

Curriculum Vitae

Kristen Englehart Rawlett, Ph.D., FNP-BC, FAANP, CNE **Associate Professor of Nursing**

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Summary of Nursing Experience

Professor Rawlett is a Fellow of the American Association of Nurse Practitioners (FAANP), a Board-Certified Family Nurse Practitioner (FNP-BC) and Certified Nurse Educator (CNE) with an active clinical practice. As an Associate Professor, she teaches Nurse Practitioner students and develops nursing curriculum across programs and Chair the Faculty Governance Council. She is a highly regarded Nursing expert in primary care. Expert witness experience includes 40 case reviews as well as deposition and trial testimony experience. Dr. Rawlett has been a Registered Nurse for 26 years and has multiple peer-reviewed publications along with research & educational funding.

Nursing Expert Witness Experience Includes:

Cardiovascular Disease, Lyme Disease, Stem-Cell Therapy, Long-term COVID, Breast Cancer, Fetal Death, Colon Cancer, Rectal Cancer, Myocardial Infarction, Thyroid Storm, Opioids, Cerebral Aneurysm, Gestational Diabetes and more

Clients Include:

US Department of Justice in Colorado and New Jersey, US Department of Justice: Federal Class Action, Optum Health, and Law Firms in Ohio, Pennsylvania, Arizona, Illinois, Michigan, New Jersey, Maryland and more

Professional Experience

Adecco USA Jacksonville, FL

July 2024-present

Family Nurse Practitioner, Board-Certified

Locum Tenens Assignments for Occupational Health and Primary Care Services Nationwide. Perform physical examinations; perform or order diagnostic tests; establish diagnosis; prescribe medications; instruct patients and family members about medical conditions and treatment.

University of Maryland Medical Center Baltimore, MD

February 2022-June 2022

Family Nurse Practitioner, Board-Certified

Substance Abuse Consultation Service: Provide inpatient assessment and referral services along with consultation for physicians on individuals who are identified to potentially have a problem related to substance abuse. Make recommendations for withdrawal management, patient education, referrals resources within the hospital system as well as in the community.

Amergis Staffing (Formerly Maxim Healthcare Group) Dallas, TX September 2021-present

Family Nurse Practitioner, Board-Certified

Locum Tenens Assignments for Occupational Health and Primary Care Services Nationwide. Perform physical examinations; perform or order diagnostic tests; establish diagnosis; prescribe medications; instruct patients and family members about medical conditions and treatment.

KER Nursing and Healthcare Consulting

July 2015-present

Expert Medical Witness

Provide Expert Medical Witness services include case review, written reports, depositions, and trial testimony.

University of Maryland School of Nursing Baltimore, MD

Associate Professor

July 2022-present

Assistant Professor

August 2014-June 2022

Provide doctoral level instruction for Primary and Acute Care Nurse Practitioners across the lifespan in both the classroom & clinical settings. Specific content includes: Clinical management, Evidence-Based Practice, Advanced Pharmacology, Advanced Health Assessment and Clinical Practice Guidelines.

Clinical Instructor

August 2011-August 2014

Direct supervision and instruction of Nurse Practitioner Students in the following clinical settings: Urgent Care, Primary Care, Emergency Department, Long-Term Care and School-Based Community Clinics.

ARS Treatment Center Aberdeen, MD 2014-2021
Family Nurse Practitioner, Board-Certified

Obtain patient histories and performing physical examinations. Development and implementation of a treatment plan in accordance with written clinical practice guidelines and protocols. Monitor the effectiveness of therapeutic interventions. Coordinate care and make referrals when appropriate. Review all laboratory results, as well as all medical documentation from other care providers

Towson University Towson, MD 2008-2011
Visiting Instructor

West Cecil Health Center Conowingo, MD 2008-2011
Family Nurse Practitioner, Board-Certified

Work collaboratively with Physicians to provide a variety of primary care services including health promotion, injury and illness prevention, diagnosis, treatment and monitoring of commonly encountered health problems and injuries, monitoring of stable chronic health problems, and community development and advocacy. Perform testing, referral to physicians and specialists as needed. These services were provided within a holistic, patient care-centered framework to patients of all ages.

Arizona State University Phoenix, AZ 2000-2003
Faculty Associate

Harford Primary Care Bel Air, MD 2003-2008
Family Nurse Practitioner, Board-Certified

Mountain Park Health Center Phoenix, AZ 2002-2003
Family Nurse Practitioner, Board-Certified

Arizona State University Phoenix, AZ 2000-2002
Family Nurse Practitioner, Board Certified

Palmetto Richland Hospital Columbia, SC 1998-1999
Registered Nurse

Tuomey Regional Medical Center *Sumter, SC*
Registered Nurse

1996-1998

EDUCATION

University of Maryland Baltimore, School of Nursing
PhD: Nursing

December 2014

University of South Carolina: Family Nurse Practitioner
MSN: Family Nurse Practitioner

December 1999

Virginia Commonwealth University
BSN: Nursing

May 1996

LICENSURE

Certified Registered Nurse Practitioner-*Family*, Registered Nurse, #R161818, Maryland
With active CDS and DEA with X waiver licenses

CERTIFICATIONS

08/2023 Certified Nurse Educator- National League for Nursing (current through 2028)
01/2000 Family Nurse Practitioner- Board Certified, American Nurses Credentialing
Center (current through 2025)
1993 Basic Life Support for Health Care Providers, American Heart Association
(current through 2025)

PUBLICATIONS

1. **Rawlett, K.** & Wimberly, A. (in process). Perceived stigma from healthcare providers identified by women taking methadone for substance use disorders.
2. Wimberly, A. & **Rawlett, K.** (in process). Developing a community-informed support group to address stress for women taking methadone for opioid use disorders.
3. Authors (alphabetical): Arends, R., Austin-Ketch, T., Devereaux Melillo, K., Faraz Covelli, A., Hallas, D., Kalmakis, K., Kirkland-Kyhn, H., O'Reilly-Jacob, M., **Rawlett, K.**, Ricciardi, R., Tracy, C*, Chris Winkelman, Christina Whitehouse. AANP Research Agenda, 2023-2028. *JAANP (accepted)*.
4. West, N., Harman, B., **Rawlett, K.**, Short, S., Spanier, A., Matthews, S., Kimble, K., McGehee, C., Ratcliff, M. & Puett, R. (2023). Perceptions of mindfulness practices as a support for individuals managing caregiving responsibilities and chronic disease: A qualitative study. *Chronic Illness (accepted)*.

5. **Rawlett, K. et al** (2023). Sustaining community-engaged public health research during the COVID-19 pandemic and beyond. *Int J Nurs & Health Car Scie* 03(05): 2023-205.
6. Mooney- Doyle, K., Burley, Ludeman, E., & **Rawlett, K.**, (2021). Multifaceted Support Interventions for Siblings of Children with Cancer: A Systematic Review. *Cancer Nursing*: August 16, 2021(online ahead of print).
7. **Rawlett, K.**, N'Dri, L., dos Reis, S., & Sibinga, E. (2019). Perceived Needs for Adolescent Psychological Well-Being in an Urban Community. *Journal of Pediatric Health Care*.
8. **Rawlett, K.**, Friedmann, E., & Thomas, S. (2019). Mindfulness based intervention with an attentional comparison group in at risk adolescents: a pilot randomized trial. *Integrative Medicine Research*, 8 (2), 101-106.
9. Kostas-Polston, E. & **Rawlett, K.** (2018). Part 3 of a four-part series on critical topics identified by the 2015 nurse practitioner research agenda: NP education. *Journal of the American Association of Nurse Practitioners*.
10. **Rawlett, K.** (2017). Adolescent Experience with Mindfulness. *JSM Health Education and Primary Healthcare*, 2 (3), 1032.
11. **Rawlett, K.** & Scrandis, D. (2015). Mindfulness Techniques Implemented with At-Risk Adolescents and Associated Outcomes. *Open Journal of Nursing*, 2015, 9, (Suppl 1: M7) 82-88.
12. **Rawlett, K.** (2014). Journey from self-efficacy to empowerment. *Health Care*, 2, 1-9.
13. **Rawlett, K.** (2011). Analytical Evaluation of the Health Belief Model and the Vulnerable Populations Conceptual Model Applied to a Medically Underserved, Rural Population, *International Journal of Applied Science & Technology*, 1(2): 15-21.

GRANTS

1. **Rawlett, K (Co-PI)** & Wimberly, Alexandra. Community Informed Mindfulness Intervention for Adherence to Medication Assisted Treatment among Women with Opioid Use Disorder
Science to Systems Grant, **\$50,000**, UMB Center for Addiction Research, Education and Service (CARES), 2019. (Extended through June 2021 due to COVID-19 considerations).
2. **Rawlett, K. (Co-PI)** & Njie-Carr, Veronica. *All of Us* Research Program, American Association of Colleges of Nursing (AACN) mini-grant, **\$15,000**, funded by the National Institutes of Health (NIH), 2018.

3. **Rawlett, K.** Effect of a Tailored, Adolescent Developed Mindfulness Intervention, **\$12,000**, funded by the Dean's Research Scholars Program at the University of Maryland, Baltimore 2017-2019.
4. **Rawlett, K.** Effect of a Tailored, Adolescent Developed Mindfulness Intervention, **\$5000**, funded by Center of Excellence in Biology and Behavior Across Lifespan Research Facilitation Award, 2018.
5. **Rawlett, K.** Assessing the Wellbeing of Adolescents Residing in West Baltimore, **\$1000**, funded by Center of Excellence in Biology and Behavior Across Lifespan Research Facilitation Award, 2017.
6. **Rawlett, K.** Assessing the Needs for Psychological Well-being in Adolescents Residing in Southwest Baltimore, **\$5000**, funded by Agency for Healthcare Research & Quality (AHRQ) [1R24HS022135-03] PATIENTS Program Pilot Funding, 2016.

PRESENTATIONS

International

1. **Rawlett, K.** (2018). Precursor to a Tailored Mindfulness Intervention with Adolescents: Engaging the Community (Symposium on Clinical Applications of Mindfulness). *Science from Within: International Conference of Mindfulness*. Amsterdam, Netherlands: International Conference on Mindfulness (ICM).
2. **Rawlett, K.** (2017). Mindfulness Intervention in At-Risk Adolescents: Participant Voices. In *Influencing Global Health Through the Advancement of Nursing Scholarship: Proceedings of the 28th International Research Congress*. Dublin, Ireland: Sigma Theta Tau International.
3. **Rawlett, K.,** Friedmann, E. & Thomas, S. (2015). Effect of a Nurse-Led Mindfulness Intervention with At- Risk Adolescents: A Randomized Control Study. In *Question Locally, Engage Regionally, Apply Globally: Proceedings of the 26th International Research Congress*. San Juan, Puerto Rico: Sigma Theta Tau International.

National

1. Puett, R., Harmon, B.E., West, N., Short, S., **Rawlett, K.**, Spanier, A., Rosenberg Goldstein R., (2022) Adapting Mindfulness-Based Interventions for Diverse Populations Managing Chronic Disease: Perspectives of Mindfulness Practitioners and Non-Practitioners. In Symposium, *Targets for adaptation of mindfulness-based interventions: Culture, modality, and environment*. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
2. **Rawlett, K.,** N'Dri, L., dos Reis, S., & Sibinga, E. (2021). Symposium - Community Public Health Nursing Research: Enhancing Science Inclusivity for Diverse Populations. Eliciting the Perceived Needs of Students, Parents, and Teachers for Psychological Well-

Being in Urban Dwelling Adolescents. *SNRS Annual Conference: Humanizing Care through Technology and Interdisciplinary Collaboration*. Virtual: Southern Nursing Research Society.

3. **Rawlett, K.**, Collins, J. & Waller, M. (2019). Retrospective Review: Community Members and SNRS Members Collaborate During Annual Conferences in Dallas and Atlanta. *SNRS Annual Conference: Imagining the future through nursing research and innovation*. Orlando, Florida: Southern Nursing Research Society.
4. **Rawlett, K.** (2018). Stress Management Webinar. American Nurses Credentialing Center (ANCC) for Continuing Education and Professional Development.
5. Barnes, H., Buchholtz, S., **Rawlett, K.**, Schlepko, T., & Stead, L. (2018). Findings from Four Reviews on Nurse Practitioner Policy, Workforce, Education & Practice Research Priorities. *NP's-Moving Mountains in Health Care: AANP National Conference*. Denver, Colorado: American Association of Nurse Practitioners.
6. **Rawlett, K.** & Scrandis, D. (2015). NP Education Regarding Opioid Dependence and Withdraw in Advanced Health Assessment. In *Charting NP Education: Building Blocks of Excellence: Proceedings of the 41st Annual Meeting of NONPF*. Baltimore, Maryland: National Organization of Nurse Practitioner Faculties.

Regional

1. Dyess, S., Randolph, S. & **Rawlett, K.** (2016). The Legacy of Community Based, Public Health and Health Promotion Nursing Research: Strategies to Ensure Health. In *A Solid Legacy, A Bright Tomorrow: Bridging the Past and Future of Nursing Research, Proceedings of the 30th Annual Conference of SNRS*. Williamsburg, VA: Southern Nursing Research Society.

State/Local

1. **Rawlett, K.**, N'Dri, L., dos Reis, S., & Sibinga, E. (2019). Supporting Adolescent Mental Health in West Baltimore. *Maryland Action Coalition: Creating a Healthier Maryland*. Baltimore, Maryland.
2. **Rawlett, K.**, Chayhitz, M., Papageorgopoulos, N., Awuah, C., Njie-Carr, V. (2019). Engaging Entry Level Nursing Students with Service Learning to Facilitate Change. *UMSON Institute for Educators Spring Conference, Change: The New Reality*. Baltimore, Maryland.

POSTERS

International

1. **Rawlett, K.** (2011). Analytical Evaluation of the Health Belief Model and the Vulnerable Populations Conceptual Model Applied to a Medically Underserved, Rural Population. In 22nd Annual Sigma Theta Tau International Research Congress/ 2nd Annual World Academy of Nursing: Cancun, Mexico.

State/Local

1. **Rawlett, K.**, Friedmann, E, & Thomas, S. (2014). Effect of a Nurse led intervention in at-risk adolescents. Graduate Research Conference at University of Maryland, Baltimore.
2. **Rawlett, K.** (2011). Analytical Evaluation of the Health Belief Model and the Vulnerable Populations Conceptual Model Applied to a Medically Underserved, Rural Population. Towson University College of Health Professions Faculty Scholarship Day, Towson, MD.

PROFESSIONAL MEMBERSHIPS

2013-Present National Organization of Nurse Practitioner Faculty (NONPF)
2010-Present Nurse Practitioner Association of Maryland (NPAM)
2005- Present American Academy of Nurse Practitioners (AANP)
1999-Present Sigma Theta Tau, International (STTI)

AWARDS & HONORS

2021 Fellow-Nurse Leadership Institute (Maryland Higher Education Commission)
2020 Fellow-American Association of Nurse Practitioners
2017 Sigma Theta Tau Scholarly Presentation/Travel Award: \$400
2017-19 Dean's Research Scholar (Competitive Award): \$12,000 & reduced workload
2016 Maryland Higher Education Commission Nurse Educator Doctoral Grant: \$5000
2015 Sigma Theta Tau Scholarly Presentation/Travel Award: \$400
2011 Maryland Higher Education Commission New Nurse Faculty Fellowship: \$20,000
2010-2014 Sara A. Whitehurst Scholarship (Traineeship)

INVITED SPEAKER

2017 Leadership in planning & Speaker for SNRS Inaugural Community Town Hall: A Bridge to Engage Community Members & Researchers Event
2016 Panel member for inaugural AANP Network for Research Shark Tank Event at the 2016 National Conference in San Antonio.
2011 Towson Spark Podium Presentation: Health Disparities. Sponsored by the Office of the Provost, Towson University.
2008 Faculty Presenter: Improving Diabetes Outcomes through Better Patient Communication. Patient Care Network, Reston, Virginia.
2008 LPGA Educator Migraines: Havre de Grace, Maryland
2001 Invited keynote speaker for Zonta International monthly meeting

ADDITIONAL EXPERIENCE & SERVICE-RELATED ACTIVITIES

University of Maryland, Baltimore

- 2021-2022 Faculty Council-**Chair Elect**
- 2021-2022 Governance Council
- 2021-2022 Academic and Student Affairs Council
- 2021-2022 Mentor for iConsultancy: Nursing Project Team, College of Information Science, University of Maryland, College Park
- 2020-2021 DNP Curriculum Committee Member
- 2019-2020 Family/Community Health Representative on Faculty Council
- 2018 Member, Search Committee: Family Community Health Department Chair
- 2017-2019 Member, Judicial Committee: University of Maryland School of Nursing
- 2017-2019 Digital Committee Co-Chair Pi Chapter, Sigma Theta Tau International
- 2017 Faculty Presenter: Empowering Students to End the Cycle of Addiction, IPE/ Interdisciplinary Training & Case Study on Opioid Overdose.
- 2015-present Associate Member: University of Maryland, Baltimore Graduate School
- 2013-2014 Secretary Faculty Council, UM School of Nursing
- 2008-2009 Vice President Iota Epsilon Chapter, Sigma Theta Tau International

Maryland & Baltimore Area

- 2020-present **Appointed by Governor Larry Hogan:** Maryland State Children's Environmental Health & Protection Advisory Council
- 2019-2020 Advisory Board Member, Maryland Responds, MD Department of Health
- 2018-present Ready Responder (Level 2), Maryland Responds Medical Reserve Corps
- 2017 Career Day, Trinity Lutheran Middle School
- 2008 Medical Support Volunteer, Living Christmas Tree Program

Nursing Profession

- 2021-present Manuscript Reviewer, Yale Journal of Biology and Medicine
- 2020-present Manuscript Reviewer, Journal of Child & Family Studies
- 2020-present Fellow of AANP
- 2019-2021 Chair AANP Research Committee
- 2017-Present Manuscript Reviewer, Mindfulness
- 2016-2018 Community/Public Health Research Interest Group Co-chair, Southern Nursing Research Society
- 2016-2017 Co-chair of the Community/Public Health Research Interest Group, Southern Nursing Research Society
- 2016-Present American Association of Nurse Practitioners Research Committee
- 2016 American Association of Nurse Practitioners Research Advisory Group Member (competitive selection)
- 2014-Present Manuscript Reviewer, Journal of Psychosomatic Research
- 2013-Present Manuscript Reviewer, Journal of Professional Nursing
- 2009 Warrior Forge Nurse Educator's Embedded Training with R.O.T.C.: Ft. Lewis, WA