



REBEKAH R. HERRMANN, R.N., VWCN, CFPS, CCRP

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Nursing Home and Rehab Nurse Leader. Clinical experience as Director of Nursing, Assistant Director of Nursing and Floor Nurse. Wound care certified. Fall Prevention Specialist. Extensive clinical research nursing experience at organizations include the Mayo Clinic and Cedars Sinai/UCLA.

PROFESSIONAL EXPERIENCE

Pathway Health Services, Lino Lake, MN December 2020-Present
Interim Director of Nursing - for those skilled nursing facilities requiring interim Director of Nursing services, or assistance with survey preparedness, or mentoring of new Directors of Nursing to a Skilled Nursing Facility.

Edenbrook of Rochester, Rochester, MN March 2020-December 2020
Director of Nursing 81-bed skilled nursing facility.

Whitewater Nursing Home, St Charles, MN June 2019-January 2020
Director of Nursing 45-bed skilled nursing facility.

Madonna Towers, Rochester, MN January 2018-May 2019
Assistant Director of Nursing 56-bed Benedictine facility for both long term and rehabilitation care. Recognized in the top 10% of the nation for customer service satisfaction excellence.

VA Medical Center, Minneapolis, MN March 2014-December 2017
RN Clinical Research Coordinator (CRC), Cardiology Research One of the largest and most active research programs in the VA health care system. The research program is affiliated with the University of Minnesota.

Mayo Clinic Cardiovascular Research Unit, Rochester, MN April 2012-January 2014
Project Coordinator

Mayo Clinic Cardiac Cath Lab Research Unit , Rochester, MN <i>Supervisor, Research Services</i>	June 2010-April 2012
Mayo Clinic Cardiac Cath Lab Research Unit , Rochester, MN <i>Registered Nurse CRC</i>	March 2008-June 2010
Mayo Clinic Oncology Phase I Trials , Rochester, MN <i>Registered Nurse CRC</i>	June 2007-March 2008
Mayo Clinic Endocrine Research Unit , Rochester, MN <i>Registered Nurse CRC</i>	September 2005-June 2007
Mayo Clinic Surgical Research Unit , Rochester, MN <i>Registered Nurse CRC</i>	August 2004-September 2005
Mayo Clinic OB-GYN, Reproductive Endocrinology , Rochester, MN <i>Registered Nurse CRC</i>	November 1984-August 2004

LICENSURE

- **Registered Nurse**, MN License #R 163774-4

CERTIFICATIONS

- **Vohra Wound Care Certification**
- **Certified Fall Prevention Specialist**
- **Certified Clinical Research Professional**
- **NIHSS A-V3** (NIH Stroke Scale)
- **Bronze Mayo Quality Fellow**

AWARD

- **2011 Excellence Through Teamwork**, Mayo Clinic

CONSULTING AND ANCILLARY POSITIONS

St. Isidore of Green Prairie Nursing Home , Plainview, MN	May 2004-March 2014
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Registered Nurse (Supplemental) Long Term Care, and Rehab services, and is licensed for 53 residents by the state of Minnesota. Common duties included assessing residents, administration of medications, wound care, and fall prevention.

Reproductive Medicine & Infertility Associates, Woodbury, MN September 2005-June 2007
RN Administrative Study Coordinator Highly specialized infertility center offering cutting-edge fertility treatments. When the facility made the decision to add research projects to enhance their treatments, I assisted in setting up their research unit.

Cedars Sinai Center for Androgen-Related Research & Discovery, Los Angeles January 2010-July 2010
RN Study Coordinator Consultant

UCLA, Department of OBGYN, Tissue Procurement Program, Los Angeles, August 2011-September 2012
RN Study Coordinator Consultant

EDUCATION

ADN, Rochester Community and Technical College, Rochester, MN 1997-2004

BIBLIOGRAPHY

Peer-Review Journal Publications

1. Nguyen J, **Herrmann RR**, Garcia SA. *Preventing perioperative cardiac complications*. Minnesota Physician, March 2017, No. 12: 14-19
2. Garcia SA, Rector TS, Zakharova M, **Herrmann RR**, Adabag S, Bertog S, Sandoval Y, Santilli S, Brilakis ES, McFalls EO, PhD. *Cardiac Remote Ischemic Preconditioning Prior to Elective Vascular Surgery (CRIPES): A Prospective, Randomized, Sham-Controlled Phase II Clinical Trial*. Published 29 Sep 2016 <https://doi.org/10.1161/JAHA.116.003916> Journal of the American Heart Association. 2016;5:e003916
3. Berger PB, **Herrmann RR**, Dumesic DA. *The effect of estrogen replacement therapy on total plasma homocysteine in healthy postmenopausal women*. Mayo Clin Proc 2000 Jan; 75: 18- 23.
4. Berger PB, **Herrmann RR**, Dumesic DA. *Homocysteine after estrogen replacement therapy*. Menopause Digest 2000, 12 (5): 16-7.
5. Dumesic DA, Abbott DH, Eisner JR, **Herrmann RR**, Reed JE, Welch TJ, Jensen MD. *Pituitary desensitization to gonadotropin-releasing hormone increases abdominal adiposity in hyperandrogenic anovulatory women*. Fert Steril 1998; 70: 94-101.
6. Dumesic DA, **Herrmann RR**, O'Brian AM. *Estimated prevalence of undiagnosed glucose intolerance from hyperandrogenic innovation among women requesting electrolysis*. Int J Fertil, 42 (4), 1997, p. 255-260.

7. Field CS, **Herrmann RR**, Zinsmeister AR, Riggs BL. *Effects of long-term transdermal administration of estradiol on serum lipids*. Mayo Clin Proc 1998 Aug; 73(8): 735-738.

Peer-Review Abstracts

1. Dumesic DA, Abbott DH, Eisner JR, **Herrmann RR**, Welch TJ, Reed JE, Jensen MD. *Androgen Excess inhibits accumulation of abdominal fat in women with hyperandrogenic anovulation*. Fertility & Sterility Supplement S73, 1997(Abstract 0-147).
2. Dumesic DA, Abbott DH, Eisner JR, **Herrmann RR**, Welch TJ, Reed JE, Jensen MD. *Pituitary desensitization to Gonadotropin Releasing-Hormone Increases Abdominal Adiposity in Hyperandrogenic Anovulatory Women*. American Society of Reproductive Medicine 1997 Annual Meeting, Cincinnati Ohio, October 22, 1997 (Abstract 0-147).
3. Dumesic DA, **Herrmann RR**, O'Brian A. *The Role of electrologists in promoting preventive health care for hirsute women suspected of hyperandrogenic chronic anovulation (HCA)*.

Peer-Review Poster Presentations

1. Garcia, Santiago; Rector, Thomas; Zakharova, Marina; **Herrmann, Rebekah**; Adabag, Selcuk; Bertog, Stefan; Sandoval, Yard; Santilli, Steven; Brilakis, Emmanouil; McFalls, Edward. *Cardiac Remote Ischemic Preconditioning Prior to Elective Vascular Surgery (CRIPES): A Prospective, Randomized, Sham-Controlled Phase II Clinical Trial*. Nurses Research Week, Minneapolis VAMC, May 8-11, 2017. **AWARD: Best Patient Safety Approach**
2. Thompson, Katie; Johnson, Debra; Meyeraan, Tacy; **Herrmann, Rebekah**: VA Research Nurse: *The Key to Successful Research*. Nurses Research Week, Minneapolis VAMC, May 16-20, 2016
3. **Herrmann, Rebekah**, Williams, Hattie; Berg, Matthew; McFalls, Edward; Adabag, Selcuk; Garcia, Santiago: VA COOPERATIVE STUDY # 578, *Prevention of Serious Adverse Events Following Angiography: PRESERVE*. Nurses Research Day, Minneapolis VAMC, May 5, 2015
4. **Herrmann RR**, Doty, DM. *The HemOnc Nurse: In the Pivotal Role to Expedite or Hinder Cancer Drug Approval*. Poster presentation (P-45), 2008 Mayo Nurses' Poster Fair: Nursing Professionalism: Accountability and Image

MISCELLANEOUS PROFESSIONAL ACTIVITIES

- **Hand Hygiene Committee**, Minneapolis VAMC, 2017 Surveyed staff on different nursing units for proper hand hygiene. Conducted in services on proper hand hygiene for staff.
- **Research RN Mentor**: The RN Transition to Practice Program. Minneapolis VAMC, 2015 - 2017
- **NARC Inspector**, Minneapolis VAMC, August, 2014 – June 2015 Narcotic Inspector. Reconciled medical records against narcotic dispensing. Immediately reported any discrepancies to the appropriate authority.
- **Study Coordinator Orientee Trainer**, Mayo Clinic Cardiac Cath. Lab . 2009 – 2010

- **GCRC Fellows Orientation**, Mayo Clinic, Speaker, 2005 – 2007 Spoke with research fellows regarding the steps necessary to successfully submit a research grant to the Institutional Review Board.
- **Mayo Clinic Clinical Research Administrative Assistants, Advisor**, 2000 – 2008