

# Ryan N. Reed, Ph.D., QME

San Diego, CA

California: PSY35333; Virginia: 0810005632

## EMPLOYMENT

### United States Navy

*June 2012 – Present*

#### **Health Professions Scholarship Program (ENS, O1)**

- Officer Development School (Graduated: 19JUL2013)

#### **Clerkship (ENS, O1)**

- NAVSPECWAR Center, San Diego (12JUN2014 – 26JUL2014)

#### **Clinical Psychology Internship (APA Accredited) (LT, O3)**

- Naval Medical Center Portsmouth (AUG2015-AUG2016)

#### **Post-Doctoral Psychology Fellow (LT, O3)**

- Naval Medical Center San Diego (06SEP2016 – 14FEB2017)

#### **Staff Psychologist, Division Officer (LT, O3)**

- Naval Training Center Branch Clinic, NMCSO (14FEB2017 – 24JUL2017)

#### **SERE (Survival, Evasion, Resistance, Escape) Psychologist (LT, O3)**

- Naval Medicine Readiness Training Command, Rota, Spain (24JUL2017 – 17JUL2020)

#### **OSCAR (Operational Stress Control and Readiness)**

#### **Psychologist (LT, O3)**

- 7<sup>th</sup> Marine Regiment, 1<sup>st</sup> Marine Division; Marine Corps Air Ground Combat Center, Twentynine Palms, CA (17JUL2020 – 01JUL2022). *Fleet Marine Force Qualified Officer.*

#### **Advanced Warrior Toughness Training Performance**

#### **Psychologist (LCDR, O4)**

- Warrior Toughness, Naval Service Support Advanced Training Command, San Diego, CA (01JUL2022 – Present)

### Independent Contractor

#### **Psychologist – Grow Therapy Telehealth (AUG2023-Present)**

#### **Qualified Medical Examiner, State of California, Department**

**Worker's Compensation – Expedient MedicoLegal Services (JUL2024-Present)**

## AREAS OF EXPERTISE

Embedded military psychology; post-traumatic stress disorder; consultation, fitness for duty evaluations, pre/post deployment briefs, psychology of optimal performance; performance enhancement/mental toughness training; human factors issues; sport psychology; psychology of captivity; anxiety disorders; cognitive-behavioral therapy

## EDUCATION

### University of South Dakota (APA Accredited)

Clinical Psychology Ph.D. Program

August 2010 – May 2015

Thesis: *Effects of Posttraumatic Stress Symptom Severity on Attentional Tuning*

Study assessing the effects of combat deployment and civilian trauma on both perceptual and conceptual attention.

Dissertation: *Differential Effects of Ingestion and Taste of Glucose on Self-Control and Intertemporal Decision-Making*

Study assessing the impact of both the taste of glucose and changes in blood glucose levels on self-control and intertemporal decision-making in college students.

#### Publications:

Poster Presentation (AUG 2011, APA, Washington D.C., NIDA Grant) *Self-control, marijuana-related problems, and age of use initiation*

Poster Presentation (AUG 2012, APA, Orlando FL) *How much did you drink on Friday? Comparison of three self-report measures with transdermal alcohol assessment*

Textbook Chapter – Simons, J., Gaher, R., Wray, T.B., Reed, R.N. *College Student Drug Use: Prevalence and Consequences*, Wiley, pp. 3 – 52; 2012

Journal Article – Reed, R.N., Messler, E.C., Coombs, T.E., & Quevillon, R.P. (2013). Social Media use and the acceptability of telepsychological services in rural populations. *Journal of Rural Mental Health, Vol 38*, No. 1, pp. 2-8

Poster Presentation (AUG 2013), APA, Honolulu, HI) *Effects of PTSD symptom severity on attentional tuning*

Journal Article – Wang, X.T., Reed, R.N., Baugh, L.A., & Fercho, K.A. (2018). Resource forecasting: Differential Effects of Glucose Taste and Ingestion on Self-Control and Self-Regulation. *Appetite (121)*, pp. 101-110.

Presentation - *Resilience and Stress Management* Presentation (June 30, 2023; Joint Women's Leadership Symposium, San Diego, CA)

Presentation - *Mindful Applications to Workplace Safety* (APR 24, 2024; 32<sup>nd</sup> Annual Joint Safety and Environmental Professional Development Symposium)

Textbook Chapter – Thrasher, A., James, L.C., O'Donohue, W. *Embedded Behavioral Health in the Military: A Guide for Behavioral Health Officers and Leaders*, Springer, pp. 39-55