

# ADHIA & ASSOCIATES

FORENSIC PSYCHIATRY

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NATIONWIDE PRACTICE

## SANJAY ADHIA, M.D., MRO

Board-Certified in Psychiatry  
Board-Certified in Forensic Psychiatry  
Board-Certified in Brain Injury Medicine  
American Board of Psychiatry and Neurology  
(ABPN)

Houston, TX

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## KERRY MENDES, M.D.

Board-Certified in Psychiatry  
Board-Certified in Forensic Psychiatry  
Board-Certified in Child & Adolescent Psychiatry  
American Board of Psychiatry and Neurology  
(ABPN)

Houston, TX

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## Kerry Mendes, M.D. Curriculum Vitae

### Medical Licensure

Texas 2021 Active, License #T3519

### Board Certification

Board Certified General Psychiatry 2020, ABPN #77736

Board Certified Forensic Psychiatry 2021, ABPN #2629

Board-Certified Child & Adolescent Psychiatry 2023, #13087

### Education

2020-2021, Forensic Psychiatry Fellowship, University of California, Davis Medical Center, Sacramento, California

2018-2020, Child and Adolescent Psychiatry Fellowship, University of California Irvine (UCI), Irvine, California

2015-2018, General Psychiatry Residency, University of New Mexico, Albuquerque, New Mexico

2015, Medical Degree, University of Arizona Medical School, Tucson, Arizona

2007, B.S., Psychology, University of New Mexico, Albuquerque, New Mexico

### **Clinical Patient Care**

#### **Avenue 360 Clinic Network of Houston**

Adult and child psychiatrist. 2021-present

Psychiatric outpatient care, assessment, and treatment of adult patients.

Psychiatric outpatient care, assessment, and treatment to child patients ages 6 and up.

Medication Management with additional focus on medication for teens and children, and their unique needs.

Treatment of conditions including, but not limited to, trauma, anxiety, depression, PTSD, ADHD, schizophrenia, bipolar, autism, oppositional defiant/conduct disorder.

### **Forensic Psychiatry**

#### **Adhia & Associates, Forensic Psychiatry Practice Group, Houston, Texas**

Forensic Psychiatrist, records review, assessment, reports of findings. Independent Contractor (2022-Present)

### **Academic Appointment**

#### **Voluntary Clinical Assistant Professor, University of Houston Tilman J. Fertitta Family College of Medicine, Houston, Texas**

- Teaching medical students rotating through psychiatry clerkships
- Instruct students in psychiatric exam skills, diagnostic criteria, and medication management

### **Forensic Psychiatry Fellowship and Practicum**

#### **University of California - UC Davis, Forensic Psychiatry Fellowship Training and Practicum (2020-2021)**

- Trained in and performed a wide variety of forensic assessments including Competency to stand Trial (CST), Not Guilty by Right of Insanity (NGRI,) fitness-for-duty, disability, diminished capacity.

- NGRI forensic findings by preponderance of the evidence, or “more likely than not” criteria.
- Trained in use of psychological tests, competency assessment instruments, and risk assessment tools (MFAST, HCR-20, ILK, TOMM, GCCT, CAI-R, and more).
- Performed forensic assessment of children (violence and sexual recidivism risk assessments).
- Clinical care for inmates at Sacramento County Main Jail.
- Forensic case and records review services.
- CST and sexual violence risk assessments for Napa State Hospital.

### **Child and Adolescent Psychiatry Fellowship and Practicum**

#### **University of California, Irvine - Irvine Medical Center, Child and Adolescent Psychiatry Fellowship Training and Practicum (2018-2020)**

- Managed patients in both inpatient and outpatient settings.
- Supervised medical students during clinic and inpatient rotations.
- 2 years of experience working in a highly diverse patient population including families across the socioeconomic spectrum with multiple cultures and backgrounds in Orange County.
- Outpatient psychiatric care for Orange County patients, including children involved with CPS and the legal system.

### **Psychiatry Residency**

#### **University of New Mexico Medical School, Albuquerque, New Mexico**

General Psychiatry Residency, 2015-2018

- Evaluated and provided medication management for patients in both acute inpatient and outpatient settings, while coordinating with community resources.
- Worked in a state hospital 2 days per month as an elective evaluating patients in a rural treat-to-competency facility.

### **Additional Experience (Pre-Medical)**

#### **All Faiths Receiving Home, Albuquerque, New Mexico**

Case Worker for Child Protective Services (CPS), 2009-2011

- Provided support for families reported to CPS, current foster parents, and families who had recently been reunited with their children by CPS.

- Assistance to families in areas of behavioral management of children, coordinated communication between families and CPS, schools, other involved parties, helped families address concerns raised by CPS in order to prevent removal of children.
- Helped assess safety and home environment through frequent visits to children's homes and reported findings to CPS management.

### **Desert Hills RTC, Albuquerque, New Mexico**

Case worker for at-risk youth and youth with mental illness, 2007-2009

- Provided case worker services for children being discharged from RTC, children in the day treatment program, as well as other children who enrolled in our program.
- Helped families manage demands of navigating school, treatment programs, applying for government assistance, as well as with behavioral issues arising in the home, school, or other settings.

### **Other relevant work experience and skills**

**Community Psychiatry.** Extensive experience working with low socioeconomic populations and rural populations.

**Telepsychiatry.** Experienced with the use of telepsychiatry for both clinical care, forensic assessment, and coordination with other physicians in the care of both children and adults.

### **Presentations**

#### **2015, 2018, 2019, Video games and psychiatry**

Provided education about how video games affect behavior in the home, reasonable playing time, and use as a behavioral intervention/motivation tool for children.

#### **2019, Mental status exam basics**

Explained basics of the psychiatric mental status exam to psychiatric techs and nurses at CHOC children's hospital.

**2020, Cannabis Use and Violence Risk: From High to Homicidal** (with the UC Davis Division of Psychiatry and the Law)

Explained how marijuana use has been used as criminal defense, the relationship of marijuana to both victims and perpetrators of violence. Discussed psychosis. Compared forms of marijuana and related TCH contents and identified the role of race leading to biases related to marijuana use.

## **Research**

**2020-2021, The Waitlist Project** (with UC Davis department of Psychiatry and the Law)

Worked with Dr. Charles Scott and Dr. Barbara McDermott, and forensic Fellows in evaluating the quality of psychiatric diagnosis and care received by inmates on the admission waitlist for state hospitals. Inmates at multiple jail sites in the state of California were assessed with the goal of using the data gathered to influence public policy regarding psychiatric care in California's jails.

## **Volunteer**

2007-2011- Mobile Harm Reduction Outreach, Albuquerque Healthcare for the Homeless; Community Education