

Sandip P Buch
Board Certified Psychiatrist

2N 6th place #15K

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Sandip Buch, MD is a board-certified psychiatrist with over 20 years of experience treating psychiatric conditions, including depression, anxiety, bipolar, schizophrenia, Obsessive Compulsive Disorder (OCD), and Post-Traumatic Stress Disorder (PTSD). He owns a psychiatric practice overseeing over 20 psychiatrists and therapists, and provides guidance to the psychiatrists regarding appropriate psychiatric treatment and documentation. He also cares for adult patients in the New York area.

Dr. Buch has vast and varied experience caring for patients with psychiatric conditions both hospitalized (inpatients) and patients outside of the hospital (outpatients), treating inmates at Rikers Island prison (New York, NY), working in the forensic psychiatry unit of Bellevue hospital (New York, NY), and treating the chronically severely mentally ill for an Assertive Community Treatment (ACT) team (Brooklyn, NY). He has expertise treating adults, adolescents, and children of various socioeconomic statuses in numerous clinical settings with various psychiatric conditions.

Dr. Buch has had the privilege of teaching and presenting to various audiences throughout his career. He explains psychiatric concepts to patients regularly. He has taught medical students and psychiatric residents. He has testified in numerous legal cases. He has explained psychiatric conditions to lay audiences in television and radio appearances and on his YouTube channel. Dr. Buch is ideally suited to communicate complex issues in simple terms with juries.

Work Experience

Skypiatrist Psychiatry PLLC

April 2014-Current

Brooklyn, NY

Founder and owner of this outpatient telepsychiatry company. Oversees a growing practice of 20 psychiatrists and 6 talk therapists. Personally treats adult patients with psychiatric conditions- most commonly depression, anxiety, panic disorders, post-traumatic stress disorder; obsessive-compulsive disorder; bipolar disorder; eating disorders, and schizophrenia.

Ascellus

October 2020-current

St Petersburg, FL

Provides ongoing treatment for workers compensation patients for psychiatric conditions resulting from their injuries- most commonly depression, anxiety and post-traumatic stress disorder.

Post Graduate Center for Mental Health

June 2014-Nov 2019

ACT (Assertive Community Treatment) team

Brooklyn, NY

Psychiatrist for city program treating the severely mentally ill. Made house calls to low functioning patients to do psychiatric evaluations, medication checks and administer medication injections in mentally ill housing and homeless shelters throughout New York City.

Allstar Management of NY

March 2013-June

2015

New York, NY

Conducted IMEs for workers compensation claims.

PATH Medical Clinic

Sept 2009-April

2014

New York, NY

Psychiatrist at an outpatient general medical clinic that consisted of several general medical doctors and physicians assistants. Worked with physicians from several medical fields incorporating psychiatric treatment into their general treatment plan.

Southside Hospital

March 2009-July 2009

Bay Shore, NY

Treated psychiatric patients who were hospitalized.

New York University/Bellevue Hospital

March 2008-March 2009

Faculty Forensic Psychiatrist

New York, New York

Evaluated and treated psychiatric patients who were hospitalized from any of New York City's jails and people arrested in New York City who needed urgent psychiatric evaluations. Testified in hearings and prepared written documentation for court in medication objection hearings and fitness-to-stand trial hearings.

Brooklyn Children's Center

Nov 2007-March 2008

Brooklyn, New York

Treated children and adolescent students attending school at Brooklyn Children's Center.

Alaska Psychiatric Institute July 2007-August 2007
Anchorage, AK
Treated psychiatric hospitalized patients.

Sunset Terrace Family Health Center March 2007-June 2007
Brooklyn, NY
Treated adult patients at a clinic for common psychiatric conditions, most commonly depression, anxiety, panic disorders, post-traumatic stress disorder, obsessive-compulsive disorder, bipolar disorder, eating disorders, and schizophrenia.

Rikers Island Jail July 2006-March 2007
East Elmhurst, NY
*Head Psychiatrist in Intensive Treatment Unit and oversaw a team of 5 psychologists and social workers, which implemented Dialectical Behavioral Therapy on prison population with the goal of decreasing aggressive and self-injurious behaviors.
Managed medication of inmates of different levels of psychiatric illness and aggression/dangerousness throughout the Rikers jail system.*

Education

Lutheran General Hospital July 2002-June 2006
Psychiatry Residency
Park Ridge, IL

Rush Medical College July 1998-June 2002
Doctorate of Medicine (MD)
Rush Medical College
Chicago, IL

Gannon University Aug 1994-May 1998
BS Physics
Erie, PA
Cum Laude

Media

- Quoted as expert psychiatrist Feb 21, 2023
<https://www.singlecare.com/blog/cymbalta-for-anxiety/>
- Quoted as expert in magazine article Sept 23, 2020
<https://greatist.com/live/-treatments-for-teeth-grinding>
- Radio appearance, PRN radio show July 7, 2010
Discussed Dementia
- Television appearance, PRN television show Oct 1, 2009
Discussed depression, anxiety, and bipolar disorder

Publications

- Case report published in Journal of Clinical Psychiatry Feb 2007
describing successful use of Phenelzine in treatment resistant panic disorder.

Accreditation

- Board Certified in Psychiatry and Neurology April, 2009
Recertified April, 2019
American Psychiatric Association current member