

Kimberly Brooks PsyD
Clinical Psychologist License # PSY34339

EDUCATION

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| The Chicago School of Professional Psychology | Irvine, CA |
| Doctoral of Psychology, Applied Clinical Psychology | January 2016-August 2018 |
| Pepperdine University | Irvine/West LA, CA |
| Master of Arts, Clinical Psychology | April 2013-March 2015 |
| Texas Christian University | Fort Worth, TX |
| Bachelor of Science, Psychology | August 1997-December 1999 |

PROFESSIONAL CLINICAL EXPERIENCE

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| Mindful Wellness Center (MWC) | Irvine, CA |
| Registered Psychological Associate | September 2022-January 2023 |

- Provided both virtual and in-office psychotherapy to children, adolescents, and adults using empirically based methods.
- Conducted Intakes for both therapy and assessment clients.
- Conducted psychological assessments and provided feedback to clients.
- Completed progress notes immediately following each therapy session, utilizing an electronic health record system.
- Completed requested disability forms, court letters, correspondence to clients and attorneys.
- Administered psychological assessments to individuals to determine appropriate diagnoses. Wrote assessment reports detailing background history, testing results, diagnoses, interpretations, and treatment recommendations for clients. Provided clients with appropriate referrals if needed. Conducted feedback sessions to clients and/or their legal guardians that involved reviewing testing reports, providing referrals and recommendations, and ensuring understanding of information discussed.

Psychology Assessment Resource Center (PARC)

Rocklin, CA

Registered Psychological Associate

January 2022-August 2022

- Provided both virtual and in-office individual psychotherapy to children, adolescents, and adults using empirically based methods.
- Reviewed materials for forensic cases in order to evaluate, conducted psychological assessments, and assess accordingly to write a thorough forensic report.
- Administered psychological assessments to individuals to determine appropriate diagnoses. Wrote assessment reports detailing background history, testing results, diagnoses, interpretations, and treatment recommendations for clients. Provided clients with appropriate referrals if needed. Conducted feedback sessions to clients and/or their legal guardians that involved reviewing testing reports, providing referrals and recommendations, and ensuring understanding of information discussed.

California State Prison Sacramento (CSP-SAC)

Waivered Staff Psychologist

March 2021-August 2022

- Provided crisis assessment and intervention, including evaluation and assessment for suicidal ideation, homicidal ideation, and grave disability.
- Collaborated with multiple disciplinary teams to implement appropriate methods of care.
- Activated Crisis Intervention Team (CIT) to evaluate individuals in distress for grave disability, suicidal ideation, and homicidal ideations.
- Trained multiple disciplinary teams on use of Crisis Intervention Team (CIT).
- Assisted in writing local policy for Crisis Intervention Team (CIT).

California State Prison Los Angeles County (CSP-LAC)

Waivered Staff Psychologist

March 2020-March 2021

- Established treatment alliances with clients presenting with varied problems and levels of psychopathology, many of whom come from diverse social-economic and cultural backgrounds to provide individual and group therapy.
- Independently developed case conceptualizations and interventions that are scientifically grounded and specifically indicated to treat each particular case and context...
- Provided crisis assessment and intervention, including evaluation and assessment for suicidal ideation, homicidal ideation and grave disability; provided follow-ups for inmates returning from acute crisis care and Psychiatric Inpatient Program.
- Completed weekly and monthly progress reports, integrative treatment plans, and suicide risk evaluations.
- Collaborated and consulted with other disciplines (custody, recreation therapist, psychiatry, and medical personnel) in treatment intervention efforts, as well as effectively participate in interdisciplinary treatment teams.
- Demonstrated an understanding of clinical theory as it applies to the choice of scientifically grounded treatment modalities/ interventions.

- Practiced verbal interventions and de-escalation techniques to mitigate potentially hostile behaviors.
- Facilitated group therapy in Administrative Segregation Unit

California Institute for Women (CIW)

Waivered Staff Psychologist

April 2019-November 2019

- Established treatment alliances with clients presenting with varied problems and levels of psychopathology, many of whom come from diverse social-economic and cultural backgrounds to provide individual and group therapy.
- Independently developed case conceptualizations and interventions that are scientifically grounded and specifically indicated to treat each particular case and context...
- Provided crisis assessment and intervention, including evaluation and assessment for suicidal ideation, homicidal ideation and grave disability; provided follow-ups for inmates returning from acute crisis care and Psychiatric Inpatient Program.
- Completed weekly and monthly progress reports, integrative treatment plans, and suicide risk evaluations.
- Collaborated and consulted with other disciplines (custody, recreation therapist, psychiatry, and medical personnel) in treatment intervention efforts, as well as effectively participate in interdisciplinary treatment teams.
- Demonstrated an understanding of clinical theory as it applies to the choice of scientifically grounded treatment modalities/ interventions.
- Practiced verbal interventions and de-escalation techniques to mitigate potentially hostile behaviors.
- Developed program to improve group participation in Short Term Restrictive Housing/Long Term Restrictive Housing (STRH/LTRH).
- Facilitated group therapy in STRH/LTRH

Spero Psychological Services

Psychological Assistant

December 2018-July 2019

- Responsible for writing initial intakes, consent signings, and well administrating the Abel.
- Facilitate sex offender treatment groups and individual sessions, along with corresponding documentation.
- Follow the Containment Model and the Risk-Need-Responsibility principle.

TRAINING EXPERIENCE

California State Prison-Sacramento (CSP-SAC)

Pre-Doctoral Clinical Psychology Intern

August 2017-August 2018

- Establish treatment alliances with clients presenting with varied problems and levels of psychopathology, many of whom come from diverse social-economic and cultural backgrounds to provide individual and group therapy.
- Independently develop case conceptualizations and interventions that are scientifically grounded and specifically indicated to treat each particular case and context...
- Provided crisis assessment and intervention, including evaluation and assessment for suicidal ideation, homicidal ideation and grave disability; provide follow-ups for inmates returning from acute crisis care and Department of State Hospitals.
- Completed weekly and monthly progress reports, integrative treatment plans, and suicide risk evaluations.
- Collaborated and consulted with other disciplines (custody, recreation therapist, psychiatry, and medical personnel) in treatment intervention efforts, as well as effectively participate in interdisciplinary treatment teams.
- Participated in weekly didactic training, high risk team meetings, individual and group supervision.
- Demonstrated an understanding of clinical theory as it applies to the choice of scientifically grounded treatment modalities/ interventions.
- Conducted psychological assessment testing and reports for diagnostic clarification and cognitive functioning, including intelligence, personality, projective, and cognitive measures, as well as provide integrative reports of findings.
- Practiced verbal interventions and de-escalation techniques to mitigate potentially hostile behaviors.

The Chicago School of Professional Psychology Counseling Center*Practicum*

August 2016-July 2017

- Conducted Intakes with new clients.
- Provided psychotherapy.
- Conducted clinical interviews and psychological assessments (Cognitive, Achievement, Personality, and Behavioral)
- Wrote integrative psychological reports and provided client feedback.
- Diagnosed clients using the DSM-5
- Presented case studies for collaborative feedback.

The Ludden Group*Practicum*

May 2015-November 2015

- Conducted psychological evaluations for Disability Services
- Administered psychological assessments (Cognitive, Achievement, Behavioral, and Personality)
- Diagnosed clients using the DSM-5

- Wrote psychological reports based on information from clinical interviews and psychological assessments.
- Provided psychotherapy to children, adolescents, adults, and geriatric populations.

PROFESSIONAL EXPERIENCE

Assistant, Dr. Selya QME

October 2012-July 2013

- Wrote psychological reports based on assessments (MMPI and mental status exams)
- Maintained confidentiality of records relating to clients' treatment
- Collaborated with QME psychologist regarding psychological assessments and reports.

CONFERENCES AND WORKSHOPS

Western Psychology Association (WPA) conference 2013 and 2016

Crisis Prevention Intervention 2016

Suicide Risk Assessment 2016

NAMI presenter training 2013

Evolution of Psychotherapy 2013

TECHNOLOGY SKILLS

Microsoft Office: Power point, Excel, Word, Publisher

SPSS

EHRs: Electronic Health Records System

PROFESSIONAL ASSOCIATIONS

PSI CHI National Honor Society

American Psychological Association (APA)