 2019 (with Jacob David, M.D.), McGraw-Hill, copyright 2019

Author, Tarascon Clinical Review Series: Internal Medicine, Jones and Bartlett Publishing, copyright 2013

Editor, Haymarket Medical Education Enduring Activity: Chest Drainage as a Therapeutic Intervention: Getting Back to Basics. October 31, 2018.

Editor, AAFP CME Bulletin: Gout and Hyperuricemia, November 2009; Vol. 8 (No. 2): 1-5.

Editor, AAFP CME Bulletin: Prevention of Secondary Stroke/Transient Ischemic Attack, August 2008; Vol. 7 (No. 5): 1-6.

National Procedures Institute Hospitalist Procedures DVD Collections 1 and 2, 2005

“Respiratory Emergencies” monograph (authored with Mindy A. Smith, M.D., Heidi Chumley, M.D., and S. Lindsey Clarke, M.D.), FP Essentials 368, January 2010.

“Advances in Hospital Medicine” monograph (authored with Daniel Clark, MD), FP Essentials 331, December, 2006.

“Acute Chest Pain: when is it life-threatening” (authored with Daniel Clark, MD and Robert Dachs), *Emergency Medicine*. 2006; 38 (10): 20-31.

“Acute Chest Pain: when is it life-threatening” (authored with Daniel Clark, MD and Robert Dachs), *Urgent Care*. 2006; 1 (2): 20-30.

“Acute Stroke” monograph (authored with Daniel Clark, MD), FP Essentials, FP Essentials 339, August, 2007

Chest Pain Chapter of “Signs and Symptoms in Family Medicine: A Literature-based Approach, Elsevier publishing, copyright 2012”

Hospitalist Procedures Section Editor, Procedures for Primary Care Physicians, 3rd Edition by Pfenninger, JL and Fowler, GC. St. Louis: Elsevier, 2011.

Procedures: Hospital Collection iPhone App: MeisterMed, 2010

“Synthesis and Characterization of an Irreversible Ligand for Brain Receptors to Psychotomimetic Opiates: Differentiation of Sigma-type and Phenylcyclidine Receptors”
(authored with Joanne T. Adams, Peter M. Teal, Mark Sonders, Michael W. Schertz, John F.W. Keana, and Eckard Weber) *European Journal of Pharmacology*, Vol. 142, Issue #1, pp. 61-71 (1987)

“A3’ Splice Site Binding Sequence Within The Catalytic Core of a Group I Intron”
(authored with William R. Burfeind, Judith L. King and John M. Burke, *Nature*, Vol. 344, No. 6261, pp. 80-82 (1990)

Transforming Growth Factor B1 Induction is Associated with Transforming Growth Factors B2 and B3 Down – Modulation in 12-O-Tetradecanoylphorbol – 13 – acetate-induced Skin Hyperplasia” (authored with Ferdinando DiCunto, Kathleen C. Flanders, Caterina Missero, and G. Paolo Dotto, *Cancer Research*, Vol. 53, pp. 5517-5522 (1993)

Skills

Cesarean sections, postpartum tubal ligations, uterine dilatation and curettage, vaginal deliveries, vasectomy, colposcopy, endotracheal intubation, video laryngoscopy, tube thoracostomy, needle thoracostomy, central venous catheter insertion, intraosseous lines, lumbar puncture, bone marrow biopsies, intrathecal anesthesia, obstetrical ultrasound, amniocentesis, thoracentesis, paracentesis, arterial line insertion, pulmonary artery catheter insertion, pericardiocentesis, ventilator management, bronchoscopy, procedural sedation, Dobhoff tube placement, ultrasound-guidance for vascular, chest, abdominal procedures and Point-of-care ultrasound examinations.

ACLS instructor

FCCS instructor

Professional Affiliations

Phi Beta Kappa
Sigma Xi
American Academy of Family Physicians
California Academy of Family Physicians
Society of Hospital Medicine
Society of Critical Care Medicine

Committees and Positions

Chief of the Medical Staff (2009-2010)
Chief-elect of the Medical Staff (2008)
Secretary of the Medical Staff (2007)
ICU Committee, Ventura County Medical Center (2004-present)
Medicine Committee, Ventura County Medical Center (1998-present)
Family Practice Committee, Ventura County Medical Center (1998-2016)
- Chairman 2005
Library Committee, Ventura County Medical Center (2006-2018)
- Chairman, 2006-2018
Credentials Committee, Ventura County Medical Center (2007-2018)

Code Blue committee, Ventura County Medical Center (2014-2019)
Chair Hospitalist committee, Ventura County Medical Center (2013-present)

Certifications

Fellow of Hospital Medicine (certified 2014)
Fellow of American Academy of Family Practice (certified 2005)
Advanced Cardiac Life Support Instructor (since 2004)
Fundamentals of Critical Support Instructor (since 2019)
Advanced Trauma Life Support

Interests

Basketball, tennis, hiking, kayaking, fishing, backpacking, spending time with family
Married (wife Gina, daughter Sophia)