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# THAO T. TAYLOR

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## SKILLS

- Analytical Thinking
  - Behavior Analysis
  - Multicultural Competence
  - Psychological Assessment
  - Data Analysis
  - Suicide Risk Assessment
  - Research
  - Consultations
  - Quality Assurance Auditing
  - Case Documentation
  - Attention to Detail
  - Decision-Making
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## PROFESSIONAL SUMMARY

Experienced leader with strong background in guiding teams, managing complex projects, and achieving strategic objectives. Excels in developing efficient processes, ensuring high standards, and aligning efforts with organizational goals. Known for collaborative approach and commitment to excellence. Pursuing full-time role that presents professional challenges and leverages interpersonal skills, effective time management, and problem-solving expertise.

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## WORK HISTORY

**PSYCHOLOGIST REVIEWER** 05/2017 to Current  
**Carelon, Inc – Formerly Anthem**, Remote

- Serve as Psychologist Reviewer and Subject Matter Expert (SME) on the Autism Spectrum Disorder (ASD) team at Carelon
- Conduct approximately eight to ten chart and peer reviews daily to determine medical necessity of support plans for those with ASD
- Facilitate active clinical discussion on case presentations, offer education/information when learning opportunities arise and provide clear guidance/feedback around presented concerns and questions from the team
- Provide clinical consultation to Utilization Managers and Medical Directors who review support plans to ensure adherence with criteria within the organization's internal Clinical Guidelines.
- Work to ensure high value and quality of care are achieved on compliance audits
- Support the development of auditing tools to ensure adherence with compliance criteria.
- Develop and deliver clinical trainings on ABA and ASD - identifying potential topics through trends in clinical rounds and consultations as well as through leadership requests
- Support transformation initiatives and quality improvement projects within the department
- Assist leadership with the development of clinical criteria for cost of care initiatives through via research on evidence-based treatments for ASD and support their execution
- Manage workload effectively by prioritizing tasks according to deadlines while maintaining attention to detail in all aspects of the review process.

**PSYCHOLOGIST** 09/2015 to Current

**Private Practice**, Stevenson Ranch, CA

- Treat approximately 15 clients on a weekly basis with an array of symptoms.
- Specialize in treating symptoms of trauma, anxiety, depression, behavioral issues, bereavement, high functioning autism and life stressors to name a few.
- EMDR trained and also utilize other strategies such as Cognitive Behavioral Therapy, psychodynamic, solution-focused therapy and eclectic strategies
- Manage caseload of individual clients, couples, and family therapy sessions.
- Develop customized treatment plans for clients, addressing their unique psychological needs and goals

**ASSESSOR** 10/2015 to 06/2019

**MSLA**, Encino

- Assessed veterans' functioning that will help determine their eligibility for VA benefits.
- Completed appropriate documentation to submit for eligibility review.

**CHIEF PSYCHOLOGIST** 10/2013 to 05/2017

**Mission City Community Network**, Northridge, CA

- Managed day-to-day functions of the behavioral management team
- Ensured that the team adhered to established schedules.
- Responsible for crisis management of patients as well as personnel
- Responsible for troubleshooting any issues that might arise within the team
- Responsible for interviewing and hiring new psychologists on the team
- Responsible for ensuring that treatment staff completed EMR documentation on a timely manner.
- Conducted psychosocial assessment and provided short-term individual therapy to the adult, young adult and adolescent population in a community-based practice
- Enhanced interdisciplinary collaboration with psychiatrists, social workers, and other mental health professionals to ensure comprehensive care for clients.
- Managed caseload of individual clients, couples, and family therapy sessions.
- Developed customized treatment plans for clients, addressing their unique psychological needs and goals.
- Contributed to team development by providing clinical supervision to early-career psychologists or interns seeking licensure.

**WELLNESS ASSESSOR** 10/2011 to 09/2015

**Windstone Behavioral Health**, Costa Mesa, CA

- Conducted thorough psychological assessments using various testing methods to provide accurate diagnoses and inform treatment strategies
- Applied clinical knowledge to interpret testing and observation results.
- Interacted with clients to assist in gaining insight, defining goals, and planning action to achieve effective personal development and adjustment.

**CLINICAL PSYCHOLOGIST II - JUVENILE JUSTICE** 03/2010 to 09/2015

**Los Angeles County Department of Mental Health**, Sylmar, CA

- Conducted psychosocial assessment as well as provide short-term individual therapy using cognitive behavioral therapy and other theoretical orientations to incarcerated adolescents including those facing possible life sentences for their crime(s).
- Conducted psychological assessments to help address variety of clinical concerns and performed psychological testing to inform courts of intelligence and personality assessment

results.

- Conducted intake interviews on newly admitted minors into juvenile justice system.
- Evaluated minors for high risk behaviors and implemented steps to ensure their safety.
- Worked collaboratively with a multidisciplinary team which may include probation staff, psychiatrists, other mental health providers within the department of mental health
- Formulated comprehensive diagnosis and treatment plans to facilitate and optimize treatment efficacy.
- Provided psychotherapy incorporating cognitive-behavioral, client-centered, trauma-informed therapy to treat wide range of psychological problems in patients.
- Maintained accurate records of client progress, adhering to strict confidentiality policies while ensuring continuity of care across providers.
- Established a strong referral network within the local medical community that led to increased access to specialized resources for clients.

**CLINICAL PSYCHOLOGIST II - SPECIALIZED FOSTER CARE** 11/2008 to 03/2010

**Los Angeles County Department of Mental Health, Palmdale, CA**

- Provided psychotherapy incorporating cognitive-behavioral, client-centered and trauma-focused treatment to foster children with a wide range of psychological problems
- Formulated comprehensive diagnosis and treatment plans to facilitate and optimize treatment outcomes
- Improved patient outcomes by utilizing evidence-based treatment approaches and individualized care plans.
- Administered and interpreted psychological test instruments for the diagnosis and evaluation of psychologically, emotionally, or socially maladjusted children within the foster care system
- Worked collaboratively with a multidisciplinary team at the Department of Children and Family Services (DCFS) to ensure the patient's needs were being met.
- Provided consultation to community medical professionals to bridge the gap between mental and physical health issues.
- Attended Team Decision Making meetings with DCFS staff to help coordinate services for the foster child
- Participate in professional staff conferences concerning psychological methods and techniques
- Established a strong referral network within the local community that led to increased access to specialized resources for clients.

**APA APPROVED PRE-DOCTORAL INTERN** 09/2007 to 09/2008

**Pacific Clinics, Pasadena, CA**

- Primary site: Asian Pacific Family Center
- Provided short- and long-term individual and group therapy, using cognitive behavioral therapy and other theoretical orientations, to recent immigrants from Asia and Pacific Islands, specifically Vietnamese-speaking, who have been experiencing severe mental disorders and to those at risk for developing serious emotional difficulties in a community mental health setting
- Clients presented with a wide spectrum of diagnostic categories including schizophrenia, delusional disorders, severe mood disorders, anxiety disorders, adjustment disorders, and/or post-traumatic stress disorder
- Conducted psychodiagnostic and neuropsychological assessments in Vietnamese as well as English to aide with treatment planning and diagnostic clarification.
- Secondary site: Wrap-around Assisted Treatment Program
- Facilitated psychosocial rehabilitation groups for individuals using client-centered and

strengths-based approaches in an adult day treatment program to help re-integrate clients back into society

- Clients included individuals who, at the time of their arrest for a misdemeanor crime, were deemed as incompetent to stand trial due to their mental illness
- Diagnoses included anxiety, depression, schizophrenia and/or substance abuse
- Clients may also have been ruled as not guilty by reason of insanity and have served jail time
- Attended and participated in bi-weekly case conferences
- Created and maintained collaborative working relationships with an interdisciplinary treatment team including psychiatrists, social workers, and case managers
- Maintained appropriate Department of Mental Health medical records

**PSYCHOTHERAPIST** 05/2005 to 07/2007

**Pepperdine Community Counseling Center**, Encino, CA

- Conducted intake interviews with adult clients afflicted with a wide range of disorders which may include anxiety, OCD, depressive disorders, personality disorders, and relational issues
- Formulated client's diagnosis using an integrative theoretical orientation in order to adequately plan clients' treatment course
- Conducted individual therapy using various theoretical orientations as it best fitted clients' needs
- Established a safe and supportive environment for clients, fostering open communication and trust during therapy sessions.
- Utilized mindfulness techniques during sessions to help clients develop greater self-awareness and coping skills for managing stressors.
- Built strong rapport with clients through active listening skills and empathic understanding of their experiences, fostering lasting therapeutic relationships.
- Evaluated client progress regularly, adjusting treatment plans as necessary based on changing needs or circumstances.
- Maintained and updated patient records, changes in service plans and treatment reports.
- Provided crisis support and emergency care for patients.

**DOCTORAL PRACTICUM AS PSYCHOLOGY PRE-INTERN** 09/2006 to 06/2007

**Metropolitan State Hospital**, Norwalk, CA

- Provided short- and long-term therapy for individuals within several penal code systems, including those deemed Incompetent to Stand Trial and Not Guilty By Reason of Insanity
- Co-facilitated psychosocial rehabilitation groups (including substance abuse and psychoeducation on client's symptoms) in order to help these individuals prepare to return to court and participate in the trial for their crime
- Documented client progress in confidential files.
- Followed individuals' progress through their admission to their transfer to the next placement
- Conducted individual therapy using Cognitive Behavioral Therapy and Motivational Interviewing techniques
- Assessed clients using psychodiagnostic, neuropsychological, and forensic assessments when necessary
- Implemented crisis assessment and interventions
- Conducted a literature review project on domestic violence prevalence in the Asian/Asian American community
- Assisted an interdisciplinary treatment team in communicating treatment plans and goals to monolingual Vietnamese-speaking clients
- Conducted wellness and recovery team interviews

- Attended weekly Wellness and Recovery Plan (WRP) conferences
- Provided feedback about individual clients' progress to the treatment team and assisted with the decision-making process regarding clients' goals

**DOCTORAL PRACTICUM AS PSYCHOLOGY PRE-INTERN** 09/2005 to 09/2006  
**LAC+USC Medical Center**, Rosemead, CA

- Conducted cognitive, psychodiagnostic, and neuropsychological assessments of adults afflicted with a variety of disorders ranging from schizophrenia to bipolar disorders
- Conducted clinical interviews in addition to cognitive and personality assessments with Vietnamese patients who do not speak English
- Completed assessment reports which included interpreting test battery results to aide the mental health team treatment planning
- Attended weekly didactic training on various topics ranging from assessment of psychological trauma in children to forensic interviewing and assessment

**DOCTORAL PRACTICUM AS PSYCHOLOGY PRE-INTERN** 09/2004 to 08/2005  
**Verdugo Hills Autism Project**, Encino, CA

- Trained novice therapists in behavior modification, Floortime Training, Developmental Individual Relationship-based techniques, discreet trial training, and behavior analysis for their treatment intervention with children with Autism Spectrum Disorder (ASD)
- Conducted functional behavioral analysis of behavior excesses as part of the treatment planning process.
- Created behavioral and educational programs for clients with ASD
- Collected data and monitored progress throughout the intervention program
- Provided support to clients' parents via parent training.
- Conducted peer supervision with other staff who directly worked with the clients to ensure there was consistency in the program
- Completed quarterly progress reports to California regional centers as well as school districts to address clients' progress that was essential to clients' program funding

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**EDUCATION**

**Pepperdine University**, Los Angeles, CA  
**Psy.D.**, Clinical psychology, 01/2008

**Pepperdine University**, Los Angeles, CA  
**M.A.**, Psychology, 12/1999

**University of California, Riverside**, Riverside, CA  
**B.A.**, Psychology, 12/1997

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**CLINICAL AND PROFESSIONAL EXPERIENCE**

- Carelon, Inc – Formerly Anthem, Psychologist Reviewer, Remote, 05/2017, Present
- Private Practice, Psychologist, 25129 The Old Road, Suite 202, Stevenson Ranch, CA, 91381, 09/2015, Present
- Mission City Community Network, Chief Psychologist, Northridge, CA, 10/2013, 05/2017
- Windstone Behavioral Health, Wellness Assessor, Costa Mesa, CA, 10/2011, 09/2015
- Los Angeles County Department of Mental Health, Clinical Psychologist II, Sylmar, CA, 03/2010, 09/2015

- Los Angeles County Department of Mental Health, Clinical Psychologist II, Palmdale, CA, 11/2008, 03/2010
- Pacific Clinics, APA Approved Pre-Doctoral Intern, Rosemead, CA, 09/2007, 09/2008
- Metropolitan State Hospital, Doctoral Practicum as Psychology Pre-Intern, Norwalk, CA, 09/2006, 06/2007
- Pepperdine Community Counseling Center, Psychotherapist, Encino, CA, 05/2005, 07/2007
- LAC+USC Medical Center, Doctoral Practicum as Psychology Pre-Intern, Rosemead, CA, 09/2005, 09/2006
- Verdugo Hills Autism Project, Doctoral Practicum as Psychology Pre-Intern, Encino, CA, 09/2004, 08/2005
- California PsychCare, Behavior Program Supervisor, Tarzana, CA, 06/2000, 01/2005
- Hathaway Children and Family Services, Mental Health Rehabilitation Specialist, Sylmar, CA, 01/1999, 02/2001
- Institute for the Academic Advancement of Youth (IAAY), The Johns Hopkins University, Introductory Psychology Instructor, Los Angeles, CA, 06/1999, 08/1999
- The H.E.L.P. Group, Behavior Specialist, Sherman Oaks, CA, 07/1998, 08/1999

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**PROFESSIONAL MEMBERSHIPS AND SERVICES**

- American Psychological Association, 04/2004, Present
- California Psychological Association, 04/2004, Present, Member of the Continued Education Committee
- Multicultural Research and Training Lab (MRTL), Member/Speaker at MRTL Conference, 10/2006
- National University, Guest speaker, Working with Asian/Asian American Clients

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**SPECIALIZED PROFESSIONAL TRAINING**

11/2015, EMDR Certification Program, EMDR Institute Sponsored Training

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**LICENSENUMBER**

PSY-24474

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**PUBLICATIONS**

McGough, J.J., McCracken, J.T., Loo, S.K., Manganiello, M., Leung, M.C., Tietjens, J.R., **Trinh, T.**, Baweja, S., Suddath, R., Smalley, S.L., Helleman, G., Sugar, C.A., 2008, A candidate gene analysis of methylphenidate response in attention-deficit/hyperactivity disorder., Journal of the American Academy of Child & Adolescent Psychiatry

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**REFERENCES**

Available upon request

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**RESEARCH**

- UCLA Neuropsychiatric Institute, Research Assistant, Los Angeles, CA, 01/2006, 05/2006
- UCLA Neuropsychiatric Institute, Clinical Research Coordinator, Los Angeles, CA, 02/2002, 08/2004

- Matrix Institute, Research Assistant/Psychometrist, Los Angeles, CA, 02/2001, 08/2002
- University of California, Riverside, Researcher, Riverside, CA, 09/1995, 06/1998

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## LANGUAGES

### Vietnamese

Professional Working

NOT YET RETAINED