

Sarah Malloy | MS, OTR, CCM, CLCP, FIALCP

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Profile

Ms. Malloy brings decades of experience as a rehabilitation professional to her consulting practice as a life care planner and occupational therapist. She possesses unique knowledge of the impact of medical diagnoses on daily living skills and function.

Employment

Malloy Life Care Planning 2019 – present
Certified Life Care Planner
Registered and licensed Occupational Therapist

- Life care planning
- Occupational therapy consultation
- Case reviews for merit

Norwell Visiting Nurses Association and Hospice 2011 - present
Occupational Therapist

- Performed comprehensive home evaluations of adult and older adults with oncology, complex medical, pulmonology, cardiac, orthopedic and neurological diagnoses
- Projected patient’s needs within appropriate scope of practice
- Exposure to CMS rules, regulations and required documentation related to therapy and home-based services
- Provided home health aide supervision and care plan creation on an ongoing basis
- Provided case management services based upon needs assessments and facilitated appropriate referrals as required
- Worked effectively within a multidisciplinary team

Spaulding Hospital Cambridge 2004 - 2013
Occupational Therapist

- Evaluated complex medical patients with a variety of medical diagnoses including cerebral vascular accidents, spinal cord injuries, amputations and acquired brain injuries
- Determined current level of functioning using direct observations and physical assessment
- Accurately completed daily documentation with Meditech computer documentation system
- Effectively worked within a multidisciplinary team

Cross Country Travcorps 2005 - 2007

Occupational Therapist

- Worked with adults and older adults with a variety of diagnoses including neurological, cardiovascular and orthopedic
- Effectively provided direct care and case management services
- Maintained computer based daily/weekly records

Health Pro Management Services

2003 - 2005

Rehabilitation Manager

- Developed and implemented quality assurance projects on a quarterly basis
- Provided direct clinical supervision and mentoring to 15 full time/part time therapists
- Functioned as OT representative within a multidisciplinary team
- Organized and carried out monthly rehabilitation rounds with local physiatrist

Lawrence General Hospital

2000 - 2003

Senior Occupational Therapist

- Created and organized departmental policy and procedure manual
- Provided monthly data reports to track caseload
- Effectively evaluated and treated a full case load of patients
- Participated in multidisciplinary rounds on a weekly basis

Harvard University, Harvard Medical School

2000

Contract Occupational Therapist

- Represented OT as a member of the Gold Standard Team collecting data using MDS-PAC at various inpatient acute rehabilitation facilities across the US including Florida, California, Michigan, Connecticut and Idaho
- Became MDS-PAC and FIM certified
- Compiled data and research via chart review and patient interviews

New England Medical Center

1997 – 2000

Rotating Staff Occupational Therapist

- Provided OT services to both adults and geriatric populations on the inpatient cardiac and orthopedic floors
- Provided OT services to both adults and geriatric populations on the inpatient medical, surgical and cardiac intensive care units
- Completed an OT pediatrics rotation on the pediatric medical floor
- Participated in custom wheelchair clinic and provided written letters of medical necessity
- Developed role for OT in weekly Rheumatology Clinic
- Represented OT on the stroke team with multidisciplinary other members

St. Thomas Psychiatric Hospital

1996- 1997

Staff Occupational Therapist

- Provided mental health OT services to a forensic population on a medium secure psychiatric floor
- Performed comprehensive OT evaluations and treatments to a long-term mental health population
- Organized and led weekly groups including cooking and life skills
- Engaged in regular multidisciplinary team meetings to discuss client's status
- Assisted clients in community re-integration through visits to local establishments

Education

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| Mount Mary University, Milwaukee, Wisconsin Master of Science in Occupational Therapy Milwaukee, Wisconsin | 2020- 2021 |
| Capital University, Columbus, Ohio Law School Post Professional Certificate in Life Care Planning Highest Honors | 2018 – 2019 |
| University of Southern California Ethel Percy Andrus Gerontology Center, Online Course Executive Certificate Program In-Home Modification | 2001 |
| University of Western Ontario, London, Ontario Bachelor of Science in Occupational Therapy Dean's Honor List 1993 and 1995 | 1992 - 1996 |

Licensure

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| Occupational Therapy- Massachusetts license number 5996 | 1997 |
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Board Certifications

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| National Board for Certification in Occupational Therapy certificate number 1012671 | 1997 |
| The Commission for Case Manager Certification certificate number 4240482 | 2018 |
| International Commission on Health Care Certification certificate number 1475 | 2019 |

Certifications

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| UDSMR Functional Independence Measure (FIM) | 2000 |
| Minimum Data Set For Post Acute Care (MDS-PAC) | 2000 |

MoCA (Montreal Cognitive Assessment) 2020

Professional Memberships, Board Positions, and Volunteer Activities

International Association of Rehabilitation Professionals- Northeast Chapter- President Elect 2024 - Present

Rehabilitation and Disability Special Interest Section of AOTA, Mentorship Program (Mentor) 2023-2024

International Association of Rehabilitation Professionals- Northeast Chapter- Member at Large 2023 - 2024

International Academy of Life Care Planners- Sub-Committee Chair for Summit Notes Review & Summit Recording/Committee for Development of a Costing Framework 2023- Present

International Academy of Life Care Planners- Committee for Development of a Costing Framework 2022- Present

American Occupational Therapy Association- AOTA INSPIRE 2023 Fall Call for Papers Abstract Reviewer 2022

American Occupational Therapy Association and The Center for Medicare and Medicaid Innovation- Subject Matter Expert on Occupational Therapy and Case Management 2022

International Academy of Life Care Planners Symposium – Planning Committee 2022

International Association of Rehabilitation Professionals- International Academy of Life Care Planners Section Board- Member at Large June 2021- May 2023

International Association of Rehabilitation Professionals 2019 – Present

International Academy of Life Care Planners 2019 – Present

International Association of Rehabilitation Professionals, Northeast Chapter (previously New England) 2019 - Present

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| American Occupational Therapy Association | 1997 – Present |
| Canadian Occupational Therapy Association | Prior member |
| Massachusetts Association of Occupational Therapy | Prior member |

Awards and Designations

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| Fellow of the International Academy of Life Care Planners – Awarded by the College of Life Care Planning Excellence | 2024 - Present |
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American Occupational Therapy Association - Service Commendation 2023

Publications

Malloy, S., & Brown, S. (2024). Activities of Daily Living Assessment: Encompassing Qualitative and Quantitative Data. *Journal of Life Care Planning*, 22(1), 5-12.

Brown, S., Thompson, A. & Malloy, S. (2024). The role of the occupational therapist in life care planning. In Owen, T., Barros-Bailey, M., & Weed, R. O. (Eds.). *Life care planning and case management across the lifespan* (5th ed.). Routledge.

Preston, K., et al. (2023). Practitioner’s Toolkit: Applying Scope of Practice Standards in Life Care Plans. *Journal of Life Care Planning*, 21(2), 31-35

Barros-Bailey, M., Brown, S., Maxwell, A., Malloy, S., Latham, S., Thompson, A., & Donohoe, E. (2022). Attendant Care Survey Methodology (ACSM): Introducing a costing model. *Journal of Life Care Planning*, 20(1), 5-26.

Malloy, Sarah. What is a Certified Life Care Planner? Do I need one for my case? *Massachusetts Bar Association Section Review*. 2020; January/February: pg. 2

Presentations

2024 Fall Forum & IALCP Symposium. Costing Framework Tool: Update on Progress and Research Findings. Laura Woodard, Caroline Williams, Lisa Busby Thomas, Dana Penilton, Sarah Malloy, Jenn Craigmyle

International Academy of Life Care Planners Symposium, October 2022. Assistive Devices: Low Tech to High Tech. Kirsten Thomas and Sarah Malloy.

Teaching Experience

Baker College Center for Graduate Studies, March 2022. Guest Lecturer. Occupational Therapy and Case Management

The University of Tennessee- Chattanooga, College of Health, Education and Professional Studies, April 2021. Guest Lecturer- Community Based OT, Models of Practice XI: Community

Capital University Law School, Life Care Planner Program, 2020. Productive Aging: The Role of Occupational Therapy

Continuing Education – Available Upon Request