

**Ricardo Pocurull, MD, FACR  
BC Rheumatology ABIM, NBPAS  
BC Internal Medicine NBPAS**



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**SUMMARY**

With over 25 years of clinical experience in Clinical Rheumatology, I am a seasoned expert in my field, now stepping into the role of expert witness. I have maintained board certification since 2000.

I've owned a successful private practice since 2002. My clinical expertise spans Fibromyalgia, Rheumatoid Arthritis, Gout, Psoriatic Arthritis, Osteoarthritis, Lupus, and Osteoporosis. With a special focus on biologics and Early Arthritis management.

I've enhanced my skills through SEAK's expert witness training, preparing me to offer insightful, evidence-based testimony. This training combined with nuanced, clinical acumen has prepared me well for this field. Alongside my practice, I serve as an Associate Clinical Professor and volunteer at a local community clinic. These activities keep me deeply connected to both clinical practice and community health needs.

**PROFESSIONAL EXPERIENCE**

**August 2002 - Present**

Arthritis & Osteoporosis Clinic of Brazos Valley - Rheumatologist and Founder, Owner

- Manage conditions within my field, mainly Rheumatoid Arthritis, Osteoporosis, Osteoarthritis, Fibromyalgia, Psoriatic Arthritis, Gout, Lupus and others
- Expert Level Musculoskeletal Ultrasound since 2006
- Supervise office manager and billing department
- Supervise Infusion Services within premises

**2009 - Present**

Associate Clinical Professor Texas A&M University

Preceptor for Medical Students and Residents in clinical rotation

Teach Students and Residents clinical aspects of diseases and conditions within the fields of Internal Medicine and Rheumatology

**December 2015- March 2024**

Artisan's Rejuvenation Med Spa

Co-owner, Master Level Aesthetic Injector, Medical Director

Business Closed 2024 – Retirement from the field

**August 2000 - August 2002**

Rheumatic Disease Clinic of Houston - Private Practice Clinical Rheumatologist,  
Associate. Business Closed

June 2000 - August 2000

University of Miami Urgent Care - Staff Physician

**August 1988 – June 1991**

Jhoon Rhee Institute of Karate, Washington, DC – Part Time Karate Instructor

**TRAINING AND EDUCATION**

**July 1998 – June 2000**

University of Miami School of Medicine, Miami Fl – Fellowship in Rheumatology  
Under Dr. Roy Altman

Supervisor Dr. Carlos Lozada

**July 1995-June 1998**

Baylor College of Medicine, Houston, Tx – Internship and Residency in Internal  
Medicine

Dr Edward Lynch - Residency Director

**Graduated May 1995**

College of Medicine, Tampa Fl – Medical Doctor  
Outstanding Public Sector Medicine Program Award  
Honors Acting Internship

**Graduated August 1991**

University, Washington DC – Bachelor of Arts  
Major Concentration Psychology, Minor Biology

**Graduated May 1987**

Military Academy, Harlingen, Tx – High School Diploma

**CERTIFICATIONS**

Texas Medical License – Originally 1998 – K2776

DEA License – Number available upon request

Florida Medical License – 1999-2000 – expired

Rheumatology LKA – 2021 – Present

Rheumatology Maintenance of Certification Exam 2011

EULAR Expert Musculoskeletal Training, July 2006

International Osteoporosis Foundation Densitometry Certification, 2006 (expired)

Rheumatology Board Certification Exam 2001

Internal Medicine Board Certification 1999

USMLE Step 3 Exam 1996 passed

USMLE Step 2 Exam 1993 passed

USMLE Step 1 Exam 1992 passed

**Other Certifications:**

Pia Mellody's Boundary Workshop Training, The Meadows, Arizona - August 2010, August 2011

Pia Mellody's Post Induction Therapy Training, The Meadows, Arizona – Aug 2009 and April 2011

**RESEARCH AND PUBLICATIONS**

**Industry Sponsored Studies** -Study site closed due to COVID @ Fall 2020

Principal Investigator AOCBV - Janseen CNTO148art4011. 2019-2020  
Study of the Safety and Efficacy of Golimumab (CNTO 148) in Subjects With Active Rheumatoid Arthritis Previously Treated With Biologic Anti-TNF $\alpha$  Agent(s).

Principal Investigator AOCBV - Abbvie M15-555A 2019- 2020, Phase 3, Randomized, Double-Blind Study Comparing Upadacitinib (ABT-494) Monotherapy to Methotrexate (MTX) in Subjects with Moderately to Severely Active Rheumatoid Arthritis with Inadequate Response to MTX

Principal Investigator AOCBV - Abbvie M13- 542. 2019-2020, Phase 3 clinical study comparing Upadacitinib to placebo in Rheumatoid Arthritis ML 28776

Principal Investigator AOCBV - Eli Lilly I4V-MC-JAJA. 2019-2020. Clinical trial comparing safety of baricitinib to NF inhibitors in RA.

Principal Investigator AOCBV. Abbvie m16-063. 2019. A Phase 2 Study to Investigate the Safety and Efficacy of ABBV-105 Given Alone or in Combination with Upadacitinib (ABBV-599 Combination) with a Background of Conventional Synthetic DMARDs in Subjects with Active Rheumatoid Arthritis with Inadequate Response or Intolerance to Biologic DMARDs

Principal Investigator AOCBV. Abbvie M19-944. 2020. M19-944: A Phase 3 Randomized, Placebo-Controlled, Double-Blind Program to Evaluate Efficacy and Safety of Upadacitinib in Adult Subjects with Axial Spondyloarthritis

Principal Investigator AOCBV. GSK 201790. 2019-2020. phase 3, randomized, multicenter, double blind study to assess the safety and efficacy of GSK3196165, in combination with methotrexate (MTX), for the treatment of adult participants with moderate to severe active rheumatoid arthritis (RA) who have had an inadequate response to MTX

Principal Investigator AOCBV. 2019-2020. GSK 202018. A 24-week, Phase 3, Multicenter, Randomized, Double-blind, Efficacy and Safety Study, Comparing GSK3196165 with Placebo and with Sarilumab, in Combination with Conventional Synthetic DMARDs, in Participants with Moderately to Severely Active Rheumatoid Arthritis who have an Inadequate Response to Biological DMARDs and/or Janus Kinase Inhibitors.

Principal Investigator AOCBV. GS-US-431-4566. A Phase 3, Randomized, Double-blind, Placebo-controlled Study to Evaluate the Efficacy and Safety of Filgotinib in Subjects with Active Psoriatic Arthritis Who Have an Inadequate Response or are Intolerant to Biologic DMARD Therapy

Principal Investigator AOCBV. SCIPHER-RA-002/NETWORK-004. 2019-2020. The purpose of the trial is to evaluate the clinical performance of PrismRA™, an investigational blood test that identifies RA patients who will not respond adequately to anti-TNF therapies before they start these drugs.

Principal Investigator AOCBV. HealthCore I4V-MC-JAJD. 2020. - A Randomized Controlled Pragmatic Phase 3b/4 Study of Baricitinib in Patients with Rheumatoid Arthritis.

### **Other Studies and Publications**

Adverse Childhood Experience Questionnaire Scores in Fibromyalgia Patients Compared with General Population 2010 - 2014 – not yet submitted for publication  
Antiphospholipid syndrome in an eight-month-old infant with sickle cell trait. Journal Rheumatology, Volume 41, Issue 6, in June 2002, on pages 697. Pocerull et al

LJP 395 Effect on dsDNA Positive SLE under Elaine Tozman, University of Miami School of Medicine, Miami Florida, 1999-2000

Effect of Glucocorticoid Intra-articular Injections on Dual Xray Absorptiometry Scan of the Knee – Protocol development under Dr. Roy Altman, University of Miami School of Medicine, 1998-2000

Priming of Memory in bilingual individuals under Dr. Paul Fedio, NINDS Summer Fellowship, Bethesda MD, June-September 1992

Differentiation between accidental autoerotic asphyxia and staged Suicide – senior research paper, Under Dr. Anthony Pinozzoto, Georgetown University, 1991

Effect of Dexamethasone and Suranim on Lymphoma Cells – under Dr Carl Freeter, Lombardi Cancer Center, Wahington DC - 1988

### **OTHER ACTIVITIES**

3<sup>rd</sup> Degree Kenpo Black Belt and Part Time Teacher (Sensei) at Montoya's Shorin Kenpo Karate 2006 – present

Boundaries & Beyond Podcast Co-host – discuss issues within relationships as well as parenting

Fellow of the American College of Rheumatology

Texas Medical Association Member

Brazos-Robertson County Medical Association Member

St Joseph's Regional Health Center Alliance Board Member 2003 - 2007

Brazos Valley Physician Organization Board of Managers until 2008

Towerpoint Condominiums Owners Association – member at large 2022-present

Gold Medallion Program – St Joseph's Regional Health Center yearly Seminars – medical lectures to the community (Last Lecture ~ 2012)

KBTX-Pert and Medical Minute – television and internet Segments (last segment ~ 2011)

Alliance for Responsible Citizenship – ARC Circle Member