
Vidya Murty Aluri, M.D., M.S.



CONTACT

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Phone

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BOARD CERTIFICATIONS

- Internal medicine , American Board of Internal Medicine (ABIM) – (Initial 2011, Recertification, 2023)
- Endocrinology, American Board of Internal Medicine (ABIM) – (Initial 2017, Recertification due 2027)
- Diplomate of American Board of Obesity Medicine – (Initial 2019, Recertification due 2029)
- Diplomate in Clinical lipidology – (Initial 2013)

CURRENT POSITION

Liberty Endocrinology,
Practice Owner

7/10/2023 - Present

EDUCATION

Fellow

Division of Endocrinology,
Department of Internal medicine,
University of Iowa

06/2015 – 08/2017

Masters in Clinical Investigation

University of Rochester, Rochester , NY

09/2011 – 05/2013

Internship in Department of Preventive Cardiology,

University of Rochester, Rochester, NY

10/2012 – 03/2013

Residency – Internal Medicine

Rochester General Hospital, Rochester, NY

06/2008 – 06/2011

Observership – Internal Medicine

University of Missouri, Kansas City

03/2007 – 09/2007

Internship

Rangaraya Medical College, Andhra University,
Andhra Pradesh, India

12/2005-01/2007

Medical School

Rangaraya Medical College, Andhra University,
Andhra Pradesh, India

01/2000-12/2005

Bachelor of Medicine and Bachelor of Surgery (**MBBS**)

PAST EMPLOYMENT EXPERIENCE

Clinical Endocrinologist,
Unity Point Clinic,
Cedar Rapids , Iowa 01/2018 – 06/2023

Hospitalist
St Luke’s hospital, Unity point clinic
Cedar Rapids 07/2014 – 06/2015

Academic Hospitalist
Rochester General Hospital, Rochester, NY 07/2011 – 06/2014

Attending – Observation Unit (Per – Diem)
Rochester General Hospital, Rochester, NY 03/2012 – 06/2014

ADDITIONAL WORK EXPERIENCE

Physician Reviewer
Utilization Management (Independent Contractor) 05/2022- Present

RESEARCH , POSTERS AND PUBLICATIONS

Publication - GLUCOCORTICIDS AND CORNSTARCH THERAPY FOR NON-ISLET CELL TUMOR HYPOGLYCEMIA: A CASE REPORT

Vidya M. Aluri, MD; Brad R. Julius, MD; Jennifer O. Langstengel, MD; Mia L. Fronteras, MD; William I. Sivitz, MD 2016

Publication - Biochemical Testing in Neuroendocrine Tumors. Endocrinol Metab Clin North Am. Aluri V, Dillon JS. 2017 Sep

Poster – “Title - Severe Ketoacidosis during Lactation – the Dangers of a Low Carbohydrate Diet” Endocrine Society 2017. V Aluri.

Poster- “Title - Non-Islet Cell Tumor Hypoglycemia: A Case Report” Endocrine Society 2016. V Aluri. MD W. Sivitz MD

Research (not a publication) - Gestational Diabetes Mellitus and the Long-term Risk of Developing Chronic Kidney Disease Stage I-II. V Aluri MD , J Dolan MD, R Heinig MD, S Fisher MPH,PhD. [Thesis/Dissertation for Masters in Clinical Investigation] **2013**

Updated 2024 This is not a contract/agreement of retention

Research (not a publication) - Identification of Abnormal Glucose Metabolism, Metabolic Syndrome and Control of Cardiovascular Disease Risk Factors in Patients Undergoing Revascularization. Rochester, NY R Heinig MD, T Pearson MD, MPH, PhD , A Espinosa, V Aluri. [Internal quality control study at Rochester General Hospital, Rochester NY] **2013**

Poster – “Scurvy in the 21st Century” V Aluri MD, A Habbu MD
Rochester General hospital for citywide poster presentation -**2010**

PRESENTATIONS

- Osteoporosis updates and management** – PCI Rheumatology department
09/2023
- Dyslipidemia management in Type 2 Diabetes Mellitus** – Department of Endocrinology conference, Unity Point Clinic
04/2023
- Hypogonadism** – IAFP annual conference (CME)
10/2019
- Obesity management in the outpatient setting** – Unity point chronic care (CME)
09/2019
- Burden of obesity and its implications – KCRG NEWS PRESENTATION**
06/2019
- ADA guidelines for management of insulin in the outpatient setting** – Unity point clinic chronic care CME
04/2018
- Biochemical testing Neuroendocrine Tumors** – Endocrinology Grand Round,
10/2016
- Nelson Syndrome :Medical perspective** – Endocrinology grand rounds
10/2015
- Management of insulin pumps in the inpatient setting** – Hospitalist educational conference at Rochester General Hospital.
4/2014
- Massive pulmonary embolism leading to cardiac arrest** – Morbidity and Mortality conference for emergency department at Rochester General hospital about recognition of Pulmonary embolism
3/2011
- “Hemoglobin A1c – Is it time to go beyond fasting glucose as a screening tool?”** – Required presentation as a part of residency curriculum, Rochester General Hospital
03/2010

Case of brugada syndrome – management strategies, Rochester General Hospital
2/2009

Extrinsic allergic pneumonitis – recognition and management, Resident case
presentations, Rochester General Hospital 11/2010

HONORS/ AWARDS

Clinical excellence and service in ambulatory medicine, Rochester General Hospital
Barbara Montione Award 06/2011

Gold medal in anatomy - Andhra University 07/2001

MEMBERSHIP OF PROFESSIONAL SOCIETIES

Endocrine Society
American Association of Clinical Endocrinologists
National Lipid Association
Obesity Medicine Academy

LANGUAGES SPOKEN OTHER THAN ENGLISH

Telugu (fluent)
Hindi (fluent)