

Sepehr Nowfar, MD, MPH, FACS

Urologic Surgeon

EMPLOYMENT

Feb 2019 – Present	Medical Director, Optum-SCA Downey
Oct 2017 – Present	Utilization Manager Director
Aug 2011 – Present	Genesis Urology Health Partners, Physician Owner

Professional Licensure

Jan 2022 – Present	Qualified Medical Examiner - California
Oct 2020 – Present	Fellow, American College of Surgeons
Feb 2013 – Present	Certified American Board of Urology
Aug 2011 – Present	Fluoroscopy Supervisor's License
Oct 2006 – Present	Physician and Surgeon's License
Jun 2005 – Present	Medical Doctorate and Masters and Public Health

HOSPITAL PRIVILEGES

April 2021 – Present	Whittier Regional Medical Center
Jun 2013 – Present	Los Alamitos Medical Center
Aug 2011 – Present	Centinela Medical Center
	Presbyterian Intercommunity Hospital, Downey
	Lakewood Medical Center
	Cedar's Sinai Medical Center, Marina del Rey

HOSPITAL LEADERSHIP

Aug 2018 – Present	Los Alamitos Medical Center, Medical Review Committee
Aug 2016 – Present	PIH, Downey. Credentialing Review Committee
Sept 2017 – Dec 2019	Leisure World, Seal Beach. Clinical Urologist

EDUCATION

Jul 2010 – Jun 2011	UCSD, Division of Urology, San Diego, CA Urology Chief Resident
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Jul 2006 – Jun 2011	UCSD Division of Urology, San Diego, CA Urology Resident
Oct 2005 – Jun 2006	LAMC Kaiser-Sunset Dept. of Surgery, Los Angeles, CA Preliminary Urology Resident
Jul 2005 – Sep 2005	Tulane University School of Medicine, New Orleans, LA Preliminary Urology Resident
Sep 2001 – Jun 2005	Tulane University School of Medicine, New Orleans, LA Doctor of Medicine
Sep 2000 – Jun 2005	Tulane University School of Medicine, New Orleans, LA Master of Public Health
Aug 1999 – May 2000	Tulane University School of Medicine, New Orleans, LA Anatomy Certification Program Certificate
Sep 1995 – Jun 1999	University of California, Berkeley Bachelor, Molecular & Cellular Biology, with honors
Aug 1991 – Jun 1995	William Howard Taft High School, Tarzana, CA High School Diploma, with honors

RESEARCH

Sept 2017 – Sept 2018	Principal Investigator Aquinox and Interstitial Cystitis (closed 2018)
	Principal Investigator AGX and female stress urinary incontinence
	Principal Investigator Novel B3 agonist and female urge incontinence
Aug 2003 – Dec 2005	Research Assistant; Primary Investigator: Wayne J.G. Hellstrom, MD, FACS Erectile dysfunction and Peyronie's Disease research Dept of Urology. Tulane School of Medicine
Jan 2001 – Sep 2002	Research Assistant; Primary Investigator: Douglas P. Slakey, MD, MPH, FACS Transplant recipients and telemedicine research Dept of Surgery. Tulane School of Medicine
Dec 1999 – Feb 2001	Research Assistant;

Primary Investigator: Steven M. Hill, PhD
Melatonin and the prevention of breast cancer
Dept of Structural Biology. Tulane School of Medicine

EDUCATIONAL EMPLOYMENT

Dec 1999 – Apr 2002	MCAT lecturer, student coordinator Princeton Review, New Orleans, LA
Aug 2000 – Dec 2001	Histology Teaching Assistant Gross Anatomy Teaching Assistant Tulane University School of Medicine, New Orleans, LA

PUBLICATIONS

Nowfar S, Kopp R, Palazzi-Churas K, Derweesh IH, Kane CJ. Initial experience with aspirin use during robotic radical prostatectomy. *J Laparoendosc Adv Surg Tech A*: 2012 Apr; 22(3): 225-9

Nowfar S, Palazzi-Churas K, Chang DC, Sur RL. The relationship of obesity and gender prevalence changes in United States inpatient nephrolithiasis. *Urology*: 2011 Nov; 78(5):1029-33

Nowfar S, Sur RL. Nephrolithiasis: Gender discrepancy gap is narrowing. *Urology Times* March 2011.

Nowfar S, Palazzi-Churras K, Sur R. Obesity, Gender, and Nephrolithiasis: A Review of the Nationwide Inpatient Sample. *Urology* June 2011.

Kendirci M, Usta MF, Matern R, **Nowfar S**, Atug F, Sikka SC, Hellstrom WJG. The impact of intralesional interferon alpha-2b injection therapy on penile blood flow in men with Peyronie's disease. *J Sex Medicine*. 2005 Sept. 2(5):709-715

Kendirci M, **Nowfar S**, Gur S, Jabren GW, Sikka SC, Hellstrom WJG. The relationship between the type of penile abnormality and penile vascular status in patients with Peyronie's Disease. *J Urol*. 2005 Aug;174(2):632-5; discussion 635.

Kendirci M, **Nowfar S**, Hellstrom WJG. The impact of vascular risk factors on erectile function. *Timely Top Med Cardiovasc Dis*. 2005 Apr 1;9:E11.

Kendirci M, **Nowfar S**, Hellstrom WJG. The impact of vascular risk factors on erectile function. *Drugs Today*, 2005 Jan;41(1):65-74 (Review)

Slakey DP, **Nowfar S**. Factors affecting patient-physician communication via the Internet. *J Healthc Inf Manag*. 2004 Winter;18(1):81-85.

Slakey DP, **Nowfar S**. Internet use by a multidisciplinary transplant clinic population. *Transplantation*. 2003 Jan 15;75(1):155-157.

Nowfar S, Teplitzky SR, Melancon K, Kiefer TL, Cheng Q, Dwived PD, Bischoff ED, Moro K, Anderson MB, Dai J, Lai L, Yuan L, Hill SM. Tumor prevention by 9-cis-retinoic acid in the N-nitroso-N-methylurea model of mammary carcinogenesis is potentiated by the pineal hormone melatonin. *Breast Cancer Res Treat*. 2002 Mar;72(1):33-43.

ABSTRACTS AND PRESENTATIONS

Nowfar S, Palazzi-Churras K, Sur R. Obesity, Gender, and Nephrolithiasis: A Review of the Nationwide Inpatient Sample. American Urological Association. San Francisco, CA. June 2010

Nowfar S, Kopp R, Palazzi-Churras K, Derweesh I, Kane CJ. Robotic Assisted Laparoscopic Radical Prostatectomy and Concurrent Aspirin Use. Initial Experience. American Urological Association. San Francisco, CA. June 2010

Nowfar S, Godebu E, Bazzi W, Silberstein J, DiBlasio CJ, Palazzi-Churras K, Cohen S, Mehrazin R, Patterson AL, Kane CJ, Derweesh I. Impact of Non-Ischemic Technique on Intermediate Renal Function after Open Partial Nephrectomy. Western Section American Urological Association. Las Vegas, NV. October 2009.

Nowfar S, Kopp R, Palazzi-Churras K, Derweesh I, Kane CJ. Robotic Assisted Laparoscopic Radical Prostatectomy and Concurrent Aspirin Use. Initial Experience. Western Section American Urological Association. Las Vegas, NV. October 2009.

Nowfar S, Sakamoto K, Acosta-Miranda AM, Will T, Turk TMT. Unique Stone Compositions in Synchronous Bilateral Renal Calculi. Western Section American Urological Association. Las Vegas, NV. October 2009.

Nowfar S, Silberstein J, Dicks B, Kane CJ. Robotic Lymphadenectomy, Techniques and Adequacy. San Diego Urological Association, May 2009. Second place winner.

Im R, **Nowfar S**, Silberstein J, Alagiri M. Ventral Urethral Mobilization and Glanuloplasty: A Simple Technique for Distal Hypospadias Repair. *Moderated Poster Session. The 84th Annual AUA Western Section; October 26th-30th, 2008; Monterey, CA.*

Kendirici M, Matern R, **Nowfar S**, Venable D, Hoing S, McCullough A, Hakim LS, Nehra A, Pryor JL, Templeton LE, Sikka SC, Hellstrom WJG. Single-blind, multicenter, placebo-controlled, parallel study to assess the safety and efficacy of intralesional interferon alpha-2b

in the non-surgical treatment of Peyronie's disease. American Urological Association Conference, San Antonio. May 2005.

Kendirci M, Matern R, **Nowfar S**, Venable D, Hoing S, McCullough A, Hakim LS, Nehra A, Pryor JL, Templeton LE, Sikka SC, Hellstrom WJG. Single-blind, multicenter, placebo-controlled, parallel study to assess the safety and efficacy of intralesional interferon alpha-2b in the non-surgical treatment of Peyronie's disease. Southeastern section of American Urological Association. March 2005.

Kendirci M, **Nowfar S**, Bivalacqua TJ, Gur S, Sikka SC, Hellstrom WJG. Relationship of penile curvature type and penile vascular status in men with Peyronie's Disease. Southeastern section of American Urological Association. March 2005.

Kendirci M, **Nowfar S**, Gur S, Walsh D, Sikka SC, Hellstrom WJG. Relationship of penile curvature type and penile vascular status in men with Peyronie's Disease. International Society for Sexual and Impotence Research, October 17 – 21, 2004. Buenos Aires, Argentina.

Nowfar, S. Primary Prevention and Screening in Metabolic Syndrome. American Academy of Family Practice. October 2003. New Orleans, LA.

PROFESSIONAL CONFERENCES

AUA. San Diego, CA. May 2015

AUA. Chicago, IL. May 2011

AUA. San Francisco, CA. May 2010

UCSD Post-Graduate Course. La Jolla, Ca. March 2010

Western Section AUA. Las Vegas, Nevada, October 2009

AMS Male Pelvic Health Workshop. University of Washington, August 2009

UCSD Post-Graduate Course. La Jolla, Ca. February 2009

Challenging Cases in Urologic Oncology. Sponsored by UCSD. Westin San Diego, February 2008.

New Technologies and innovative treatment strategies for Genitourinary Malignancies. Sponsored by City of Hope. Hotel Del Coronado, San Diego. September 2007.

HONORS AND AWARDS

Oct 2020

Patient's Choice Award, 5 Year Honoree

June 2020

Compassionate Doctor, 5 Year Honoree

March 2020

America's Most Honored Doctors, Top 1%

Jan 2020

Patient's Choice Award

May 2019

America's Most Honored Professionals, Top 1%

Jan 2019	Patient's Choice Award
Jun 2018	Top Doctor Award. www.TopDoctors.com
May 2018	America's Most honored Professionals, Top 1%
March 2018	Patient's Choice Award
Jun 2018	Intuitive Surgical. Completed 100 robotic surgeries
April 2017	America's Most Honored Professionals, Top 5%
April 2016	America's Most Honored Professionals, Top 5%
Jan 2014	Compassionate Doctor Award
Sept 2013	Patient's Choice Award
May 2013	Top Doctor Award. www.Vitals.com
May 2012	Most Compassionate Doctor Award
May 2010	Speaker Award, SD Urologic Society
May 2010	Sexual Medicine Society of North America, Sponsored Prosthetic Lab
Jun 2009	Green Memorial Award. Outstanding AUA in-service performance
Oct 2009	Speaker Award, Western Section AUA
Aug 2009	West Section, American Urologic Association. First Place Poster Award
Aug 2009	American Medical System. Sponsored Prosthetic Lab
May 2009	Speaker Award, SD Urologic Society
Mar 2002	Third place in intramural soccer
Aug 2000	Princeton Review, Outstanding MCAT Instructor award
Jun 2000	Cancer Association of Greater New Orleans. nm23 and breast cancer.
Jun 1999	Golden Key Honors

VOLUNTEER ACTIVITIES

Dec 2021 - present	Sephardic Temple, Tifereth Isreal Board Member
May 2009	UCSD Medical School Instructor Male Physical Exam
Jul 2009 – Dec 2009	Upward Bound Disadvantage High School Student Counselor
Sep 2001 – Jun 2003	Ozanam Homeless Shelter; Tuberculosis Tester, Pharmacy Dispensary
	Brantley Homeless Shelter; Tuberculosis Tester, Pharmacy Dispensary
	Bridge House; Drug Rehabilitation Counselor
	Doctors Ought to Care; Smoking Prevention in Primary Education

Aug 2001 – Dec 2001

Tulane University School of Medicine, New Orleans, LA
Anatomy Teaching Assistant

Jun 1999 – Aug 1999

Valley Crisis Center;
Rape Crisis Counselor. Los Angeles, CA.

MEMBERSHIPS AND COMMITTEES

American Board of Urology
American Urologic Association
Los Angeles Urological Society (former)
Sexual Medicine Society of North American (former)
Endourologic Society (former)
San Diego Urological Society (former)

HOBBIES

Basketball, Tennis, Surfing, Snowboarding, Cooking

NOT YET RETAINED